



**World Health Organization**

**Patient Safety**  
A World Alliance for Safer Health Care

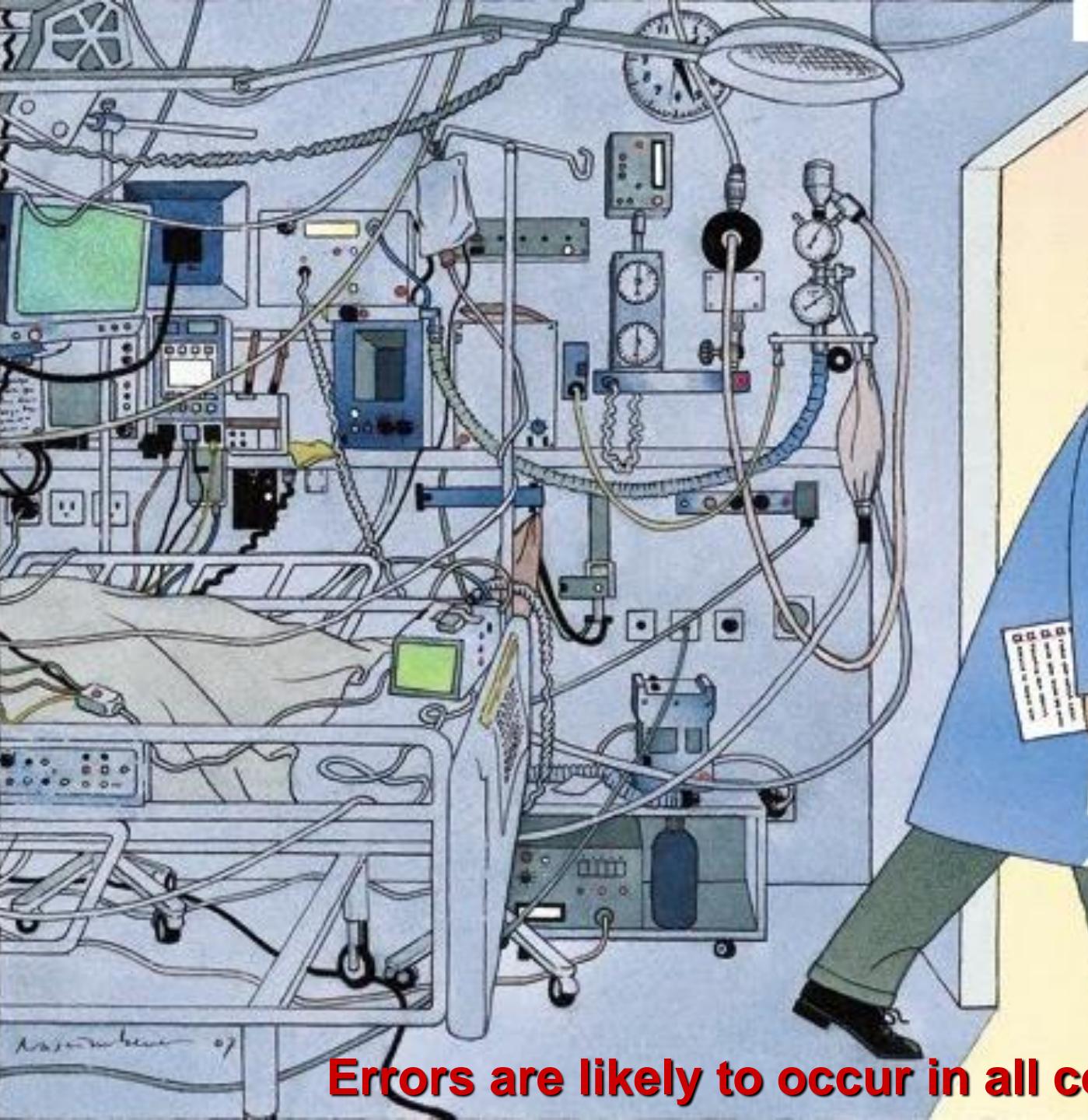
## PRESENTACIÓN DE RESULTADOS DEL PROYECTO BACTERIEMIA ZERO

