



The impact of hand hygiene in the prevention and control of multidrug-resistant bacteria

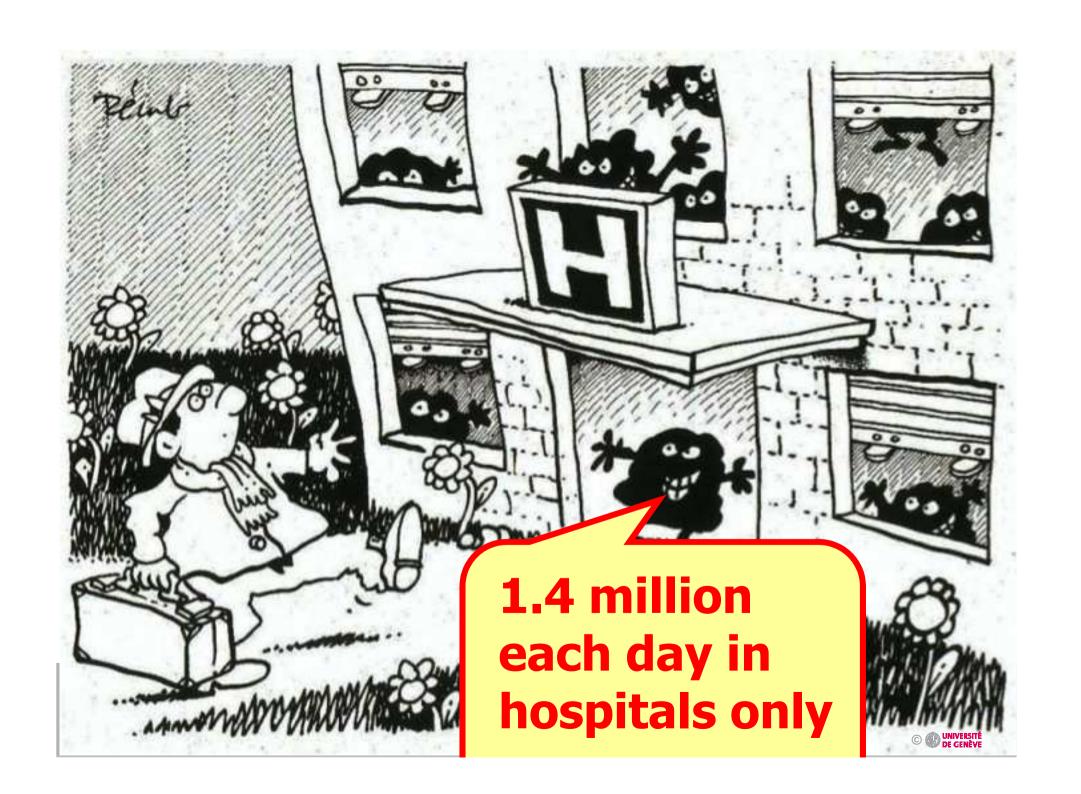
World Health Organization 1st Global Patient Safety Challenge

Professor Didier Pittet, MD, MS,

Infection Control Programme
WHO Collaborating Centre for Patient Safety
University of Geneva Hospitals, Switzerland



Lead Adviser, 1st Global Patient Safety Challenge, & African Partnerships for Patient Safety, World Health Organization (WHO) Patient Safety



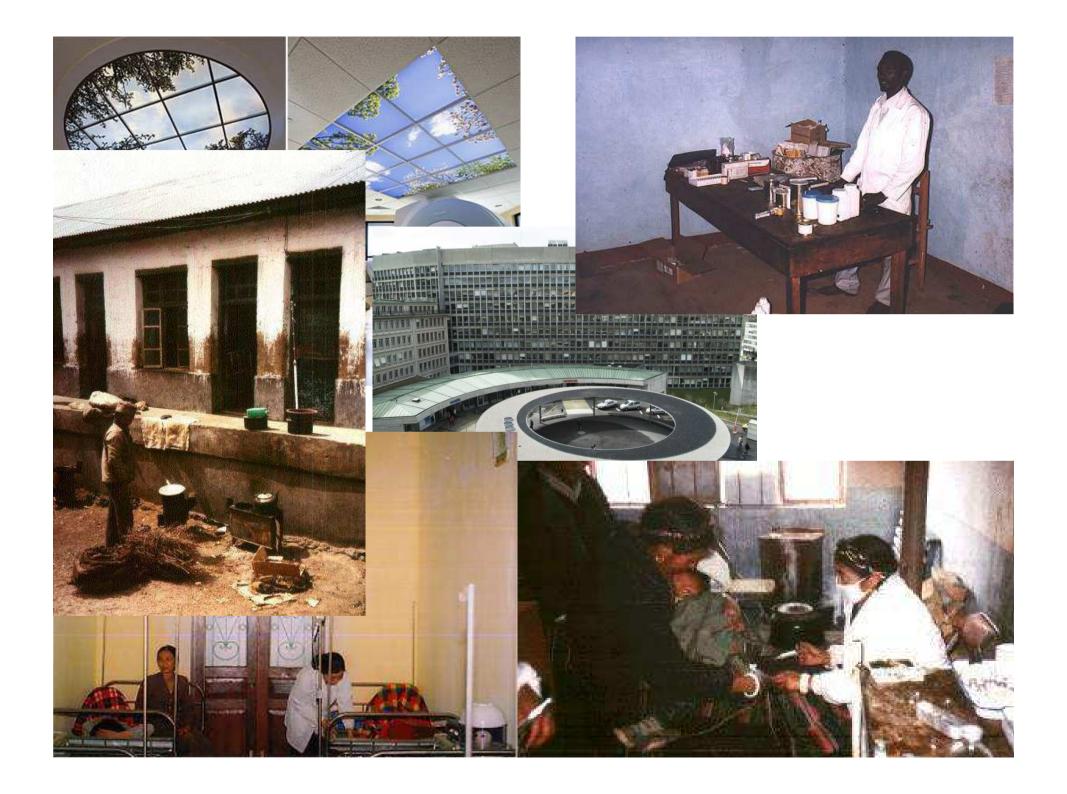














Burden of disease outside hospitals is unknown

No hospital, no country, no healthcare system in the world can claim to have solved the problem

Objectives of the Challenge

Burden of HCAl Stakeholders' engagement

1. Awareness

Country pledges National campaigns

2. Mobilising nations

Implementation strategies

3. Technical guidelines and tools



Estimates of the global burden of health careassociated infection are hampered by limited availability of reliable data





First Challenge area of work on the burden of health care-associated infection: understanding the magnitude of the problem

The Lancet, <u>Volume 377, Issue 9761</u>, Pages 228 - 241, 15 January 2011



Prevalence of HAI worldwide

Figure 1 Prevalence of HCAI in developed countries

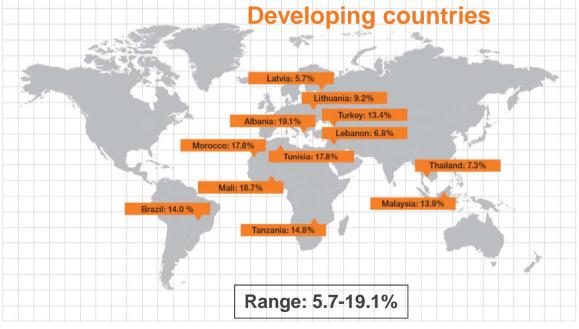




Range: 5.1-11.6%

The Burden of Health Care-Associated Infection Worldwide: A Summary - First Global Patient Safety Challenge http://www.who.int/gpsc/

Allegranzi B et al, The Lancet, Dec 2010



* Systematic review conducted by WHO, 1995-2008



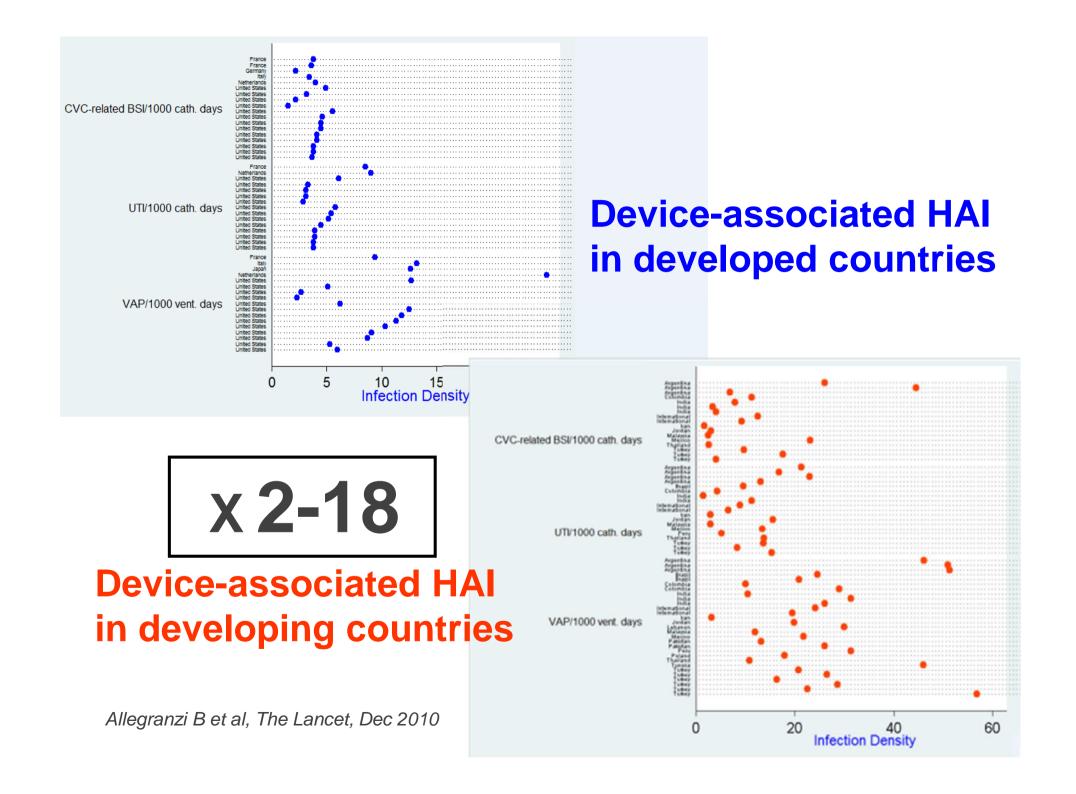
Patient Safety

A World Alliance for Safer Health Care

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^{*} Systematic review conducted by WHO, 1995-2008

^{**}Incidence



Articles

Burden of endemic health-care-associated infection in developing countries: systematic review and meta-analysis



Benedett a Alliegranzi, Sepideh Bagher INejag, Christ ophe Combescure, Wilco Grapfmans, Homa Attar, Liam Donaldson, Didler Pfit et

Background Health-care-associated infection is the most frequent result of unsafe pattern care worldwide, but few data are available from the developing world. We aimed to assess the epidemiology of endemic health-care-associated

Methods We searched electronic databases and reference lists of relevant papers for articles published 1995-2008. Studies containing full or partial data from developing countries related to infection prevalence or 6756006309-3 incidence—including overall health-care-associated infection and major infection sites, and their microbiological pre-gustationet sates cause—were selected. We classified studies as low-quality or high-quality according to predefined criteria. Data Outsets Web Patient Series.

Findings Of 271 selected articles, 220 were included in the final analysis. Limited data were retrieved from some regions and many countries were not represented. 118 (54%) studies were low quality. In general, infection frequencies Loration NO. reported in high quality studies were greater than those from low-quality studies. Prevalence of health-care-associated Infection (pooled prevalence in high-quality studies, 15-5 per 100 patients [95% CI 12-6-18-9]) was much higher than proportions reported from Europe and the USA. Pooled overall health-care-associated infection density in adult tensive care units was 47-9 per 1000 patient days (95% CI 36-7-59-1), at least three times as high as densities. General Settlement reported from the USA. Surgical site infection was the leading infection in hospitals (pooled cumulative incidence 5-6 per 100 surgical procedures), strikingly higher than proportions recorded in developed countries. Gram-negative bacillt represented the most common nosocomial isolates. Apart from meticillin resistance, noted in 158 of 290 (54%) Patient Subground Suphylococcus cureus isolates (in eight studies), very few articles reported antimicrobial resistance.

interpretation The burden of health-care associated infection in developing countries is high. Our findings indicate a need to improve surveillance and infection-control practices.

Funding World Health Organization.

Introduction

Health-care-associated infections are deemed the most frequent adverse event threatening pattents' safety worldwide.1.1 However, reliable estimates of the global burden are hampered by a paucity of data adequately describing endemic infections at national and regional less than five per 1000 population,3 other emerging for improvement. health problems and diseases take priority." The epidemiological gap leading to the absence of reliable Methods estimates of the global burden is mainly because Search strategy and selection criteria surveillance of health-care-associated infection expends. We undertook a literature search and review process time and resources and needs expertise in study design. according to a protocol designed before data collection. data collection, analysis, and interpretation. Very few We aimed to identify studies on the epidemiology of countries of low and middle income have national health-care-associated infection in developing countries, surveillance systems for health-care-associated with a particular focus on the most frequent bacterial infections. Data from the International Nosocomtal Infection Control Consortium,7 and findings of two bloodstream infection, hospital-acquired pneumonta, and systematic reviews on hospital-acquired neonatal infections* and ventilator-associated pneumonta,* for reports published between January, 1995, and suggested not only that risks of health-care-associated December, 2008, with no language restriction. We used a infection are significantly higher in developing countries comprehensive list of terms (panel 1), including MeSH

but also that the effect on pattents and health-care systems is severe and greatly underestimated.

The aim of this systematic review and meta-analysis is to assess the burden of endemic health-care-associated Pent Gent 1711 Grew 14 infection in developing countries by collation of available data from published studies on epidemiology. levels, particularly in resource-limited sentings. In We also aim to investigate constraints linked to countries where less than 5% of the gross national surveillance of health-care-associated infection in product is spent on health care, and workforce density is resource-limited settings and identify perspectives

infections-urinary-tract infection, surgical-site infection, ventilator-associated pneumonia. We searched Medline

DOMESTIC STREET, AD

Genera Switzerland

S Bacheri Netad M.D. University of General Househalt

(C.Combecces PhD): Infection

Control and Improving Practices), University of Geneva Hospitals and Faculty of Medicine Geneva Sertizerland Prof D Pittel's and National Patient Safety Agency, London,

Commondensity Prof Dider Pittet, Infection Control Programme, University of General Hospitals and Faculty An original article on the HCAI endemic burden in developing countries published by the WHO Clean Care is Safer Care team in The Lancet

Allegranzi B et al. Lancet 2011; 377:228-41. Epub 2010 Dec 9.

www.thelancet.com Published online December 10, 2010 D0t10.1016/50140-6796/10161458-4



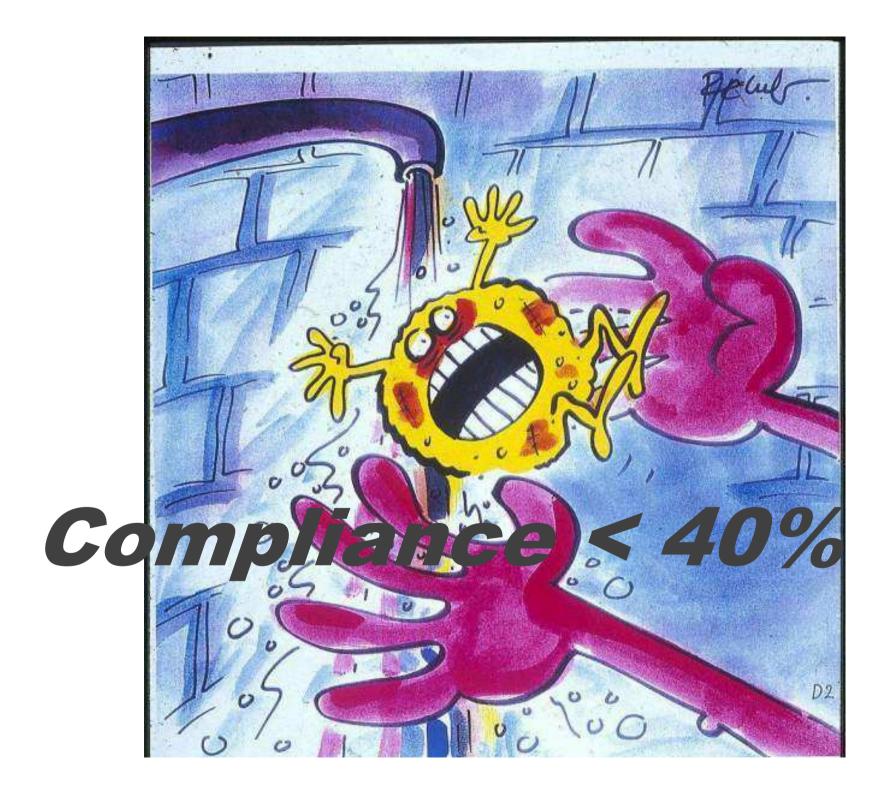






When health care is the problem,

we need a solution...