**Mercedes Palomar Martínez,  
Directora Técnica del Proyecto Bacteriemia Zero.  
SEMICYUC**

27 DE OCTUBRE DE 2011

Auditorio Ramón y Cajal

Facultad de Medicina de la Universidad Complutense de Madrid



**Errors are likely to occur in all complex systems.**

## TASAS DE INFECCIÓN ADQUIRIDA EN UCI. ESTUDIO ENVIN-HELICS 1994-2008

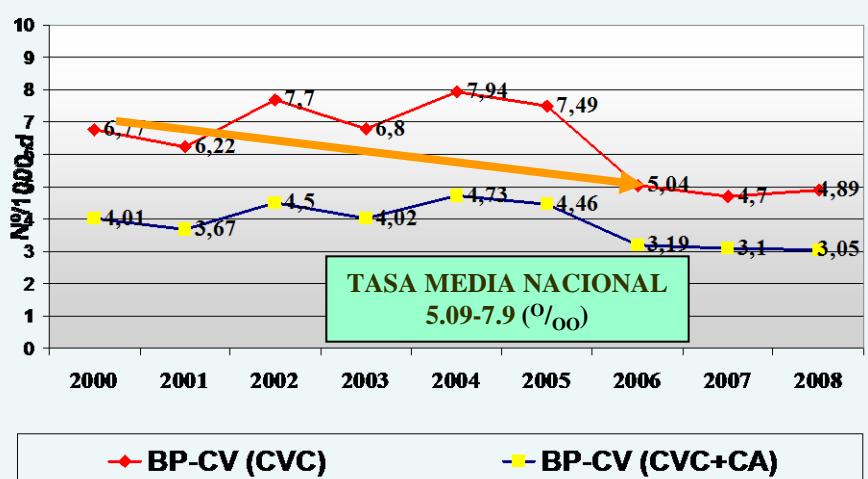
Consolidada la vigilancia

Reducción de las tasas pendiente

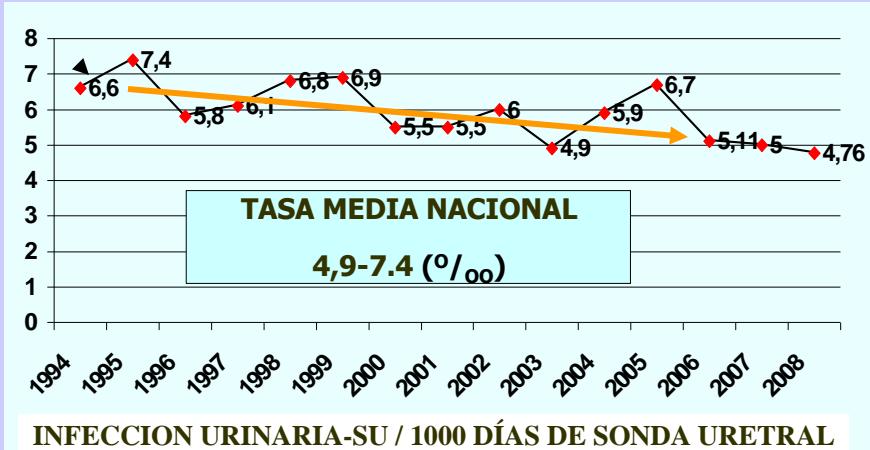
### NEUMONIA RELACIONADA CON VM



### BACTERIEMIA PRIMARIA-CV.



### INFECCION URINARIA RELACIONADA CON SU



ASSOCIATION

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# Michigan Health & Hospital Association

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## Michigan Health & Hospital Association

### MHA Keystone Center for Patient Safety & Quality

The Michigan Health & Hospital Association's (MHA) Keystone Center for Patient Safety & Quality was created in March 2003 as a 501(c)(3) division of the MHA Health Foundation. MHA Keystone brings together hospitals, national experts and best practice evidence to improve patient safety by addressing the quality of health care delivery at the bedside. One of Keystone's most ambitious collaboratives, Keystone: ICU, exists through an ongoing and innovative partnership with patient safety experts at Johns Hopkins University.



Learn how MHA Keystone teams  
are not only improving patient care,  
but also serving as a  
patient safety model for  
the entire country.



**MHA Keystone Center  
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# The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

DECEMBER 28, 2006

VOL. 355 NO. 26

## An Intervention to Decrease Catheter-Related Bloodstream Infections in the ICU

Peter Pronovost, M.D., Ph.D., Dale Needham, M.D., Ph.D., Sean Berenholtz, M.D., David Sinopoli, M.P.H., M.B.A., Haitao Chu, M.D., Ph.D., Sara Cosgrove, M.D., Bryan Sexton, Ph.D., Robert Hyzy, M.D., Robert Welsh, M.D., Gary Roth, M.D., Joseph Bander, M.D., John Kepros, M.D., and Christine Goeschel, R.N., M.P.A.

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An Intervention to Decrease Catheter-Related Bloodstream Infections in the ICU

Mean from 7,7 epis/1.000 CVC days to 1,4 after 18 months (p<0,002).

**Table 3.** Rates of Catheter-Related Bloodstream Infection from Baseline (before Implementation of the Study Intervention) to 18 Months of Follow-up.\*

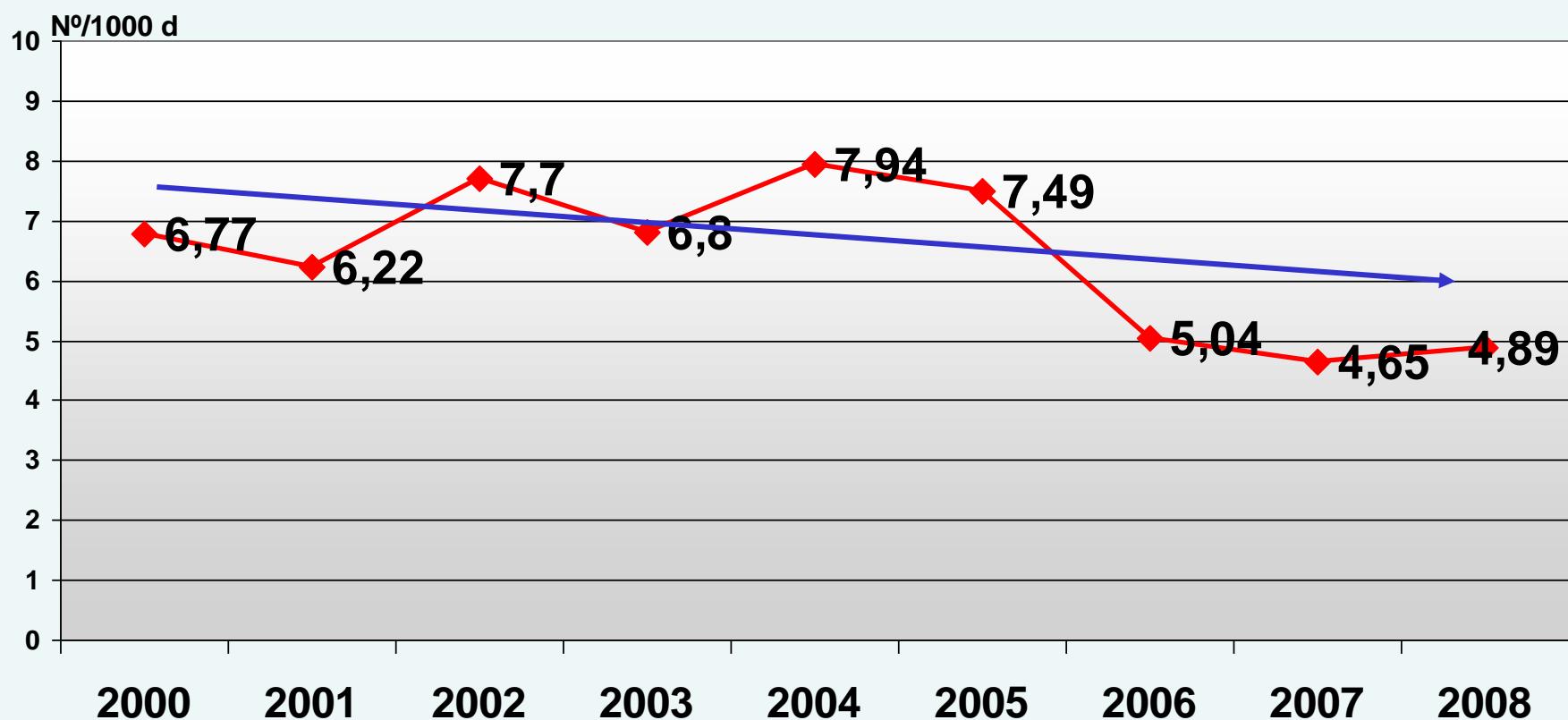
Study Period	No. of ICUs	No. of Bloodstream Infections per 1000 Catheter-Days				
		Overall	Teaching Hospital	Nonteaching Hospital	<200 Beds	≥200 Beds
Baseline	55	2.7 (0.6–4.8)	2.7 (1.3–4.7)	2.6 (0–4.9)	2.1 (0–3.0)	2.7 (1.3–4.8)
During implementation	96	1.6 (0–4.4)†	1.7 (0–4.5)	0 (0–3.5)	0 (0–5.8)	1.7 (0–4.3)†
After implementation						
0–3 mo	96	0 (0–3.0)‡	1.3 (0–3.1)†	0 (0–1.6)†	0 (0–2.7)	1.1 (0–3.1)‡
4–6 mo	96	0 (0–2.7)‡	1.1 (0–3.6)†	0 (0–0)‡	0 (0–0)†	0 (0–3.2)‡
7–9 mo	95	0 (0–2.1)‡	0.8 (0–2.4)‡	0 (0–0)‡	0 (0–0)†	0 (0–2.2)‡
10–12 mo	90	0 (0–1.9)‡	0 (0–2.3)‡	0 (0–1.5)‡	0 (0–0)†	0.2 (0–2.3)‡
13–15 mo	85	0 (0–1.6)‡	0 (0–2.2)‡	0 (0–0)‡	0 (0–0)†	0 (0–2.0)‡
16–18 mo	70	0 (0–2.4)‡	0 (0–2.7)‡	0 (0–1.2)†	0 (0–0)†	0 (0–2.6)‡