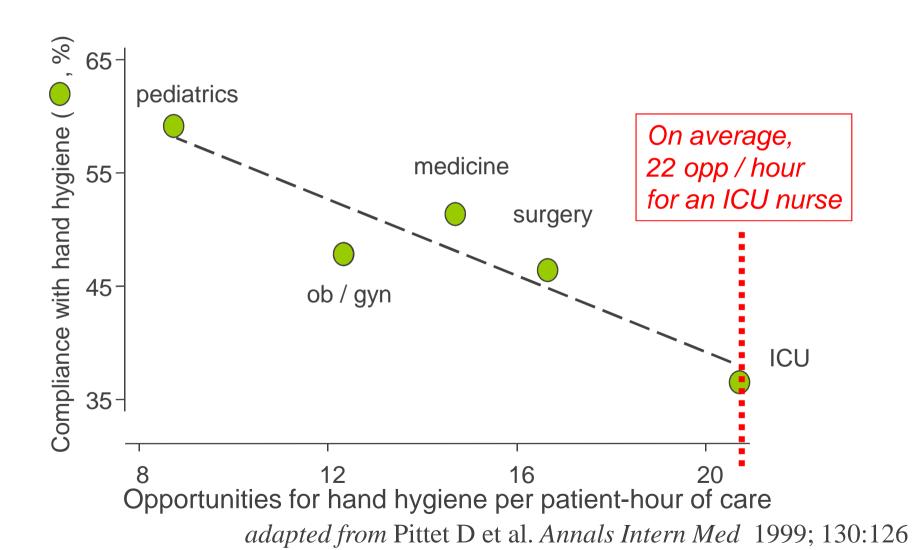
Hôpitaux Universitaires de Genève







Relation between opportunities for hand hygiene for nurses and compliance across hospital wards



Time constraint = major obstacle for band bygions

for hand hygiene

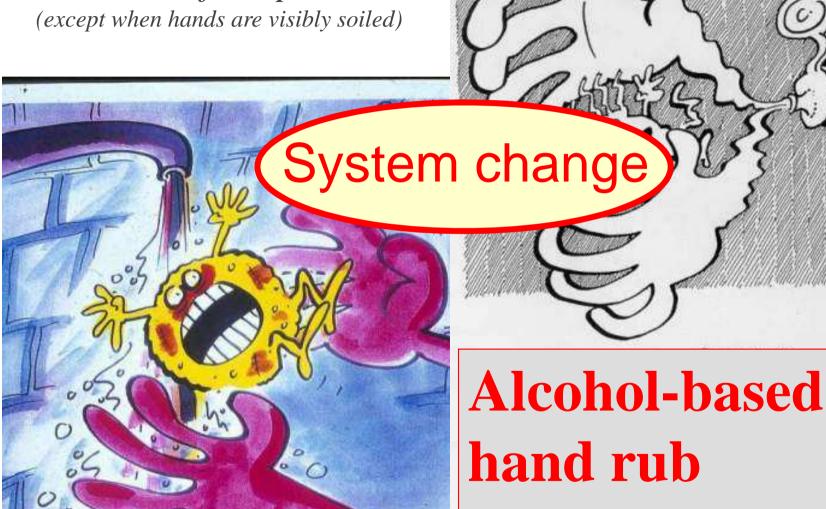
handwashing soap + water

1 to 1.5 min

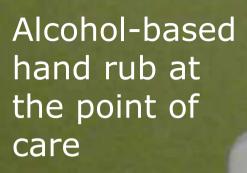
alcohol-based hand rub

15 to 20 sec

Handwashing ... an action of the past



is standard of care

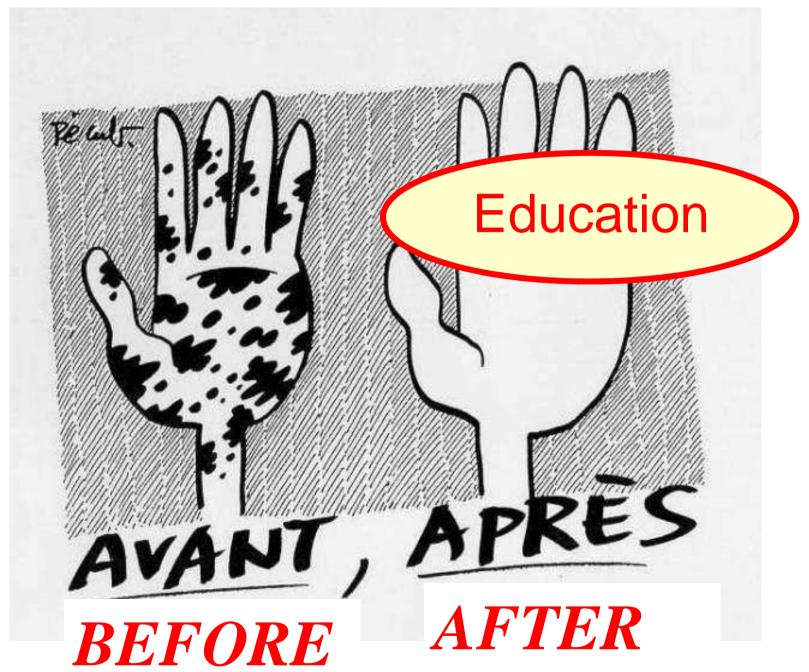




The University of Geneva Hospitals, 1995



The University of Geneva Hospitals (HUG), 1995



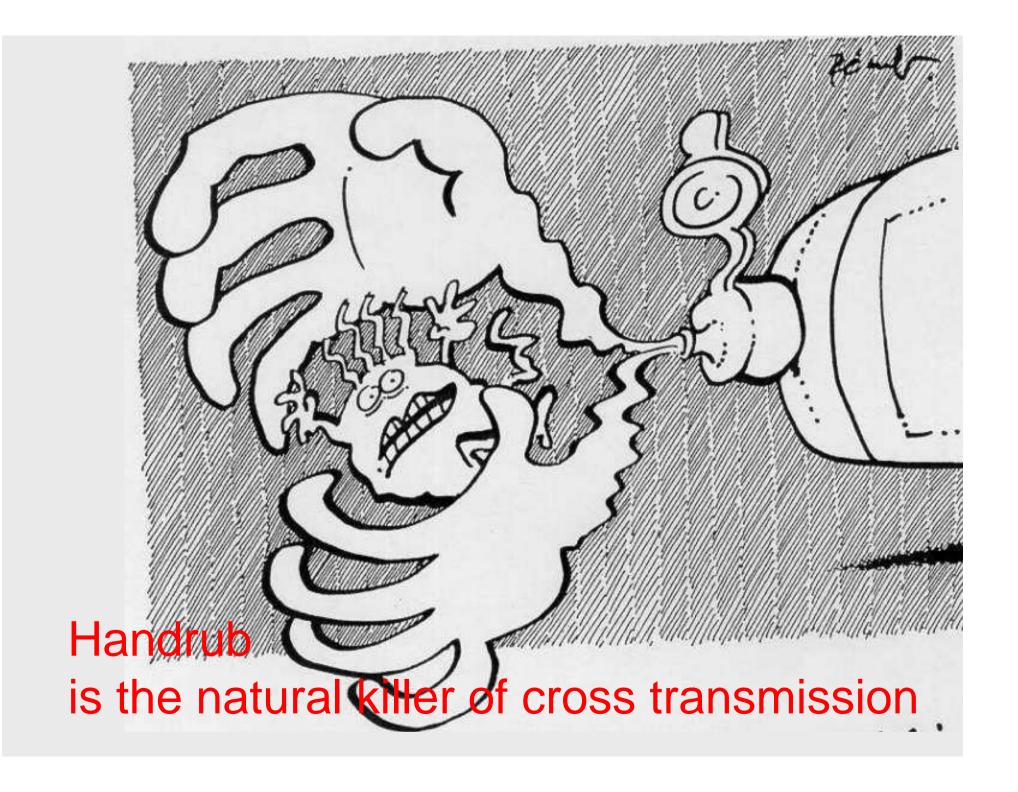
The University of Geneva Hospitals (HUG), 1995 - 1998

« Talking walls »



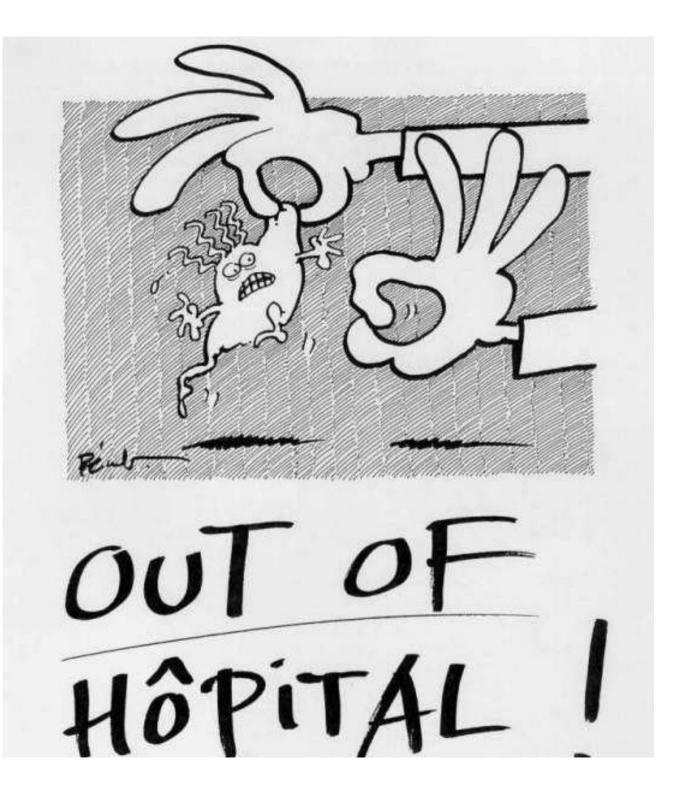


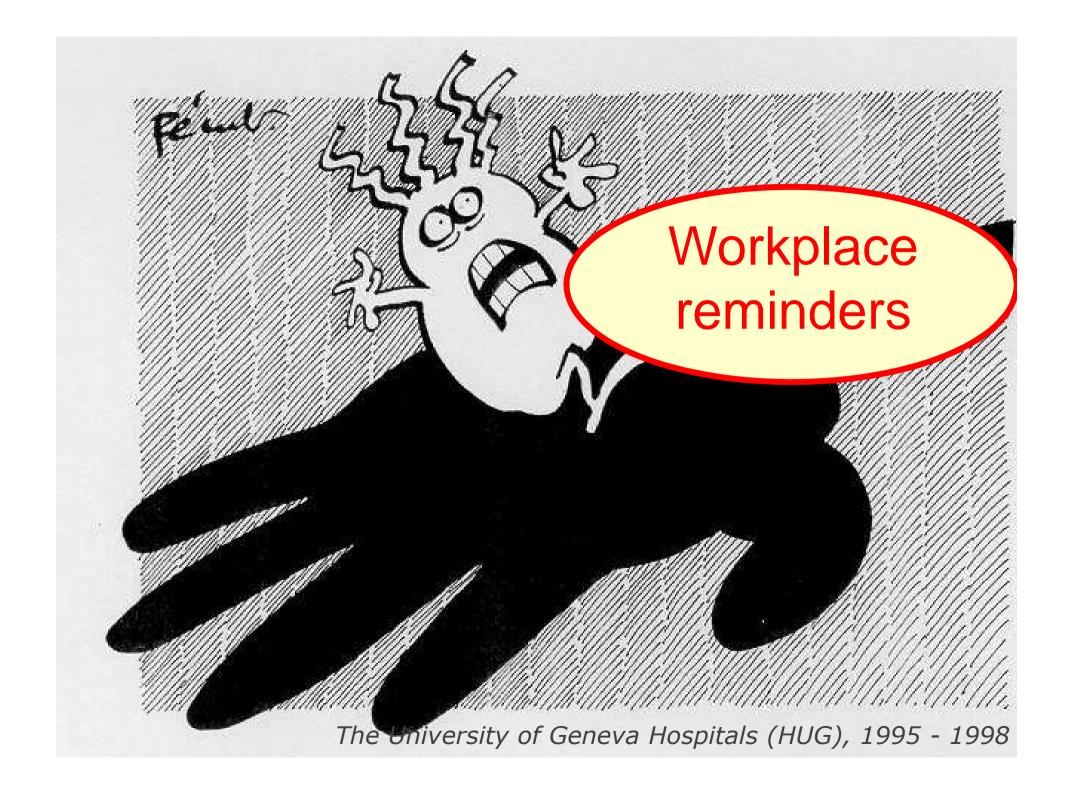


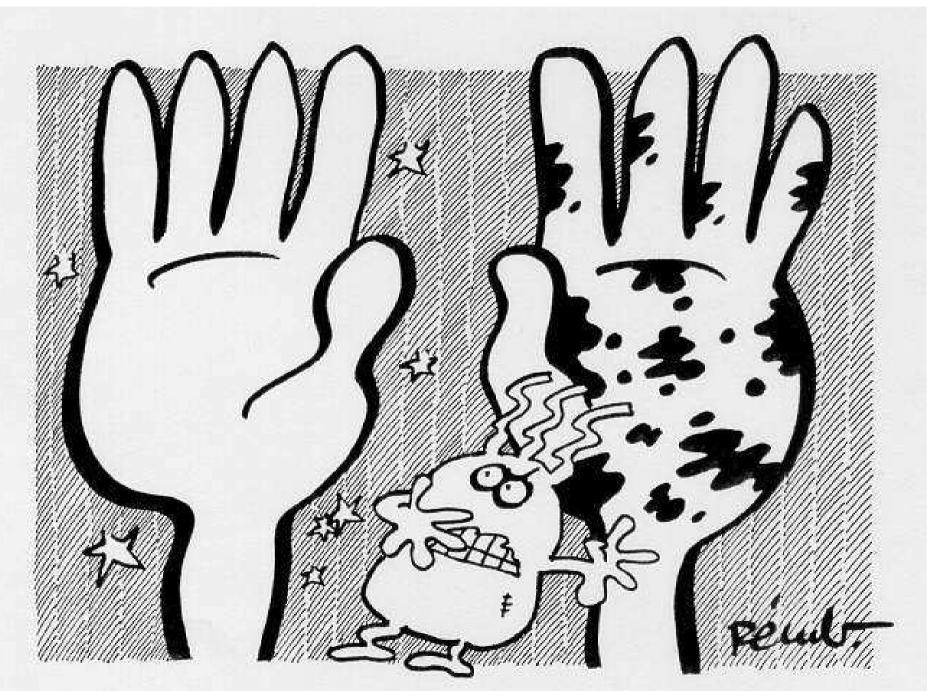


Dirty Staph

...out
of
hospital







The University of Geneva Hospitals (HUG), 1995 - 1998

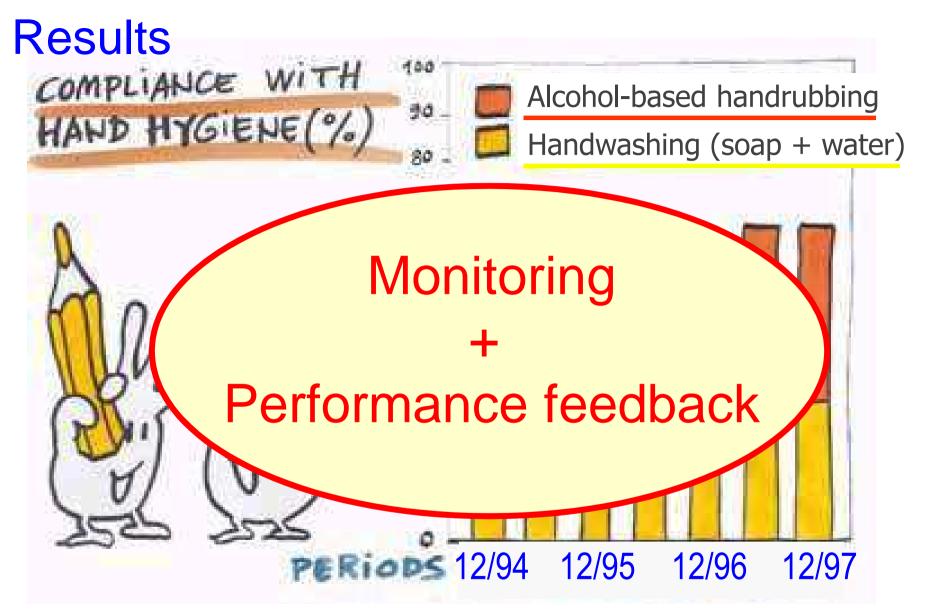


HOPITAL CANTONAL DE GENEVE CONTRE STAPH LE SÂLE, LES HOSTILITES VONT COMMENCER! Hospitals against

Dirty Staph:

war has been

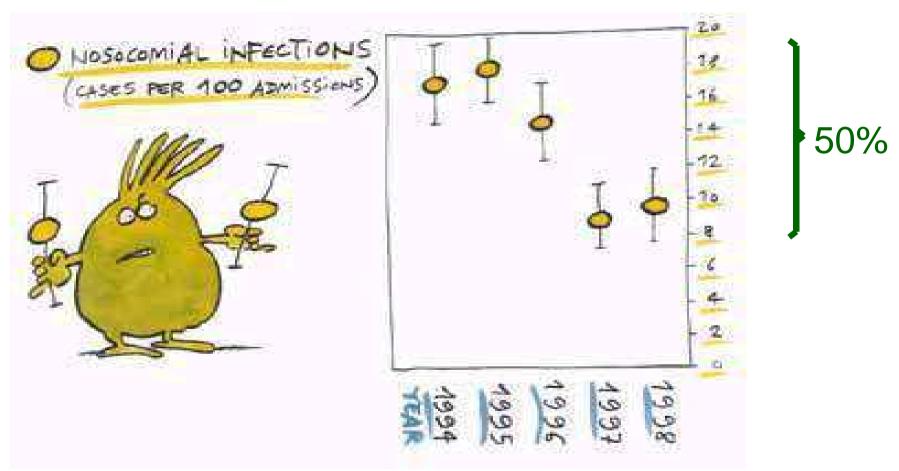
declared



www.hopisafe.ch

Pittet D et al, Lancet 2000; 356: 1307-1312

Hospital-wide nosocomial infections; trends 1994-1998



www.hopisafe.ch

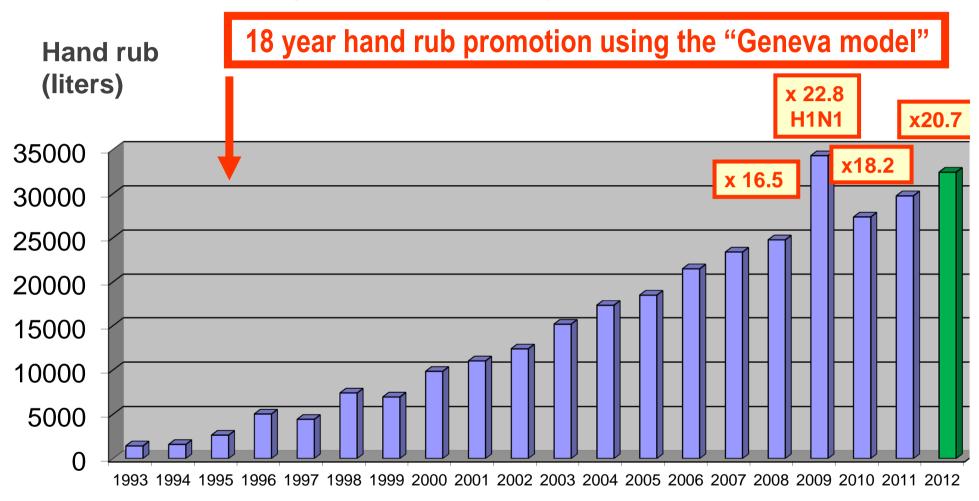
Pittet D et al, *Lancet* 2000; 356: 1307-1312

The University of Geneva Hospitals (HUG), 8 years follow-up



Pittet D et al, Inf Control Hosp Epidemiol 2004; 25:264

Use of alcohol-based hand rub HOPIRUB^R (liters) University of Geneva Hospitals, Switzerland





Effectiveness of a hospital-wide programme to improve compliance with hand hygiene

Didier Pittet, Stéphane Hugonnet, Stephan Harbarth, Philippe Mourouga, Valérie Sauvan, Sylvie Touveneau, Thomas V Perneger, and members of the Infection Control Programme

THE LANCET + Vol 156 + October 14, 2000

« Geneva model » of hand hygiene promotion, Reproduced with success (2002-2005)

- -in single hospitals in France, Belgium, USA, Australia ...
- -in multiple hospitals in Hong Kong, Australia, Belgium, ...
- -in national promotion campaigns: Belgium, the UK,
 Switzerland

Through the promotion of best practices in hand hygiene and infection control, the First Global Patient Safety Challenge aims to reduce health care-associated infection (HCAI) worldwide







Clean hands reduce the burden of infection



From 1975 to June 2013, at least 50 studies demonstrated the effectiveness of hand hygiene to reduce health care-associated infection

- Pittet D. Lancet 2005; 366:185-86
- Allegranzi B and Pittet D.
 J Hosp Infect 2009;73:305-15





When health care is the problem, we have the solution,

we need to act on implementing the solution...

Objectives of the Challenge

Burden of HCAl Stakeholders' engagement

1. Awareness

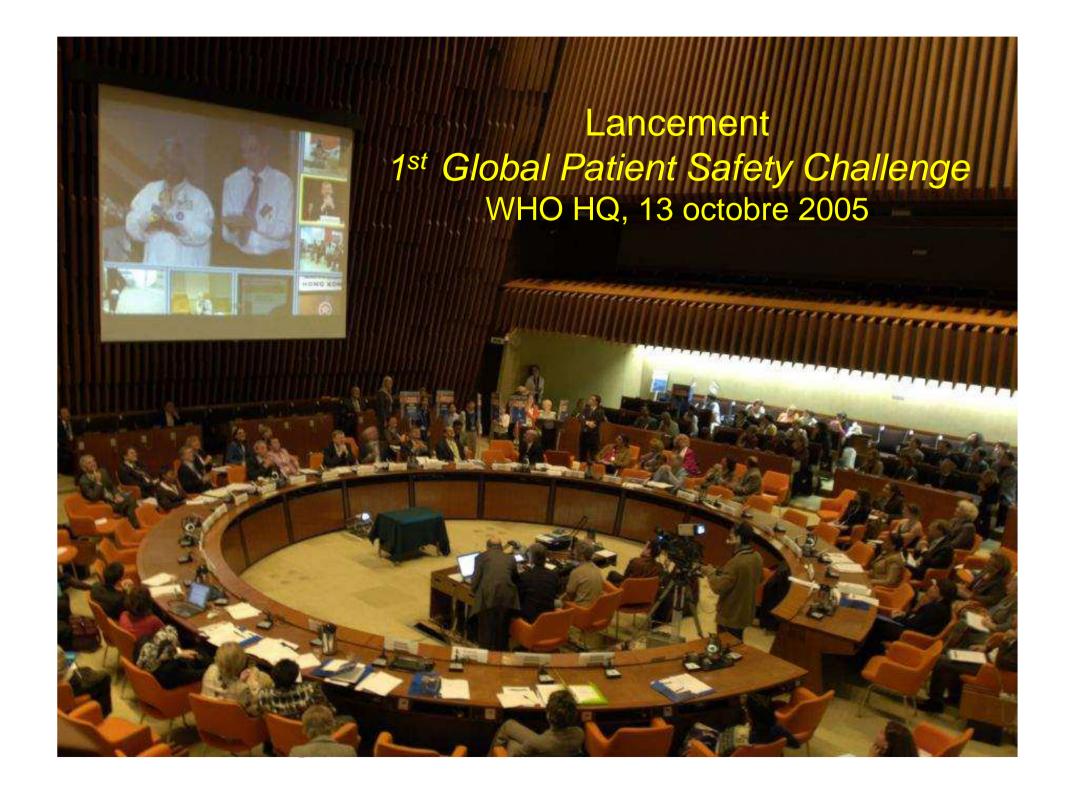
Country pledges National campaigns

2. Mobilising nations

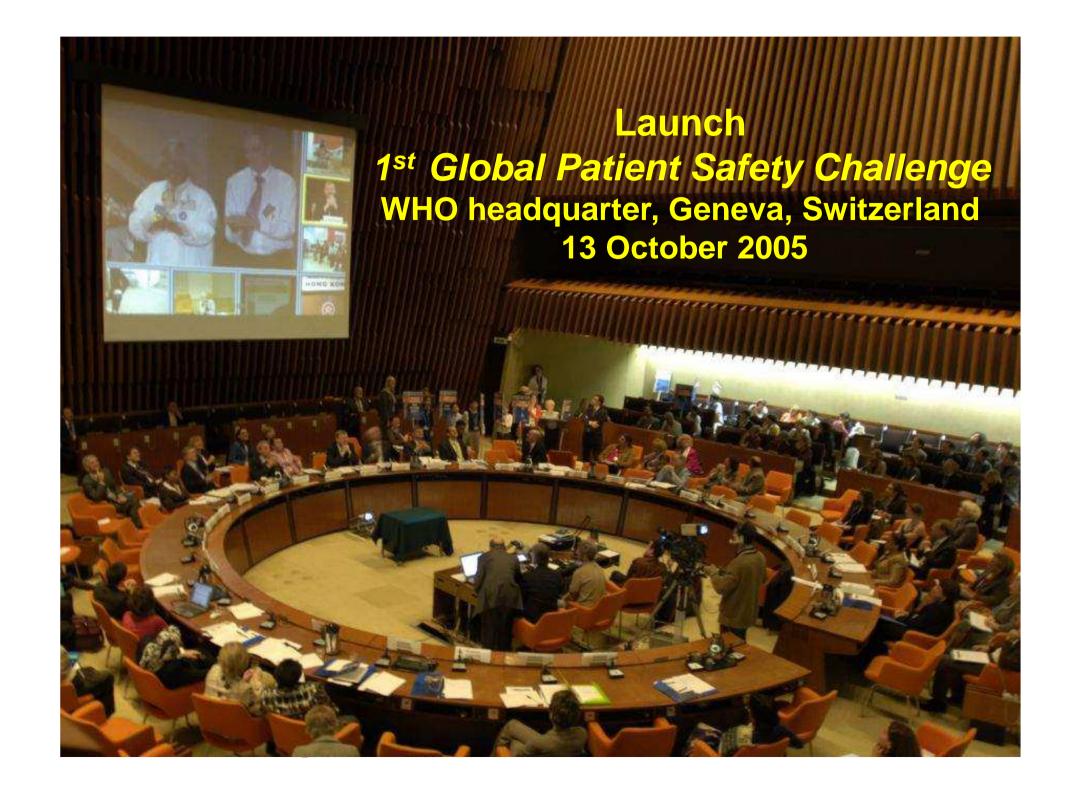
Implementation strategies

3. Technical guidelines and tools









Political commitment is essential to achieve improvement in infection control

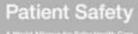
Ministerial pledges to the First Global Patient Safety Challenge

I resolve to work to reduce health care-associated infection (HCAI) through actions such as:

- acknowledging the importance of HCAI;
- hand hygiene campaigns at national or sub-national levels;
- sharing experiences and available surveillance data, if appropriate;
- using WHO strategies and guidelines...













Patient Safety

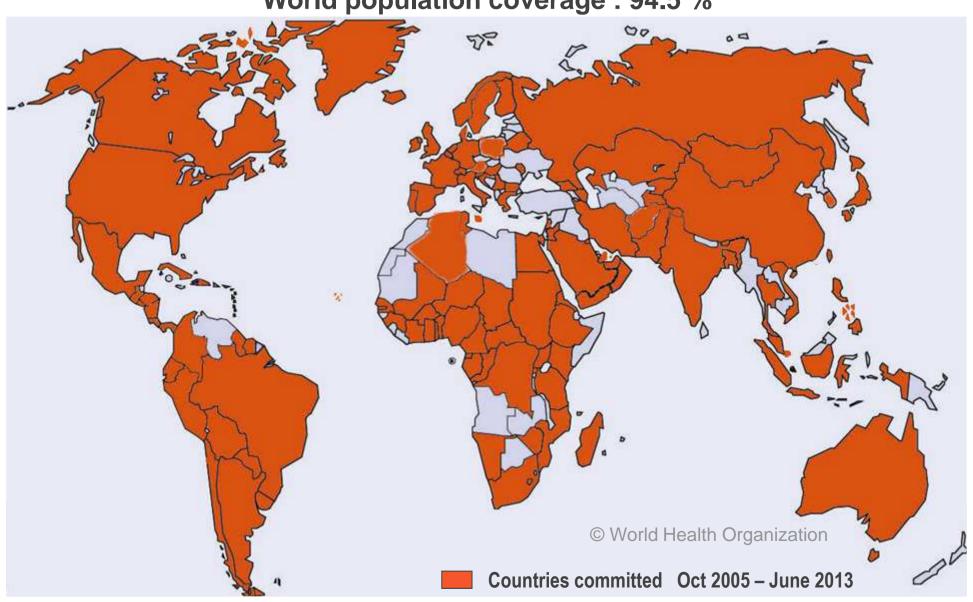
A World Alberton for Baller Health Care

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133 countries committed to address health care-associated infection

World population coverage: 94.5 %



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Implementation strategies

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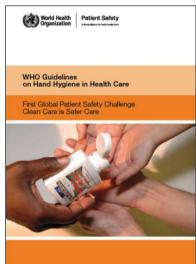


Implementation strategy and toolkit for the WHO Guidelines on Hand Hygiene in Health Care

Knowledge & evidence



Action









What is the WHO Multimodal Hand Hygiene Improvement Strategy?

Based on the evidence and recommendations from the WHO Guidelines on Hand Hygiene in Health Care (2009), made up of 5 core components, to improve hand hygiene in healthcare settings

ONE System change

Alcohol-based handrubs at point of care and access to safe continuous water supply, soap and towels



TWO Training and education

Providing regular training to all health-care workers



THREE Evaluation and feedback

Monitoring hand hygiene practices, infrastructure, perceptions, & knowledge, while providing results feedback to health-care workers



FOUR Reminders in the workplace

Prompting and reminding health-care workers



FIVE Institutional safety climate

Individual active participation, institutional support, patient participation

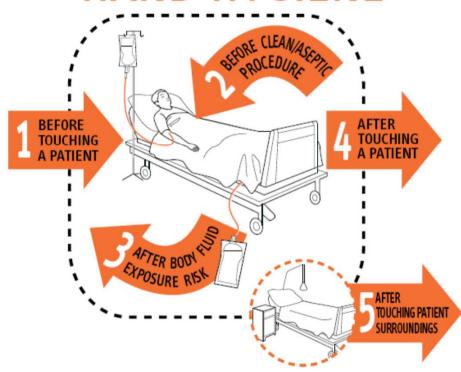


The My Five Moments approach

Making it easier to

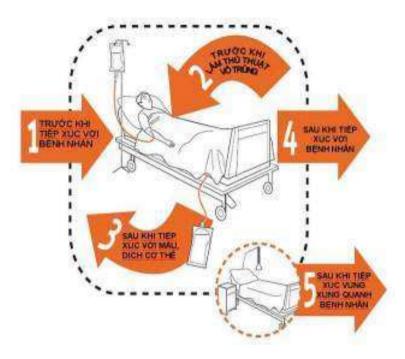
- understand
- remember
- practice
 the hand hygiene indications at the point of care

My 5 moments for HAND HYGIENE

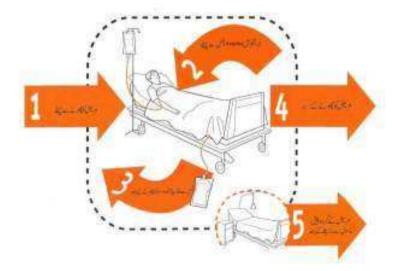


Sax H, Allegranzi B, Uçkay I, Larson E, Boyce J, Pittet D. J Hosp Infect 2007;67:9-21









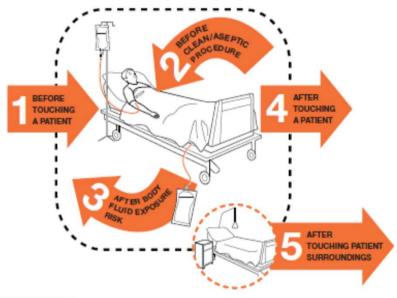




حملة غسل الأيدي ٢٠٠٨ Your 5 moments for HAND HYGIENE



Your 5 Moments for Hand Hygiene



1	A PATIENT	WHENT Clean your hands before touching a patient when approaching him/her. WHYT To protect the patient against harmful garms carried on your hands.
2	SEPORE CLEAN/ ASEPTIC PROCEDURE	WHEN? Clean your hands immediately before performing a clean/sweptic procedure. WHO? To protect the potient against hamful germs, including the patient's cen, from entering his/her body.
3	AFTER BODY FLUID EXPOSURE RISK	WHENC Clean your hands immediately after an exposure risk to body fluids jand after glove nervorally. WHENCY To protect yourself and the health-care environment from harmful justient gents.
4	AFTER TOUCHENS A PATEINT	WHENC Given your hands after touching a patient and henhis immediate surroundings, when leaving the patient's side. WHOT To protect yourself and the health-care environment from harmful patient genra.
5	AFTER TOUCHING PATIENT SURROUNDINGS	WHERE Clean your hands after touching any object or furniture in the patient's immediate surmandings, when learning—even if the patient has not been touched. WHOTE To protect yourself and the health-case environment from harmful patient germs.