\* Because the ICUs implemented the study intervention at different times, the total number of ICUs contributing data for each period varies. Of the 103 participating ICUs, 48 did not contribute baseline data. P values were calculated by the two-sample Wilcoxon rank-sum test.

† P≤0.05 for the comparison with the baseline (preimplementation) period.

‡ P≤0.002 for the comparison with the baseline (preimplementation) period.

**CRB+PB ID: EPISODES x 1000 CVC-DAYS**  
**ENVIN-HELICS 2000-2008.**

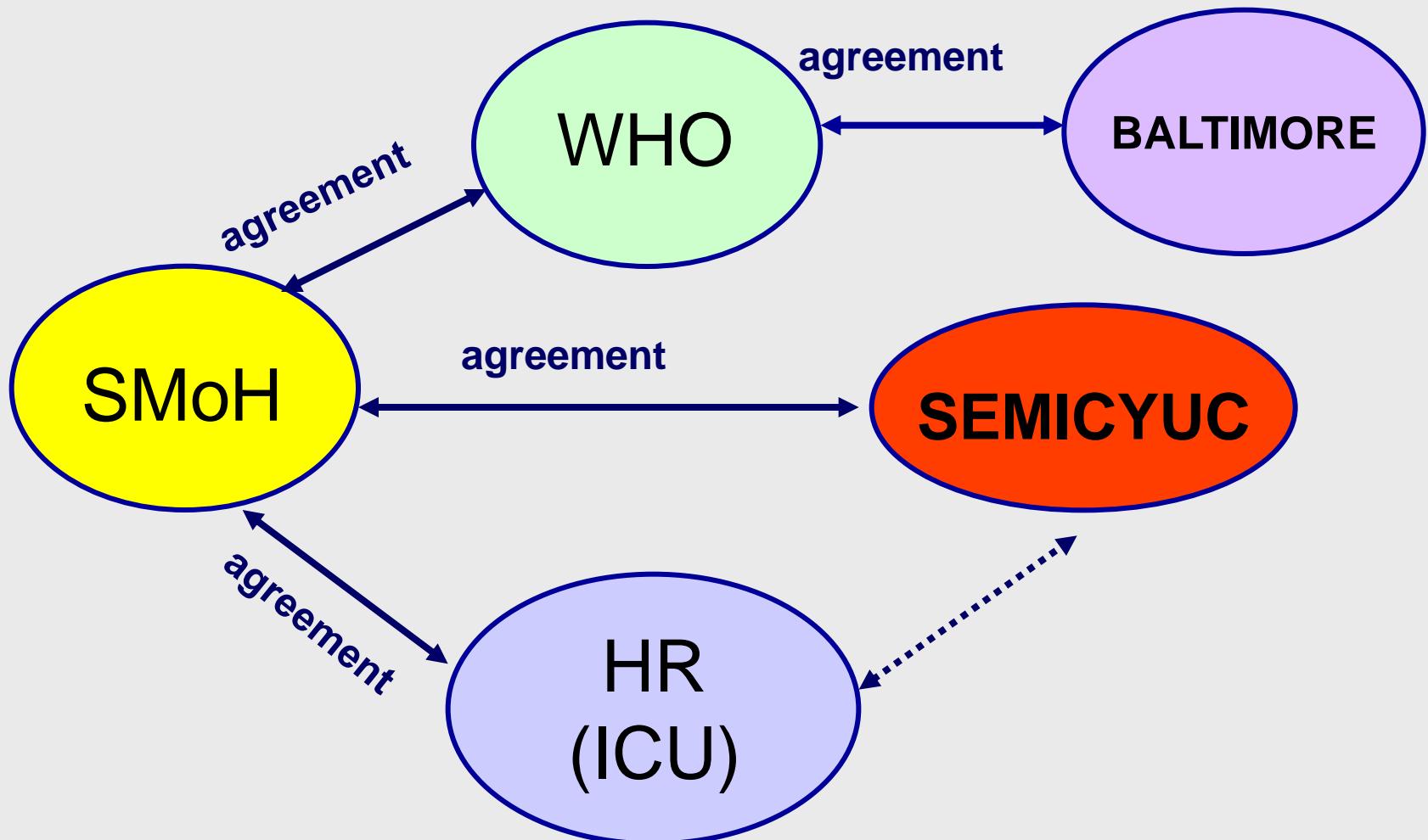


# Bacteriemia zero

## PROTOCOLO PREVENCIÓN DE LAS BACTERIEMIAS RELACIONADAS CON CATÉTERES VENOSOS CENTRALES (BRC) EN LAS UCI ESPAÑOLAS



# GENERAL FRAMEWORK



# Bacteriemia **zero**

- The WHO and the Spanish Ministry of Health provided supervision and program coordination across the Health Regions and secured funding from the SMH.
- The Armstrong Institute (Baltimore) provided technical support and advice.
- The Spanish Society led and coordinated scientific activities and technical aspects in the ICUs.

# OBJECTIVES

- Reduce ICU CLABSI (< 4 episodes per 1000 CL days)
- Create through the HR an ICU network to apply effective Safe Practices
- Promote Safety Culture in the Spanish ICU
- Improve CLABSI information system

## Bacteriemia zero

- The original Keystone ICU project was adapted to fit the organizational and cultural characteristics of the Spanish health care system.
- The model to engage, educate, execute, and evaluate was unchanged and a key element of the study implementation

# Bacteriemia **zero**

## STOP-BRC

- a. Hand hygiene.
- b. Chlorhexidine skin antisepsis.
- c. Maximal barriers precautions
- d. Preferred site selection: **subclavian vein**.
- e. Removal of unnecessary lines
- f. **Hygienic catheter management**

## Comprehensive Safety Plan

1. Evaluate safety culture
2. Education on safety culture
3. Identify defects in clinical practice
4. Establish alliances with Executive Board
5. Learn from defects

- A preparation phase (eg, activity planning, engagement of ICUs) with baseline data collection occurred from April to December 2008.
- An implementation phase was defined for the first 3 months of the study (beginning in January 2009), and the post-intervention phase that ended June 2010.
- A coordinating team including an ICU physician and a nurse was established for each Health Region with the responsibility to coordinate and interact with hospital authorities and participating ICUs in their region.
- A physician and a nurse in each participating ICU shared the leadership of the study.
- An electronic discussion platform and direct and timely access to ICU results were provided
- Nine meetings were held during the project with ICU leaders to facilitate engagement, training, problem-solving, and feedback.

# Study Hypothesis, Exposure and Outcomes

- It was **hypothesized** that proper contextual adaptation and large scale implementation in Spanish ICUs of the Keystone project would be effective in decreasing CRBSI rates.
- The **primary outcome** was the quarterly rate of CRBSI.
- The **secondary outcome** was to assess the influence of ICU and hospital characteristics on rates of CRBSI.
- We defined exposure as the post-implementation period after full implementation of the study intervention, which involved six temporal variables, and compared these values with the baseline value.