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SAVE LIVES Clean Your Hands

Mar. 2000

How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

Duration of the entire procedure: 20-30 seconds



2

Apply a palmful of the product in a cupped hand, covering all surfaces;

Rub hands palm to palm;



Right palm over left dorsum with interfaced fingers and vice versa;



Palm to palm with fingers interlaced;



Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa:



Once dry, your hands are safe.



Patient Safety

SAVE LIVES Clean Your Hands

example provides have been kind by the World Hardh Operation to early the observation content of the discount. However, by the World Hardh Operation and one of the entered in the world and the World Hardh Operation to both for design a many from its conable approach or right. The required by the interpretation and one of the related in the world of the World Hardh Operation to both for designs a many from its conability discounters the Ordinana Universities of Control (SEC) is explained the revenue for the state of December 19 the state of t

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VIDEOS IN CLINICAL MEDICINE

Hand Hygiene

Yves Longtin, M.D., Hugo Sax, M.D., Benedetta Allegranzi, M.D., Franck Schneider, and Didier Pittet, M.D.

FREE AVAILABLE at http://www.nejm.org/doi/full/10.1056/NEJMvcm0903599

OVERVIEW

Health-care associated infections are a threat to patient safety and the most common adverse events resulting from a stay in the hospital.¹ Approximately 5 to 10% of hospitalized patients in the developed world acquire such infections, and the burden of disease is even higher in developing countries. Proper use of hand hygiene is a critical to the prevention of these infections, but compliance among health care workers is most often below 40%.

Hand hygiene serves many purposes in the health care setting.¹ It prevents both endogenous and exogenous infections in patients, contamination of the hospital environment with potential pathogens, and cross-transmission of microorganisms between patients. When used in conjunction with the appropriate protective equipment, it also protects health care workers from the hazards of occupational infections.

EQUIPMENT

Essential equipment for the performance of adequate hand hygiene includes an alcohol-based hand-rub formulation or soap, water, and drying agents such as disposable paper or cloth towels. Alcohol-based hand rubs with optimal antimicrobial efficacy usually contain 75 to 85% ethanol isopropanol or a com-

From the Infection Control Program, University of Geneva Hospitals and Faculty of Medicine (Y.L., H.S., D.P.); World Health Organization (WHO) Patient Safety, WHO Headquarters (B.A., D.P.); and the Communication Service (F.S.) and WHO Collaborating Center for Patient Safety (D.P.) — all in Geneva. Address reprint requests to Dr. Pittet at the Infection Control Program, University of Geneva Hospitals and Faculty of Medicine, 4 Rue Gabrielle-Perret Gentil, 1211 Geneva 14, Switzerland, or at didier.pittet@hcuge.ch.

*Drs. Longtin and Sax contributed equally to this article.

N Engl J Med 2011;364:e24.

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VIDEOS IN CLINICAL MEDICINE

Hand Hygiene

Yves Longtin, M.D., Hugo Sax, M.D., Benedetta Allegranzi, M.D., Franck Schneider, and Didier Pittet, M.D.

OVERVIEW

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Translated in:

- -French
- -Protuguese
- -Japanese

Available soon:

- -Spanish
- -Italian
- -German
- -Romanian
- -Turkish

N Engl J Med 2011;364:e24. Copyright © 2011 Massachusetts Medical Society.



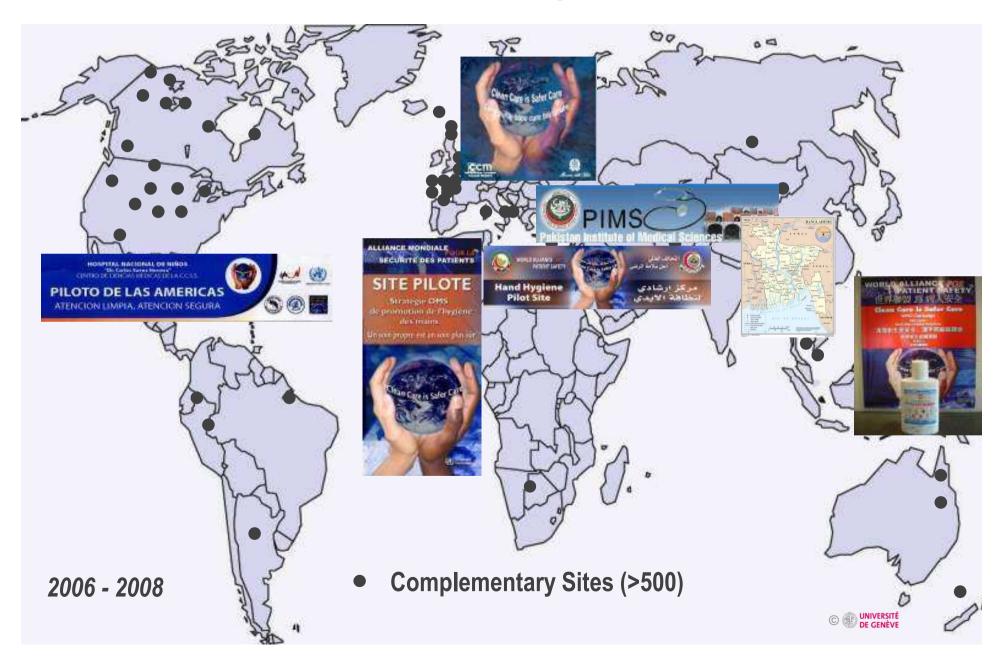




Evidence of successful implementation of the solution worldwide...

Field testing the implementation of the WHO strategy (2006-2008)

Allegranzi B et al. Lancet Infect Diseases 2013









Overcoming religious barriers









Kingdom
of
Saudi
Arabia
June, 2005



Lancet 2006; 367:1025





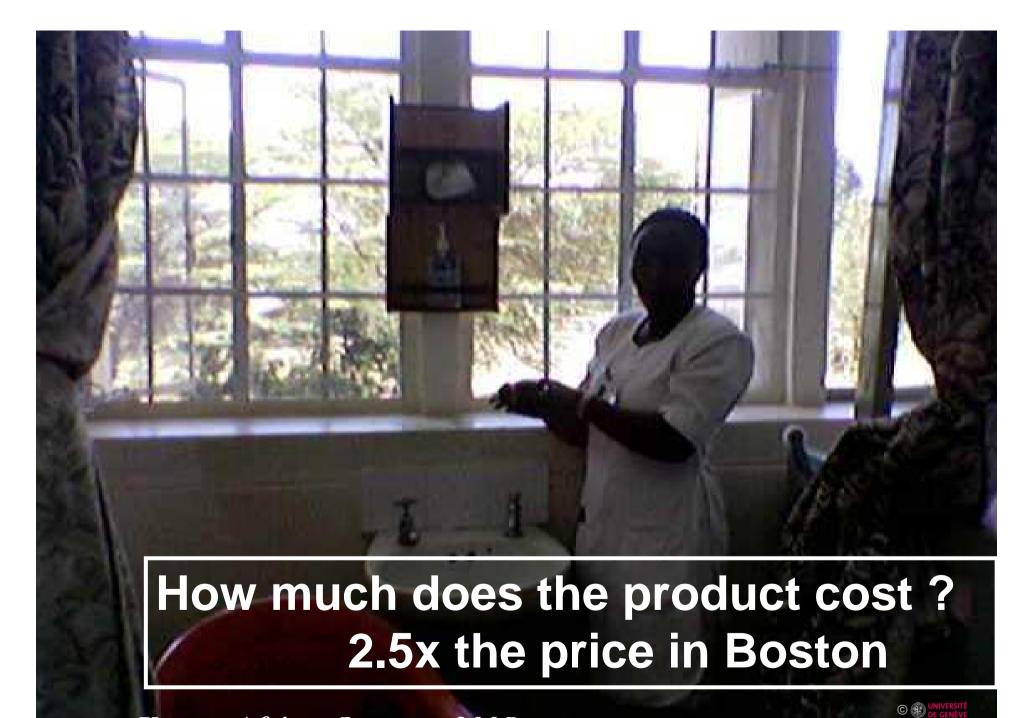












Guide to the local production of the WHO-recommended alcohol-based handrub



From sugar can, at low costs – Mali, Africa, 2007



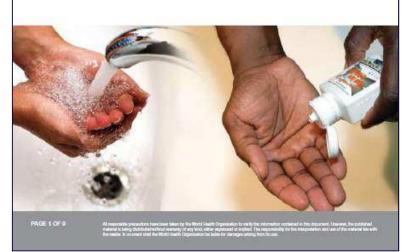
Patient Safety

SAVE LIVES Clean Your Hands

Guide to Local Production: WHO-recommended Handrub Formulations

Introduction: This Guide to Local Production of WHO-recommended Handrub Formulations is separated into two discrete but interrelated sections: Part A provides a practical guide for use at the pharmacy bench during the actual preparation of the formulation. Users may want to display, the material on the wall of the production unit.

Part B summartzes some essential background technical information and is taken from WHO Guidelines on Hand Hyglene in Health Care (2009), Within Part B the user has access to important safety and cost thromation and supplementary material relating to dispensers and distribution.





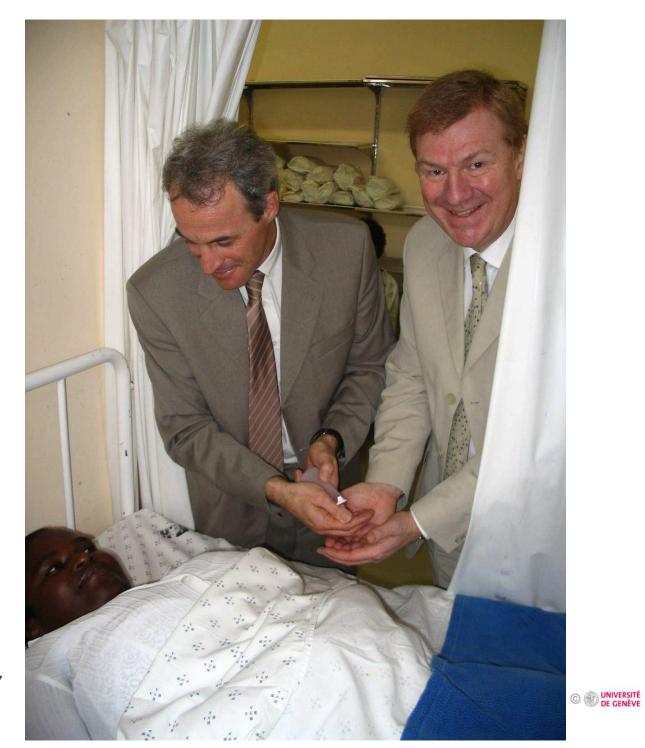


Mali pilot site: launch of the WHO Clean Care is Safer Care campaign









Durban, South Africa, 2007



Kyrgyzstan 2006

Hong Kong 2007



Universal system change implemented (handrubbing vs handwashing)









Global implementation of the WHO multimodal hand hygiene improvement strategy

Articles Global implementation of WHO's multimodal strategy for $\Re \mathbb{R}$ improvement of hand hygiene: a quasi-experimental study Background Health-care-associated infections are a major threat to patient safety worldwide. Transmission is mainly via the hands of health-care workers, but compliance with recommendations is usually low and effective improvement strategies are needed. We assessed the effect of WHO's strategy for improvement of hand hygiene in five countries. (55 departments in 43 hospitals) in Costa Rica, Italy, Mall, Pakistan, and Saudi Arabia. A step-wise approach in four 32-2-3-6 month phases was used to implement WHO's strategy and we assessed the hand-hygiene compliance of health-department of the most of the property expressed compliance as the proportion of predefined opportunities met by hand-hygiene actions (ie, handwashing or hand rubbing). We assessed long-term sustainability of core strategy activities in April, 2010. Findings We noted 21884 hand-hygiene opportunities during 1423 sessions before the intervention and 23746 opportunities during 1784 sessions after. Overall compliance increased from 51-0% before the intervention 9(95% CI 45-1-36-9) to 67-2% after (61-8-7-22.). Compliance usin independently associated with gross national income per head, with a greater effect of the intervention in low-income and middle-income countries (odds ratio [OR] 4-67, 95% CI 3-16-6-89; p<0-0001) than in high-income countries (2-19, 2-03-2-37; p<0-0001). Implementation had a major effect on compliance of health-care workers across all sites after adjustment for main confounders (OR 2-15, 1-99-2-23). Health-careworkers' knowledge improved at all sites with an increase in the servage score from 18-7, 1995 C 17-8-19-7, 10 24-7 (23-7-25-6) after educational sessions. 2 years after the intervention, all sites had to be a servential or the servential of the servential or the

reported ongoing hand-hygiene activities with sustained or further improvement, including national scale-up. pretation Implementation of WHO's hand-hygiene strategy is feasible and sustainable across a range of settings in different countries and leads to significant compliance and knowledge improvement in health-care workers, supporting recommendation for use worldwide.