# Definitions

<b>BSI</b>	<b>A positive BC with recognized pathogen or two BCs with skin contaminant including clinical symptoms</b>
	<b>BSI with origin “Catheter” (BSI-C) + BSI with origin “Unknown” (BSI-U)</b>
<b>CRBSI</b>	<p><b>BSI-C</b></p> <ul style="list-style-type: none"> <li><b>Isolated of the same microorganism (species and identical antibiotic susceptibility testing) in the BC from a peripheral vein and</b></li> <li><b>a A quantitative CVC tip culture <math>\geq 10^3</math> cfu/mL or semiquantitative CVC tip culture <math>&gt; 15</math> cfu</b></li> <li><b>b A quantitative blood culture ratio CVC blood sample/ peripheral blood sample <math>&gt; 5</math></b></li> <li><b>c Differential delay of positivity of blood cultures: CVC blood sample culture positive 2 hour or less before peripherals blood culture (blood sample drawn at the same time)</b></li> <li><b>d Positive culture with the same microorganism from pus from insertion site</b></li> </ul> <p><b>BSI-U</b></p> <ul style="list-style-type: none"> <li><b>BSI without apparent focus of infection</b></li> <li><b>aPositive BC, negative CVC tip culture and disappearance of symptoms within 48 hour after removal of the venous line</b></li> <li><b>bPositive BC without identification of the responsible focus</b></li> </ul>
<b>BSI-S</b>	<b>BSI secondary to other infection site. BC positive for the same pathogen isolated from samples from secondary sites (wound site, urine, respiratory tract, other sterile site, and other nonsterile site)</b>

## *Statistical Analysis*

- The number of CRBSI, catheter-days, and incidence rates were expressed as medians and interquartile ranges (25th-75th percentile).
- Monthly data were aggregated into **3-month periods** (quarters) to coincide with the implementation periods. The quarterly infection rate was calculated as the number of infections per 1000 catheter-days for each 3-month period.
- To explore the exposure-outcome relationship, we used generalized **linear mixed regression models** with a Poisson distribution to calculate the incidence rates, incidence rate ratio (IRR), and 95% confidence intervals (CI), considering the ICU unit as random and the other factors as fixed effects.
- In the **final regression analysis**, period estimates were adjusted by **hospital size, teaching status, and seasonality**. All tests of significance were two-sided and set at  $P < 0.05$ . We used SAS version 9.2 software for the analyse (Cary, NC).

# Online training course

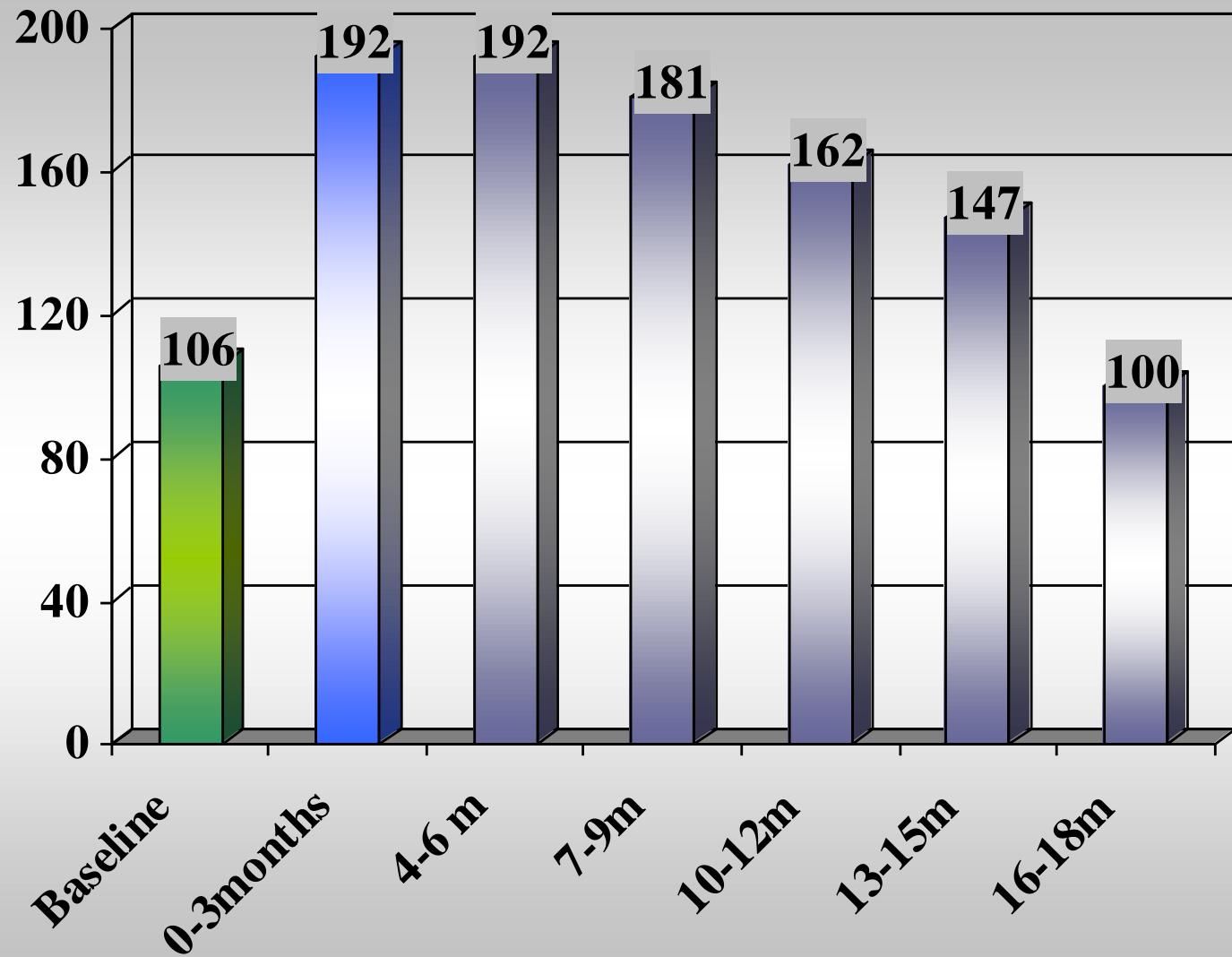
Health care professionals: 14,879

- Physicians 1,616
- Registered nurses: , 8,598 ,
- Clinical assistants: 4,331
- Other professionals: 334

Hospital survey on patient safety culture questionnaire:  
6,629 professionals

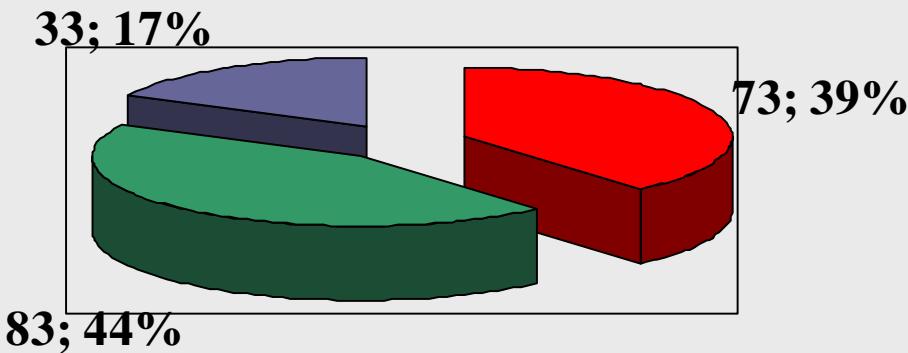
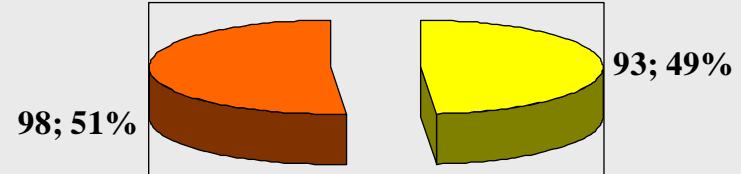
	Period						
	Baseline	Implementation (0-3 months)	4-6 months	7-9 months	10-12 months	13-15 months	16-18 months
ICUs, No. <sup>a</sup>	106	192	192	181	162	147	100
ICU admissions, No.	14970	26160	26165	24097	21777	19631	10975
Patient-days, total No.	95000	164204	160983	154916	140797	118870	65678
Catheter-days, total No.	78092	128060	125834	117526	112719	93234	51983
BSI, total No.	467	610	732	591	576	384	245
CRBSI, total No.	334	379	454	336	308	191	110
BSI-C, total No.	148	153	194	144	139	102	52
BSI-U, total No.	186	226	260	192	169	89	58
BSI-S, total No.	133	231	278	255	268	193	135
Patients with BSI (%)	413 (2.76)	555 (2.12)	668 (2.55)	550 (2.28)	524 (2.41)	364 (1.85)	225 (2.05)
Patients with CRBSI (%)	292 (1.95)	345 (1.32)	416 (1.59)	313 (1.30)	283 (1.30)	183 (0.93)	106 (0.97)
Patients with >1 CRBSI	36 (12.3%)	29 (8.41)	33 (7.93)	20 (6.39)	21 (7.42 )	6 (3.28 )	4 (3.77 )