Funding WHO, University of Geneva Hospitals, the Swiss National Science Foundation, Swiss Society of Public

and about 15% of those in low-income and middle-income countries." More than 4 million patients are affected every year in Europe, and 37000 deaths occur because of this worldwide. We assessed the effect of implementation of Godardson-bosonics of the worldwide. infection. According to the US Centers for Disease WHO's hand-hygiene strategy on a range of indicators, Control and Prevention, in 2002, at least 1-7 million including strategy feasibility and adaptability to the local episodes of health-care-associated infection arose in context and available resources. patients admitted to hospital in the USA, leading to almost 100 000 deaths. Annual costs were estimated to be as high

to consideration of the consistence of the consiste

Introduction

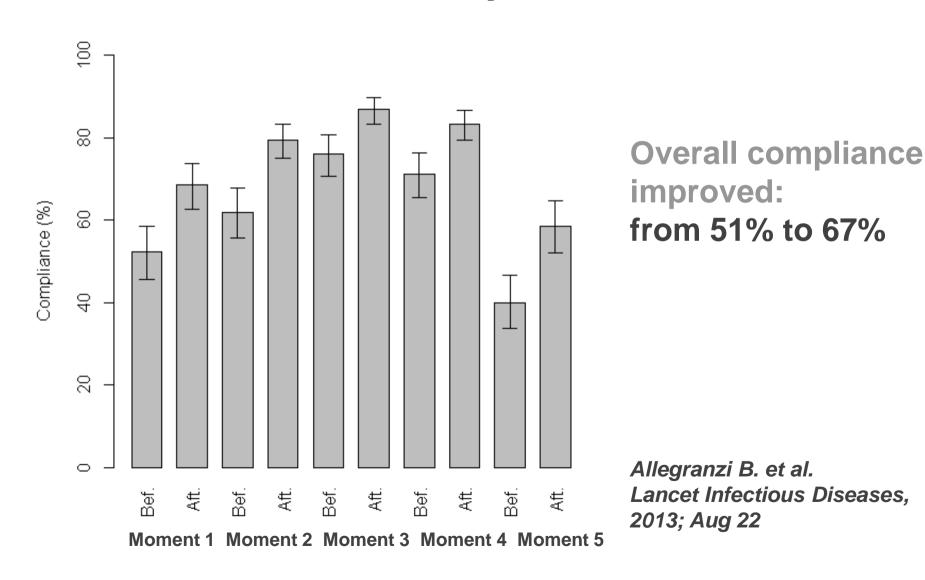
Health-care-associated infection is one of the most frequent issues of patients afely worldwide.\(^{1}\) According to WHO estimates, hundreds of millions of patients are affected each year leading to substantial morbidity, mortality, and financial losses for health systems.\(^{1}\) On a searcing health and about 15% of those in low-income and middle-income countries and about 15% of those in low-income and middle-income countries where the substantial are and about 15% of those in low-income and middle-income countries where the substantial are and 27000 dealth occur because of this worldwide.\(^{1}\) Who were gifted tested in hospitals in high-income countries where the substantial are and 27000 dealth occur because of this worldwide.\(^{1}\) Who were gifted tested in hospitals with the substantial and the substantial are and 27000 dealth occur because of this worldwide.\(^{1}\) Who were gifted tested in hospitals with the substantial and the substantial an

55 departments in 43 hospitals in 5 countries (Costa Rica, Italy, Mali, Pakistan, and Saudi Arabia)

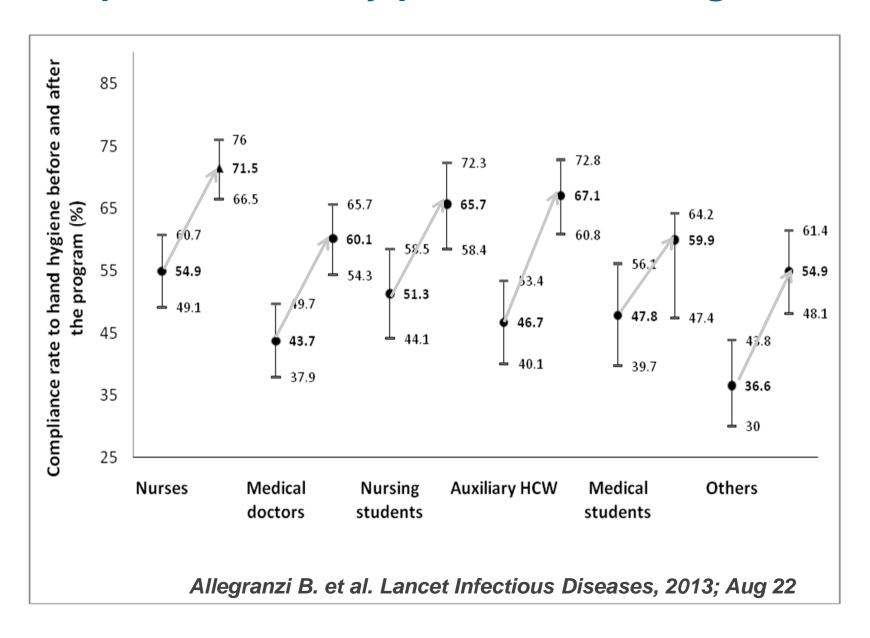
- Major effect on health-care workers hand hygiene compliance across all professional categories in all sites (OR 2·15, 1·99–2·32; compliance increase from 51% to 67%)
- Greater effect of the intervention in low-income and middle-income countries (4.67, 3.16–6.89) than in highincome countries (2.19, 2.03-2.37)
- Switch to alcohol-based handrubs in all sites
- Significant improvement in health-care workers' knowledge at all sites (p<0.0001)
- Demonstration of implementation feasibility and adaptability of the WHO Multimodal Hand Hygiene Improvement Strategy and its toolkit
- 2 years after the intervention, sustained or further improvement in all sites, including national scale-up

Allegranzi B. et al. Lancet Infectious Diseases, 2013; Aug 22

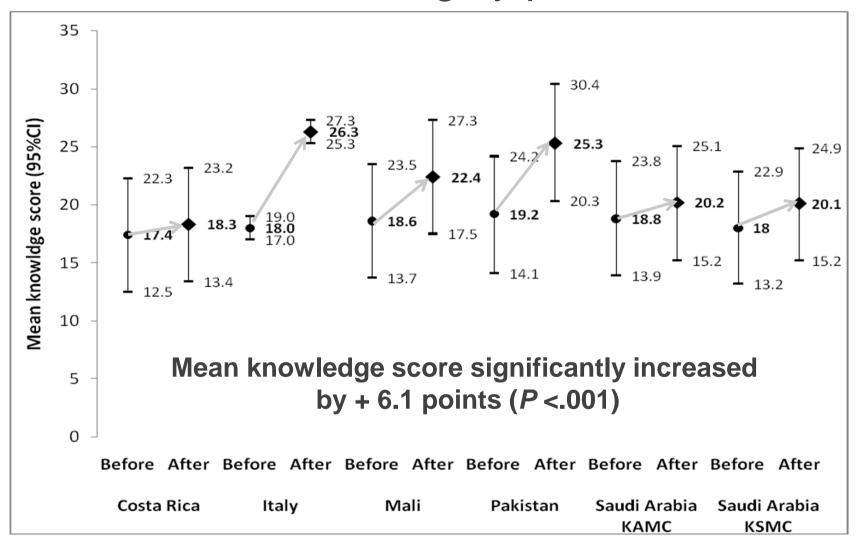
Hand hygiene compliance by indication before and after the implementation



Hand hygiene compliance rates before and after the implementation by professional categories



Knowledge of hand hygiene before and after training by pilot site



Effect of the WHO Intervention Strategy on Hand Hygiene Compliance by Pilot Site

Pilot site	Number of	Odds	95% CI	P Value
	opportunities	Ratio		
Costa Rica	2100	5.82	3.28-10.32	< 0.001
Italy	18906	2.27	2.00-2.57	< 0.001
Mali	3546	2.40	1.62-3.55	< 0.001
Pakistan	1332	2.48	1.75-3.52	< 0.001
Saudi Arabia KAMC	2829	2.54	2.00-3.21	< 0.001
Saudi Arabia KSMC	15621	1.83	1.60-2.09	<0.001

Overall effect: OR = 2.15; 95% CI, 1.99-2.32; P < .001

Allegranzi B. et al. Lancet Infectious Diseases, 2013; Aug 22

Effect of the WHO Intervention Strategy on Hand Hygiene Compliance by Patient Population

Patient population	Number of	Odds	95% CI	P Value
	opportunities	Ratio		
Intensive care units	28096	2.09	1.90-2.30	<0.001
Surgery wards	7383	2.88	2.34-3.54	<0.001
Emergency wards	2034	0.99	0.72-1.36	0.94
Internal medicine wards	1815	7.31	4.10-13.02	<0.001
Pediatric wards	1664	3.99	2.74-5.81	<0.001
Others	3342	0.71	0.51-0.98	0.04

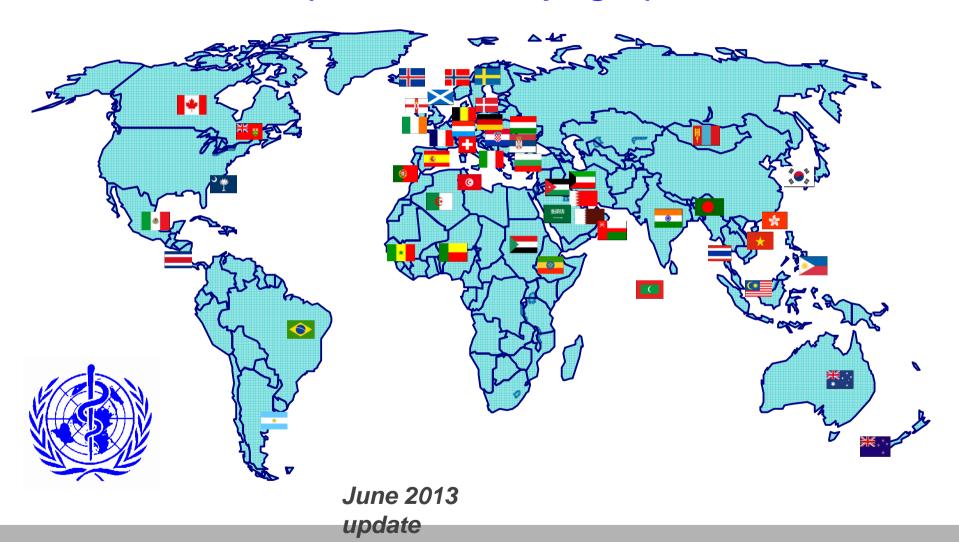
Indicators of long-term sustainability (2 years follow-up)	Number of sites/total	Site
Strategy implementation continued	6/6	All
Alcohol-based handrub continued to be available*	5/5	All
Educational sessions repeated at least once a year*	5/5	All
Hand hygiene compliance monitoring and feedback repeated regularly*	4/5	Costa Rica, Mali, Saudi KAMC and KSMC
Implementation expanded to other hospitals in the country	5/6	Costa Rica, Italy, Mali, Saudi KAMC and KSMC
Launch or sustainment of a national campaign following pilot testing	4/6	Costa Rica, Italy, Saudi KAMC and KSMC

Adoption and adaptation of Clean Care is Safer Care worldwide





Countries running national hand hygiene campaigns (at least 50 campaigns)





CleanHandsNet
Hand hygiene nat

Hand hygiene national campaigns



World Hand Hygiene Day in healthcare

WHO SAVE LIVES: Clean Your Hands

- To maintain a global profile on the importance of hand hygiene in health care to reduce health careassociated infections and enhance patient safety worldwide
- Every 5 May WHO, bringing people together to improve and sustain hand hygiene

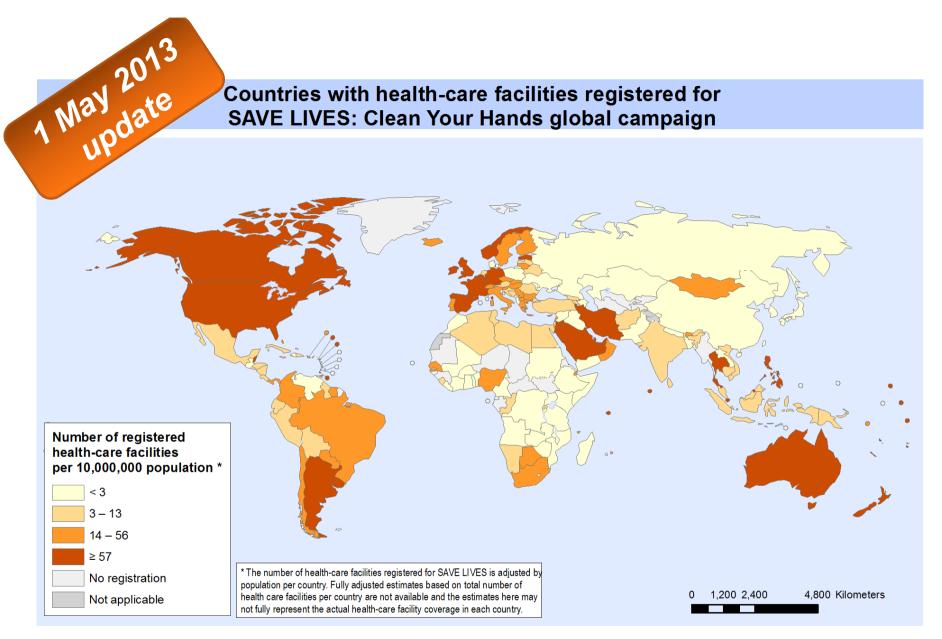












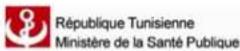
15 782 registered health-care facilities from 169 countries

More than 9.2 mio health-care staff and 3.9 mio patient beds







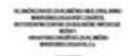


Nemzeti Kézhigiénés Kampany









S. HRVATSKI SIMPOZIJ O BOLNIČKIM INFEKCUAMA



CREEN GOLD CENTRAL

министерство HA ЗДРАВЕОПАЗВАНЕТО









ringa harola, aalearoa

























AWHO Hand Hygiene Day















in 'Auditorium Nati College of Nursing, 2/20" Hand Hygiene Symposium

National events organized on 5 May



Centers for Disease Control and Prevention

CDC 24/7: Saving Lives. Protecting People.™

Hand Hygiene Saves Lives









Contact | Steriogy | Links | KSS Reeds

European Centre for Disease Prevention and Control



European network to promote infection prevention



Celebrating 40 years

Association for Professionals in infection Control and Epidemiology

Join the WHO "Save Lives: Clean Your Hands" campaign - May 5, 2013



WHO SAVE LIVES: Clean Your Hands - WHO Global Annual Campaign







DAVE LIVEREZADADA ZARIO

SAVE LIVES: Clean Your Hands - WHO's global annual campaign



SAVE LIVES: Clean Your Hands



International Federation of Infection Control



SAVE LIVES: Clean Your Hands



International Nosocomial Infection Control Consortium





continued focus or monitoring and feedback and let the patient voice be heard !

Take action NOM: Disk have be more late.



8 MAY 2013 - A continued focus on menitering and feedback



SAVE LIVES: Clean Your Hands - WHO's global annual campaign







Infection Prevention Society

Support WHO SAVE LIVES: Clean Your Hands 5 May 2013. Find out more at www.who.int/gpsc/Smay/en/ and follow WHO Twitter or World Health Organisation on Facebook.

Main 5 May stakeholders

Support from Private Organizations for Patient Safety (POPS) sharing costs and leveraging all possibilities

Press releases

• Videos – Uganda example for 2013 – dancing!

My Five Moments For Hand Hygiene Emitendera Etano Gy'entwala okunaaba mu ngalo





Private Organizations for Patient Safety

Private Organisations for Patient Safety (POPS):

A collaboration between the World Health Organisation Patient Safety Programme and industry

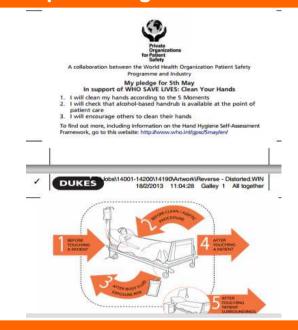
- Banners
- Posters
- Training programmes
- Promoting sign up to SAVE LIVES: Clean Your Hands



Promoting the Hand Hygiene Self Assessment Framework in a number of countries

Patient Safety

POPS 5 May pledge card issued 2013 – promoting the 5 Moments



2000 English (UK) & 2000 French

4500 for Spain, Portugal, Finland and Poland

5000 for Russia, Japan, Malaysia and China

3000 for UK, IRL, IT, PL, Baltics, CH, Slovenia, Croatia, Austria, Germany, Czech

Republic Relation and Netherlands



Facilities registered to Save Lives : Clean Your Hands



update June 2013















Evidence of impact of the strategy worldwide...

Reduction in Surgical Site Infections in Neurosurgical Patients Associated With a Bedside Hand Hygiene Program in Vietnam

Le Thi Anh Thu, MD, PhD; Michael J. Dibley, MBBS, MPH; Vo Van Nho, MD, PhD; Lennox Archibald, MBBS, MD, FRCP, DTM&H; William R. Jarvis, MD; Annette H. Sohn, MD

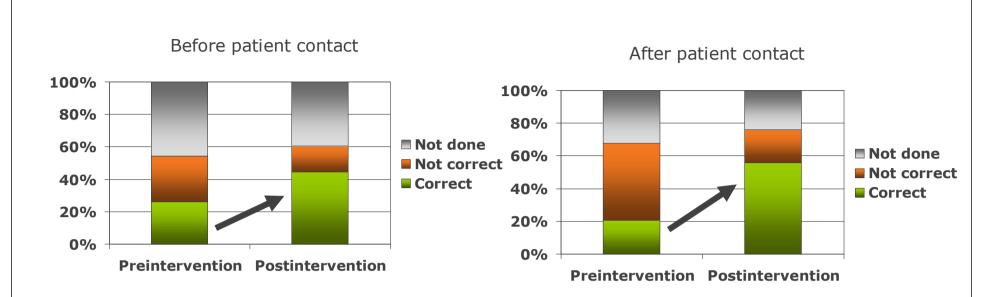
TABLE 2. Comparison of Incidence Rate Ratio (IRR) of Surgical Site Infection Among Neurosurgical Patients Between the Wards A and B After the Hand Hygiene Intervention in Ward A, Cho Ray Hospital, Vietnam, July 11 to August 15, 2000, and July 14 to August 18, 2001

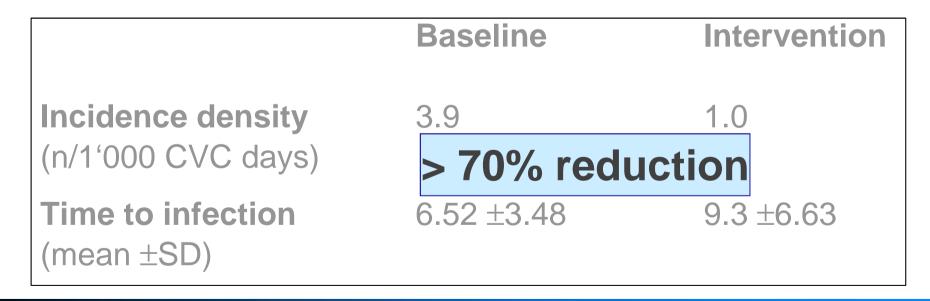
	Ward A (1,789 patient-days)		Ward B (3,184 patient-days)			
Variable	No. of patients	No. of cases per 1,000 patient-days	No. of patients	No. of cases per 1,000 patient-days	IRR (95% CI)	Adjusted IRR ^a (95% CI)
001						
4					ervention Is elimina	03
more	than I	half of s	uperf	icial SS	ls elimina	ated (0.57-57.9)
more Organ/space	than I	half of s		icial SS	ls elimina	ated
more	than I	half of s	uperf	icial SS	ls elimina	ated (0.57-57.9)
more Organ/space	than I	half of s	uperf	icial SS	ls elimina	ated (0.57-57.9)
More Organ/space Wound classification	than I	half of s	uperf	icial SS	1.3 (0.48-3.83)	ated 1.7 (0.55-57.9) 1.6 (0.56-4.55)

NOTE. The IRR for ward A was 1. CI, confidence interval.

^a Adjusted for National Noscomial Infection Surveillance System risk index, prophylaxis, and sex.

b IRRs were not calculated because of the value zero for ward A.



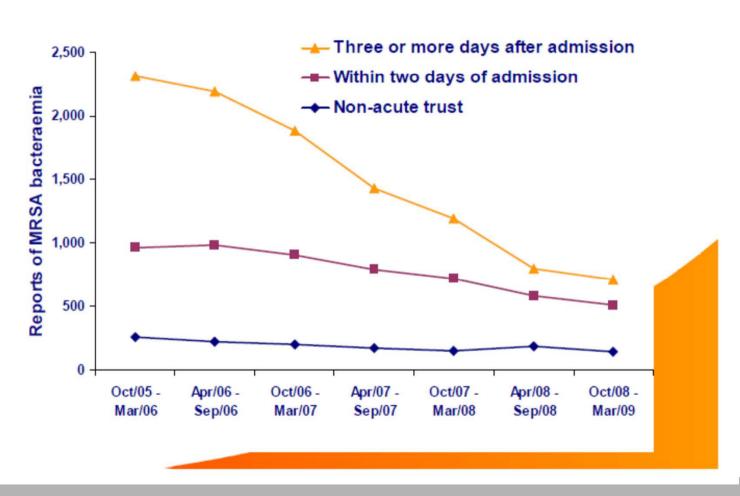




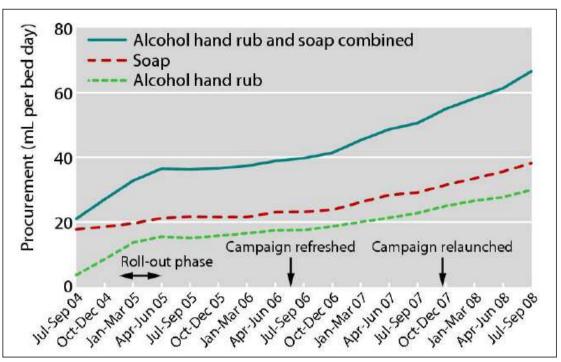


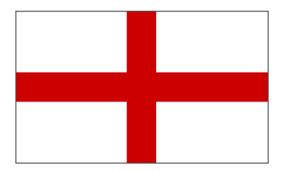
Trends in MRSA from 2005 to March 2009

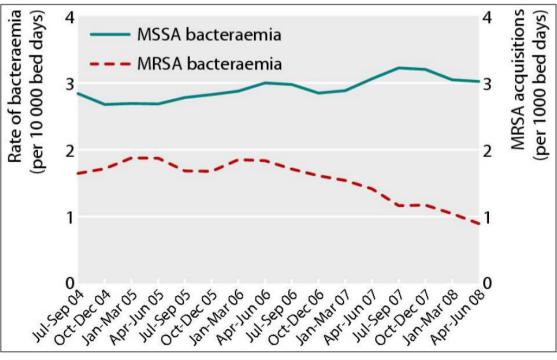








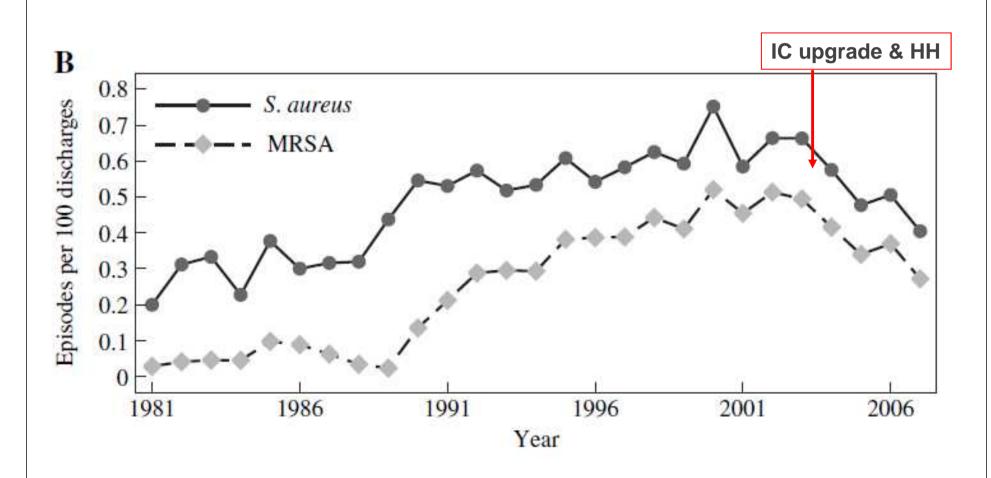




Stone SP et al. BMJ 2012;344:e3005

Secular trends of healthcare-associated infections at a teaching hospital in Taiwan, 1981–2007

Y.-C. Chuang ^a, Y.-C. Chen ^{b,c,d,*}, S.-C. Chang ^{b,c,d}, C.-C. Sun ^c, Y.-Y. Chang ^c, M.-L. Chen ^c, L.-Y. Hsu ^{b,c}, J.-T. Wang ^{b,c}



Journal of Hospital Infection 2010

Significant reduction of Methicillin-resistant *S. aureus* burden in 38 French hospitals (1993-2007)

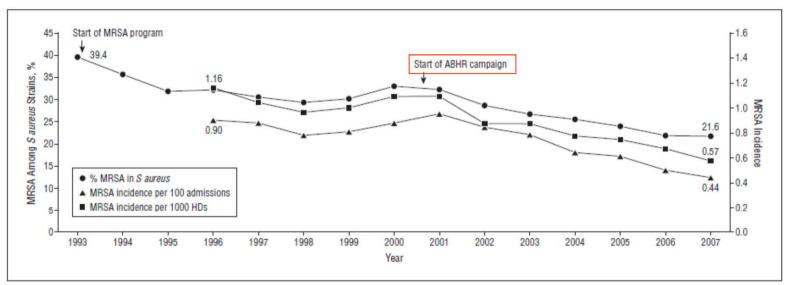


Figure 2. Change in methicillin-resistant Staphylococcus aureus (MRSA) rates from 1993 to 2007. Data are given as proportion (percentage) of MRSA in S aureus, MRSA incidence per 1000 hospital days, and MRSA rate per 100 admissions.

- Following the launch of the ABHR campaign the consumption of ABHR increased regulary from 2000 to 2007 (2 L to 21 L per 1000 HD)
- In acute care hospitals MRSA rate decrease was sharper after the launch of the ABHR campaign (-2% vs -4.7% per year)

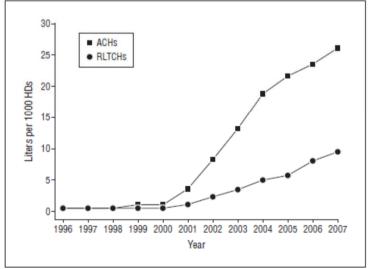
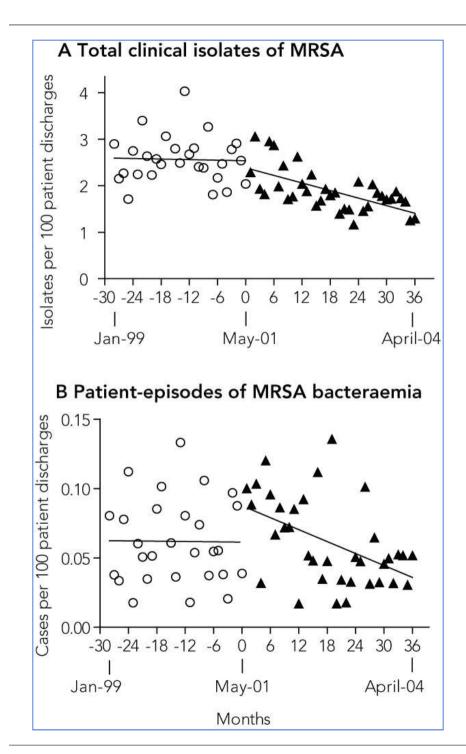


Figure 1. Changes in the use of alcohol-based hand-rub solutions (in liters per 1000 HDs) from 1993 to 2007. ACHs indicates acute care hospitals; RLTCHs, rehabilitation and long-term care hospitals; and HDs, hospital days.

Jarlier et al, Arch Int Med 2010



MRSA isolates and patientepisodes of bacteraemia

After 36 months:

Total MRSA isolates:

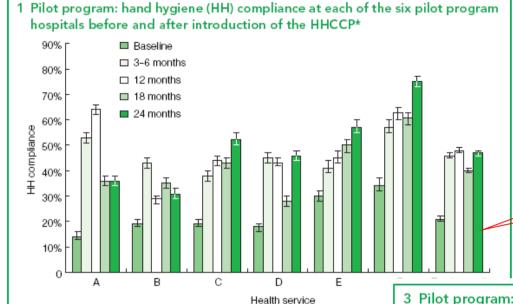
- 40% reduction (95% CI, 23%–58%)
- 1008 fewer clinical isolates

Patients with MRSA bacteraemia:

- 57% reduction in monthly rate (95% CI, 38%–74%)
- 53 fewer bacteraemias than expected (95% CI, 36–68 episodes)

Johnson et al. Med J Aust 2005; 183:509-514

Pilot hospitals - Significant reductions of MRSA bacteraemia following hand hygiene promotion



Grayson ML et al. Med J Austr 2008

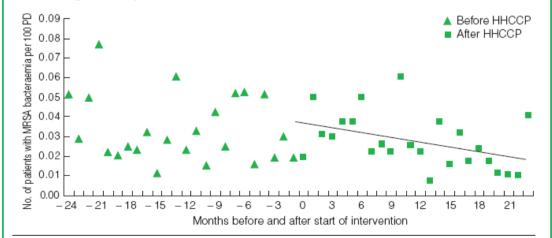
Compliance increase from 21% to 47%

65 (95% CI: 5-126) fewer patients with MRSA bacteraemia in the 6 Pilot hospitals than expected prior to the intervention

HHCCP = hand hygiene culture change program. * Mean HH compliance increased

24 months of the pilot study (P < 0.001).

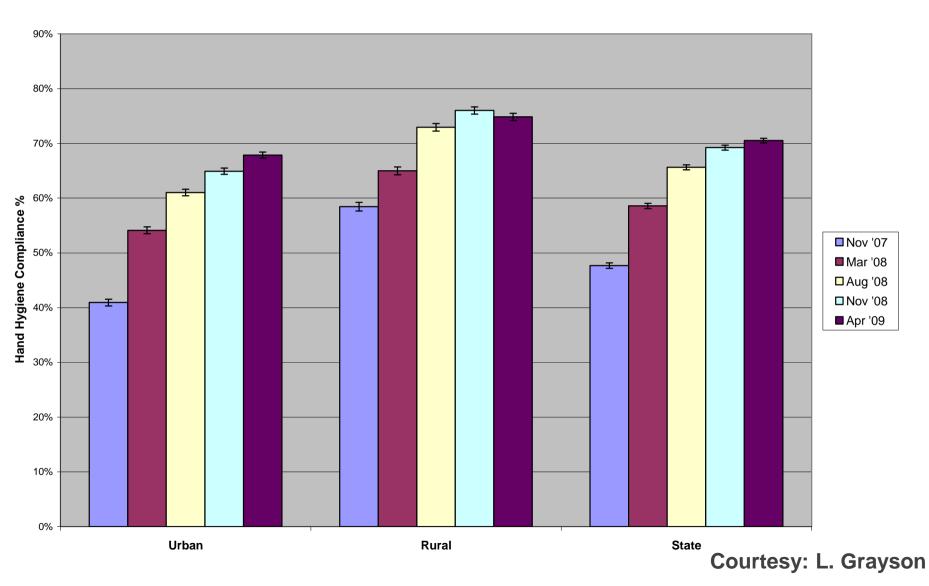
3 Pilot program: number of patients with MRSA bacteraemia per 100 patient discharges (PD) per month before and after introduction of the HHCCP*



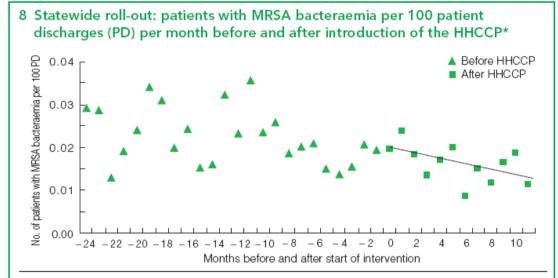
HHCCP = hand hygiene culture-change program. MRSA = methicillin-resistant Staphylococcus aureus.

* A statistically significant reduction in bacteraemias was noted at 24 months after the start of the intervention (P = 0.035 for trend).

State-wide Hand Hygiene Compliance Monitoring (2.5 y follow-up)



State-wide - MRSA bacteraemia

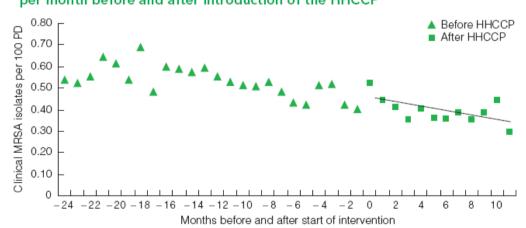


 ${\sf HHCCP} = {\sf hand\ hygiene\ culture-change\ program.\ MRSA} = {\sf methicillin-resistant\ Stap\ hylococcus\ aureus.}$

*The number of patients with MRSA bacteraemia per 100 PD fell from 0.029 at 24 months before the intervention to 0.012 at 12 months after the start of the intervention (P = 0.09 for)

State-wide - MRSA isolates

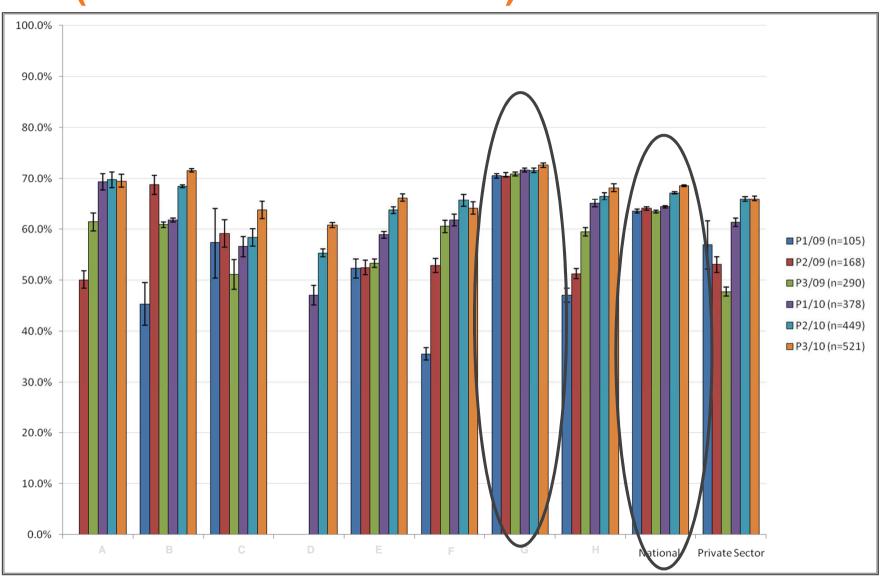




HHCCP = hand hygiene culture-change program. MRSA = methicillin-resistant Staphylococcus aureus. *During the 24 months before the introduction of the HHCCP there was a significant reduction in rate of MRSA isolates per 100 PD per month (P = 0.0003 for trend). After the start of the intervention, the rate continued to decline, falling to a rate of 0.30/100 PD per month after 12 months (P = 0.043 for trend).

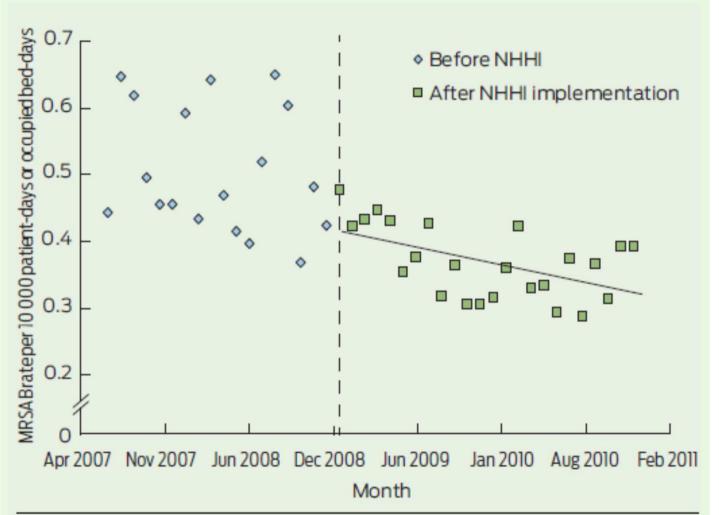
Grayson ML et al. Med J Austr 2008

National Hand Hygiene Compliance rates (521 acute care facilities) - 2009 and 2010



Courtesy: L. Grayson

4 National monthly incidence rates of methicillin-resistant Staphylococcus aureus bacteraemia (MRSAB), July 2007 – December 2010*



^{*} Dashed line indicates National Hand Hygiene Initiative (NHHI) implementation. MRSAB rates were statistically stable before implementation (P = 0.366) but significantly declined after (P = 0.008). ◆

Grayson ML et al. Med J Austr 2011

The effect of hand hygiene compliance on hospital-acquired infections in an ICU setting in a Kuwaiti teaching hospital

Journal of Infection and Public Health (2013) 6, 27-34

Mona F. Salama^{a,b}, Wafaa Y. Jamal^{a,c}, Haifa Al Mousa^d,

"The 3/3 Strategy": A Successful Multifaceted Hospital Wide Hand Hygiene Intervention Based on WHO and **Continuous Quality Improvement Methodology**

Jesús Rodríguez-

Gabriel Mestre 1* Reduction in the incidence of MRSA with use of alcohol-based Gema Gallemi², hand rub solutions and gloves

Kazuaki Matsumoto · Akari Shigemi · Keiko Yaji · Yoshihiro Shimodozono ·

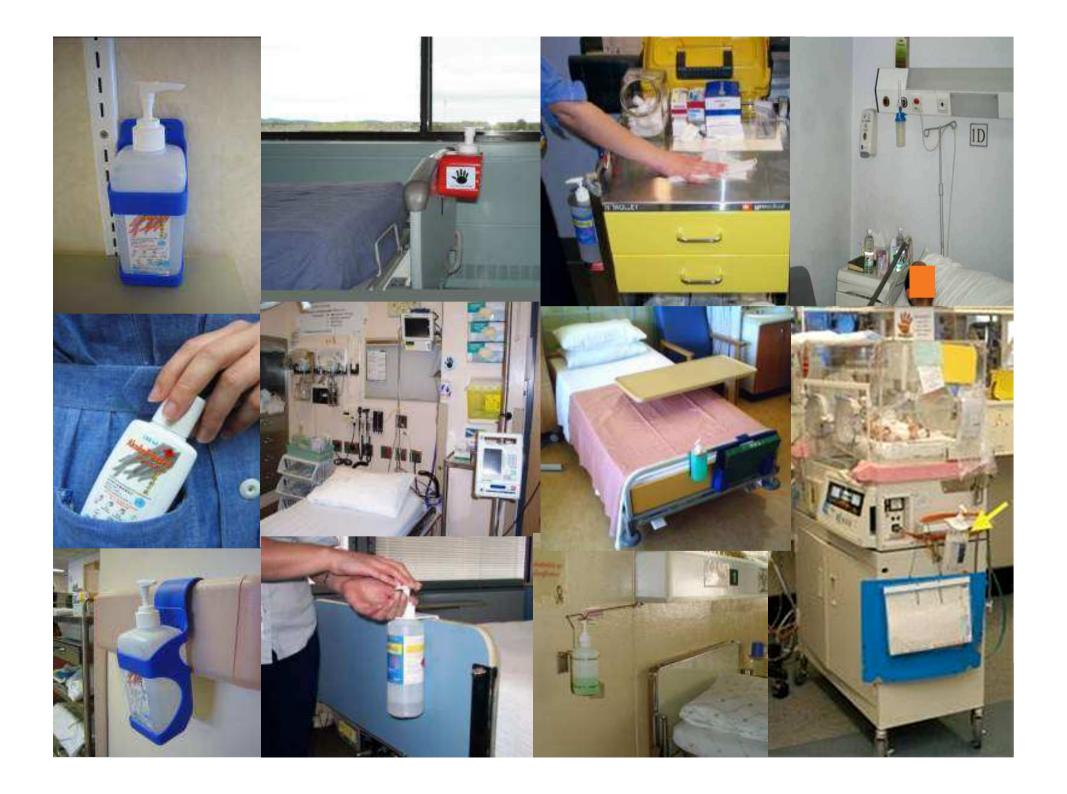
Impact of a hand hygiene educational programme on hospital-acquired infections in medical wards

O. Monistrol¹, E. Calbo², M. Riera¹, 1) Infection Control Nurse and 2) Service of Impact of a hospital-wide hand hygiene promotion strategy on healthcare-associated

Time-series analysis of the relationship of antimicrobial use and hand hygiene promotion with the incidence of healthcare-associated infections. Lee YT, Chen SC, Lee MC, Hung HC, Huang HJ, Lin HC, Wu DJ, Tsao SM. J Antibiot (Tokyo). 2012;65:311-6

Positive deviance: Using a nurse call system to evaluate hand hygiene practices Rita de Cássia Ribeiro de Macedo RN^{a,*}, Eloísa Martins Oliveira Jacob RN^a, Vanessa Pio da Silva RNa, Edson Américo Santana RNa, Antonio Ferreira de Souza RNa, Priscila G Miguel Ce Impact of a hospital-wide hand hygiene MD c. promotion strategy on healthcare-associated infections Impact of a hospital-wide hand hygiene Moi Lin Ling* and Kue Bier initiative on healthcare-associated Major article infections: results of an interrupted Promoting and sustainin time series resulted in significant re-Jaffar A. Al-Tawfiq MD a,*, Mahn Kathryn B 12 papers in 2012: Effectiveness of a compre Eileen A rates in a long-term care facilit paper / month Steven J. Review article Douglas Bundling hand hygiene inte care—associated infections Ted Pincock RN, CIC a,*, Paul Bernstein RN, CIC b, Sha abeth Holst BAd Department of Infection Prevention and Control, Queen Elizabeth II Health Sciences Centre, Halifax, NS, Canada ^b Department of Infection Prevention and Control, New York-Presbyterian Hospital, New York, NY GOIO Industries, Inc. Akron, OH

d Strategic Gear, Cleveland, OH









Tools to ensure sustainability of the solution worldwide...







Monitoring your institution

"Hand Hygiene Self-Assessment Framework"

http://www.who.int/gpsc/5may/en/



A World Alliance for Safer Health Care

SAVE LIVES Clean Your Hands

Hand Hygiene Self-Assessment Framework 2010

1. System Change

Question	Answer	Score	WHO improvement tools
1.1	Not available	0	→ Ward Infrastructure Survey
How easily available is alcohol-based handrub in your health-care facility?	Available, but efficacy ¹ and tolerability ² have not been proven	0	Protocol for Evaluation of Tolerability and Acceptability of Alcohol-based Handrub
Choose one answer	Available only in some wards or in discontinuous supply (with efficacy¹ and tolerability² proven)	5	in Use or Planned to be Introduced: Method 1 Guide to Implementation II.1
	Available facility-wide with continuous supply (with efficacy ¹ and tolerability ² proven)	10	
	Available facility-wide with continuous supply, and at the point of care ³ in the majority of wards (with efficacy ¹ and tolerability ² proven)	30	
	Available facility-wide with continuous supply at each point of care ³ (with efficacy ¹ and tolerability ² proven)	50	
1.2 What is the sink:bed ratio?	Less than 1:10	0	Ward Infrastructure Survey Guide to Implementation II.1
Choose one answer	At least 1:10 in most wards	5	
	At least 1:10 facility-wide and 1:1 in isolation rooms and in intensive care units	10	





A World Alliance for Safer Health Care

SAVE LIVES Clean Your Hands

Hand Hygiene Self-Assessment Framework 2010

2. Training and Education

2. Ifalling and Education				
Question	Answer	Score	WHO improvement tools	
2.1 Regarding training of health-care workers in y	our facility:			
2.1a How frequently do health-care	Never	0	→ Slides for Education Session for Trainers, Observers and	
workers receive training regarding hand hygiene ⁷ in your facility?	At least once	5	Health-care Workers	
Choose one answer	Regular training for medical and nursing staff, or all professional categories (at least annually)	10	 → Hand Hygiene Training Films → Slides Accompanying the Training Films 	
	Mandatory training for all professional categories at commencement of employment, then ongoing regular	20	Slides for the Hand Hygiene Co-ordinator Hand Hygiene Technical	
	training (at least annually)		Reference Manual	
2.1b Is a system in place to ensure that all health-care workers complete this training?	No	0	→ Hand Hygiene Why, How and When Brochure	
	Yes	20	→ Guide to Implementation II.2	
2.2 Are the following educational resources (or locally produced equivalents with similar content) easily available to all health-care workers?		→ Guide to Implementation II.2		
2.2a 'WHO Guidelines on Hand Hygiene	No	0	→ WHO Guidelines on Hand	
in Health-care: A Summary'	Yes	5	Hygiene in Health Care: A Summary	
2.2b 'Hand Hygiene Technical	No	0	→ Hand Hygiene Technical Reference Manual	
Reference Manual'	Yes	5	Hererence Manuar	





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SAVE LIVES Clean Your Hands

Hand Hygiene Self-Assessment Framework 2010

3. Evaluation and Feedback

Question	Answer	Score	WHO improvement tools
3.1	No	0	→ Ward Infrastructure Survey
Is a ward infrastructure survey regarding available hand hygiene products and facilities performed at least annually?	Yes	10	→ Guide to Implementation II.3
3.2 Is health-care worker knowledge regarding indications and	No	0	Hand Hygiene Knowledge Questionnaire for Health-Care Workers
technique for hand hygiene assessed at least annually?	Yes	10	→ Five Standardized Questions
			→ Guide to Implementation II.3
3.3 Indirect Monitoring of Hand Hygiene Compliance 3.3a Is consumption of alcohol-based handrub monitored	No	0	→ Soap/Handrub Consumption
monthly (or at least every 3-5 months)?			Survey → Guide to Implementation II.3
	Yes	5	
3.3b Is consumption of soap monitored monthly (or at least	No	0	
every 3-5 months)	Yes	5	
3.3c Is alcohol based handrub consumption at least 20L per	No	0	
1000 patient-days?	Yes	5	





A World Aliance for Safer Health Care

SAVE LIVES Clean Your Hands

Hand Hygiene Self-Assessment Framework 2010

4. Reminders in the Workplace

Question	Answer	Score	WHO improvement tools
4.1 Are the following posters (or locally produced equivalent with similar content) displayed?			→ Guide to Implementation II.4
4.1a Poster explaining the indications	Not displayed	0	→ Your 5 Moments for Hand
for hand hygiene	Displayed in some wards/treatment areas	15	Hygiene (Poster)
Choose one answer	Displayed in most wards/treatment areas	20	
	Displayed in all wards/treatment areas	25	
4.1b Poster explaining the correct use	Not displayed	0	→ How to Handrub (Poster)
of handrub	Displayed in some wards/treatment areas	5	
Choose one answer	Displayed in most wards/treatment areas	10	
	Displayed in all wards/treatment areas	15	
4.1c Poster explaining correct hand-	Not displayed	0	→ How to Handwash (Poster)
washing technique	Displayed in some wards/treatment areas	5	
Choose one answer	Displayed in most wards/treatment areas	7.5	
	Displayed at every sink in all wards/treatment areas	10	





A World Alliance for Safer Health Care

SAVE LIVES Clean Your Hands

Hand Hygiene Self-Assessment Framework 2010

5. Institutional Safety Climate for Hand Hygiene

Question	Answer	Score	WHO improvement tools
5.1 With regard to a hand hygiene team ¹⁰ that is dedicated to the promotion and implementation of optimal hand hygiene practice in your facility:			Guide to Implementation II.5
5.1a Is such a team established?	No	0	-
	Yes	5	-
5.1b Does this team meet on a regular basis (at least monthly)?	No	0]
	Yes	5	
5.1c Is there dedicated time available to organize a hand hygiene campaign and to teach hand hygiene principles		0	
		5	
5.2 Have the following members of the facility leadership made a visible commitment to support hand hygiene improvement?			Template Letter to Advocate Hand Hygiene to Managers Template Letter to communicate Hand Hygiene
5.2a Chief executive officer	No	0	Initiatives to Managers
	Yes	10	→ Guide to Implementation II.5
5.2b Medical director	No	0	
	Yes	5	
5.2c Director of nursing	No	0	
	Yes	5	





A World Alliance for Safer Health Care

SAVE LIVESClean **Your** Hands

Hand Hygiene Self-Assessment Framework 2010

Interpretation: A Four Step Process

1. Add up your points.

Score	
Component	Subtotal
1. System Change	
2. Education and Training	
3. Evaluation and Feedback	
4. Reminders in the Workplace	
5. Institutional Safety Climate	
Total	

Determine the assigned 'Hand Hygiene Level' for your facility.

Total Score (range)	Hand Hygiene Level
0 - 125	Inadequate
126 - 250	Basic
251 - 375	Intermediate (or Consolidation)
376 - 500	Advanced (or Embedding)



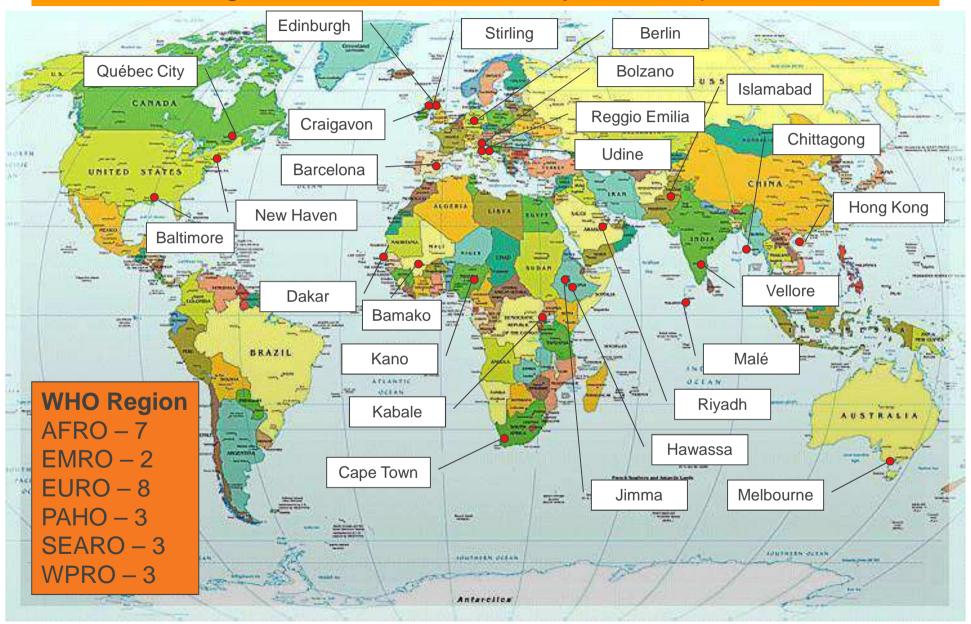
Score		
Component		Subtotal
1. System Change	1. System Change	
2. Education and	Training	
3. Evaluation and Feedback		
4. Reminders in the Workplace		
5. Institutional Safety Climate		
_	Total	

2.

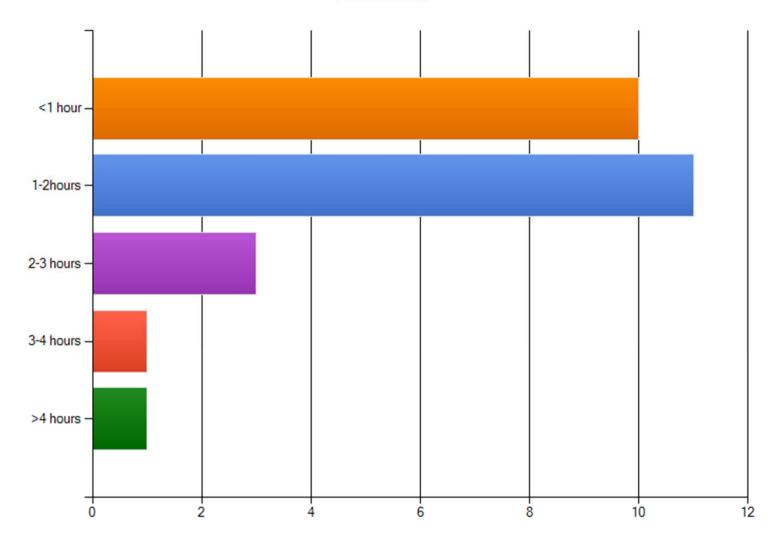
Determine the assigned 'Hand Hygiene Level' for your facility.

Total Score (range)	Hand Hygiene Level	
0 - 125	Inadequate	
126 - 250	Basic	
251 - 375	Intermediate (or Consolidation)	
376 - 500	Advanced (or Embedding)	

Testing the framework usability- 26 Respondents



How long do you estimate it took you to complete the Hand Hygiene Self-Assessment Framework?





Interpretation:

1. Add up your points.

Score		
Component	Subtotal	
1. System Change	85	
2. Education and Training	60	
3. Evaluation and Feedback	55	
4. Reminders in the Workplace	70	
5. Institutional Safety Climate	65	
Total	335	

2. Determine the assigned 'Hand Hygiene Level' for your facility.

Total Score (range)	Hand Hygiene Level
0 - 125	Inadequate
120 = 250	Basic
251 - 375	Intermediate (or Consolidation)
376 - 500	Advanced (or Embedding)

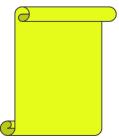
4 levels of HH promotion and practice

- 1. Inadequate: HH practices and promotion are deficient. Significant improvement is required.
- 2. Basic: some measures are in place, but not to a satisfactory standard. Further improvement is required.
- 3. Intermediate: an appropriate HH promotion strategy is in place and HH practices have improved. It is now crucial to develop long-term plans to ensure that improvement is sustained and progresses.
- 4. Advanced: HH promotion and optimal HH practices have been sustained and/or improved, helping to embed a culture of safety in the health-care setting.



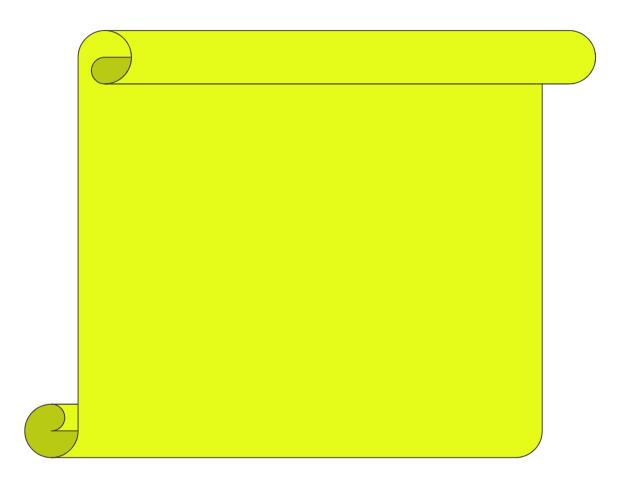
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- 1. Inadequate: HH practices and promotion are deficient. Significant improvement is required.
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- 4. Advanced: HH promotion and optimal HH practices have been sustained and/or improved, helping to embed a culture of safety in the health-care setting.



<u>Leadership:</u> your facility is a reference centre and contribute to the promotion of HH through research, innovation and information sharing.

Asia-Pacific Award for Excellence in Hand Hygiene promotion





Hand Hygiene



Asia Pacific Hand Hygiene Excellence Award

Asia Pacific Hand Hygiene Innovation Award

2013







Expert Review Panel

Professor Didier Pittet (Chair)

Director Infection Control Program & WHO Collaborating Centre on Patient Safety Hôpitaux Universitaires de Genève Geneva, Switzerland

Professor Wing-Hong Seto

Chief Infection Control Officer, Hospital Authority Senior Consultant Microbiologist & Director Quality Management, Queen Mary Hospital WHO Collaborating Centre for Infection Control Hospital Authority, Hong Kong

Dr Moi-Lin Ling

Director, Infection Control Department Singapore General Hospital & President, Asia Pacific Society of Infection Control

Professor Lindsay Grayson

Director, Infectious Diseases & Microbiology Austin Health Victoria, Australia

Ms Patricia Ching

Infection Control Specialist Infection Control & Quality Improvement Department Queen Mary Hospital, Hong Kong

Ms Glenys Harrington RN, RM

Infection Control Consultant Infection Control Consultancy (ICC) Melbourne, Australia Facilities awarded with the Hand Hygiene Excellence Award in South-East Asia and Western Pacific, in Europe, and in Latin America



WHO Hand Hygiene Self-assessment Framework









How is the Fra

■ The Hand Hygiene and 27 indicators.

The 5 components re Improvement Strategy

- **Four levels** of hand
- Significant improvemen
- Basic: some measure Further improvement is
- Intermediate: an app to ensure that improved
- Advanced: han been sustained a care setting.

ments

nd Hygiene

Leadership

- Inadequate: hand hy your facility is a reference centre and contribute to the promotion of hand hygiene through research, innovation hand hygiene practices and information sharing

deficient.

ice and term plans

es have the health-

- Leadership: your facility is a reference centre and contribute to the promotion of hand hygiene through research, innovation and information sharing





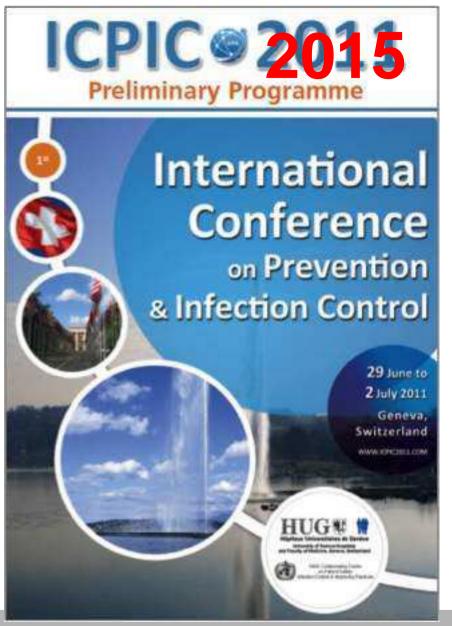




How to continue ...

what's next?





Save the Date:

3rd ICPIC, 16-19 June 2015, Geneva, Switzerland



Semmelweis at ICPIC





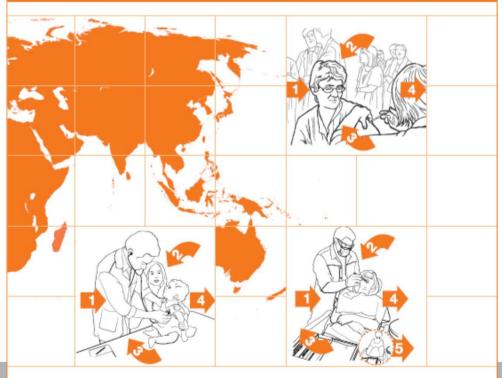


For 2012

SAVE LIVES Clean Your Hands

Hand Hygiene in Outpatient and Home-based Care and Long-term Care Facilities

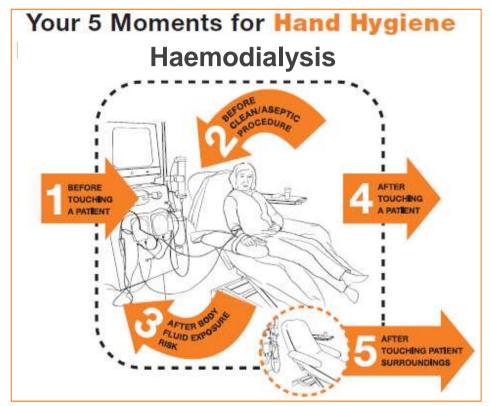
A Guide to the Application of the WHO Multimodal Hand Hygiene Improvement Strategy and the "My Five Moments for Hand Hygiene" Approach







It requires adaptation!





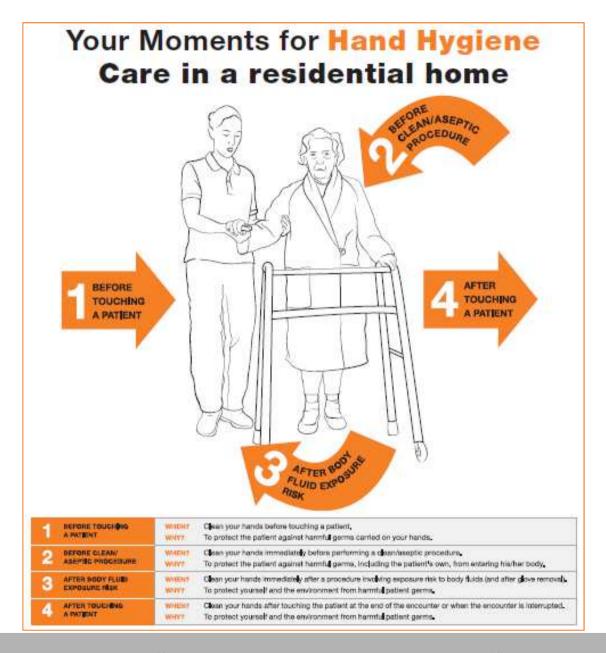


It requires adaptation!











Global world - Global Health







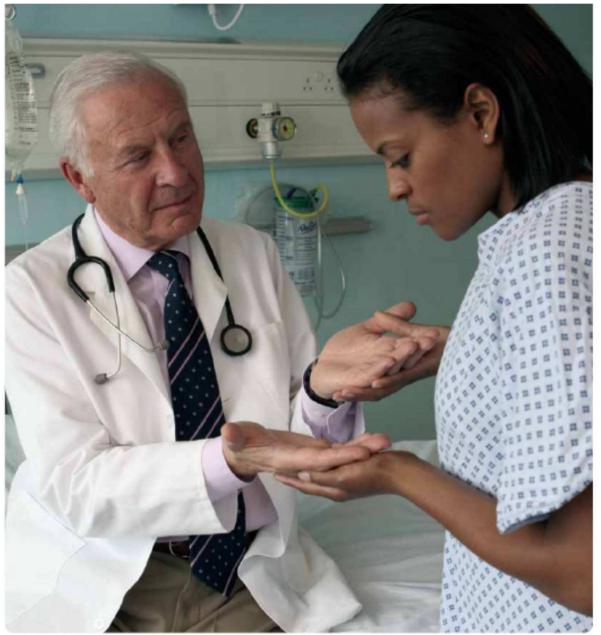






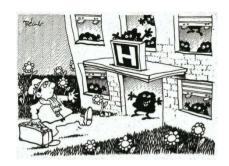






Longtin Y, Sax H, Leape L, Sheridan S, Donaldson L, Pittet D. Patient participation: current knowledge and applicability to patient safety. *Mayo Clin Proc* 2010, 85:53-62

Health care-associated infection: solutions to the problem



- Prevention strategies reduce infections in developed and developing countries
- Most solutions are simple and not resourcedemanding
- Several health-care settings have succeeded in reducing the risk to patients, but others have not



Health care-associated infection prevention: a global health issue.... of global concern

- Gaps in patient safety arise because existing tools and interventions are not being implemented widely
- Gaps exist not only between countries, but also within the same country
 - ... both in developed and developing countries







The Geneva IC team and HCWs: inspiring WHO on hand hygiene improvement worldwide





The 1st Global Patient Safety Challenge Team







From rubbing to dancing round the world ...

http://www.icpic.com/index.php/conference-videos/icpic-2013-trailer













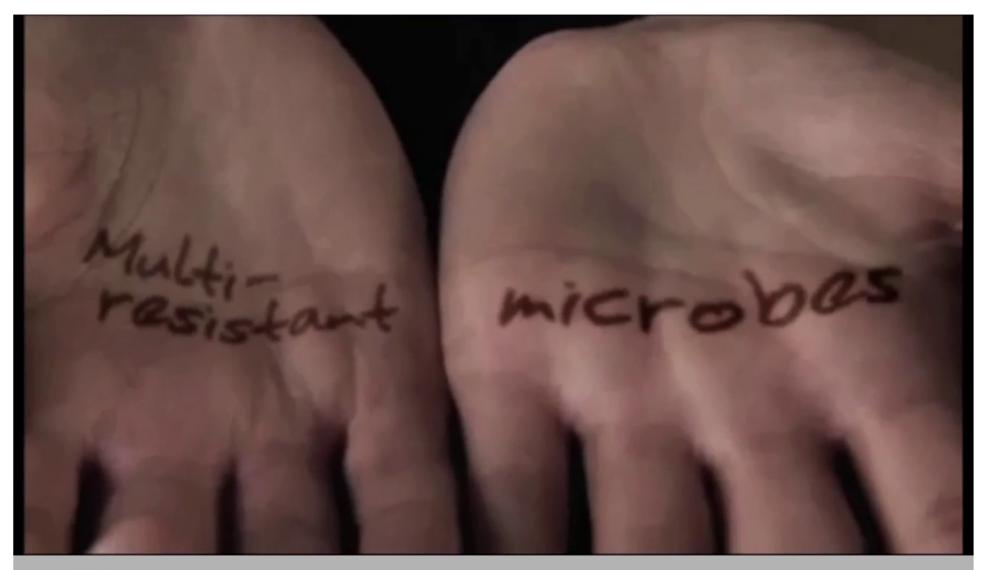


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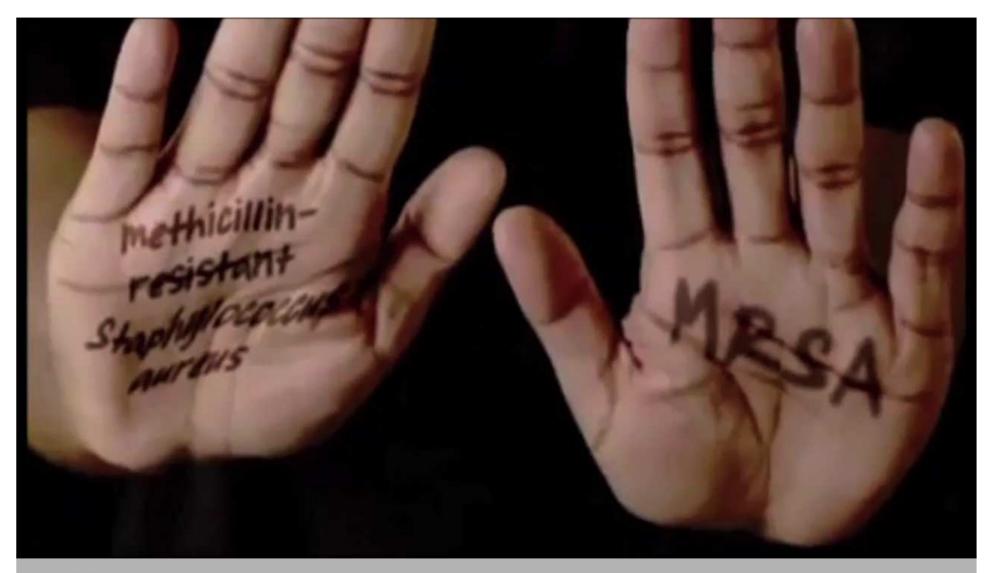
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Healthcare-associated infections affect millions of patients worldwide