# N ICUs

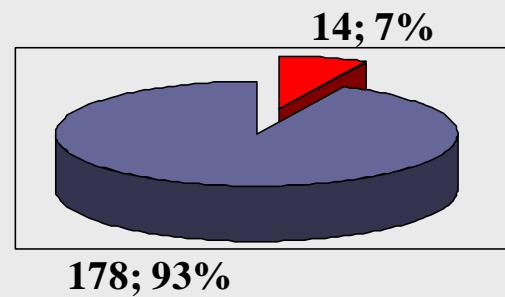


# SIZE AND TYPE OF ICUs

■ Large ■ Medium ■ Small

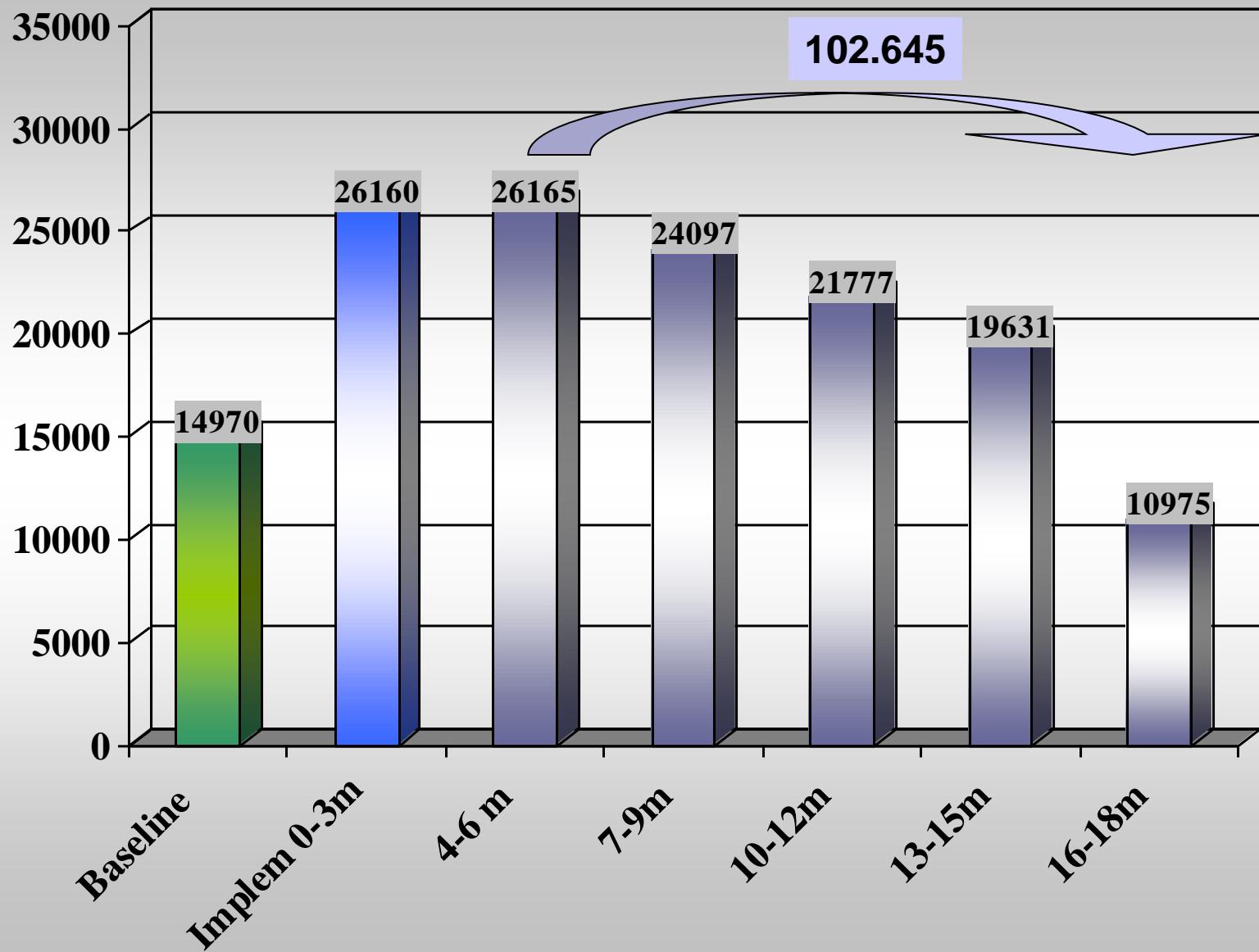


■ Teaching ■ Non-teaching

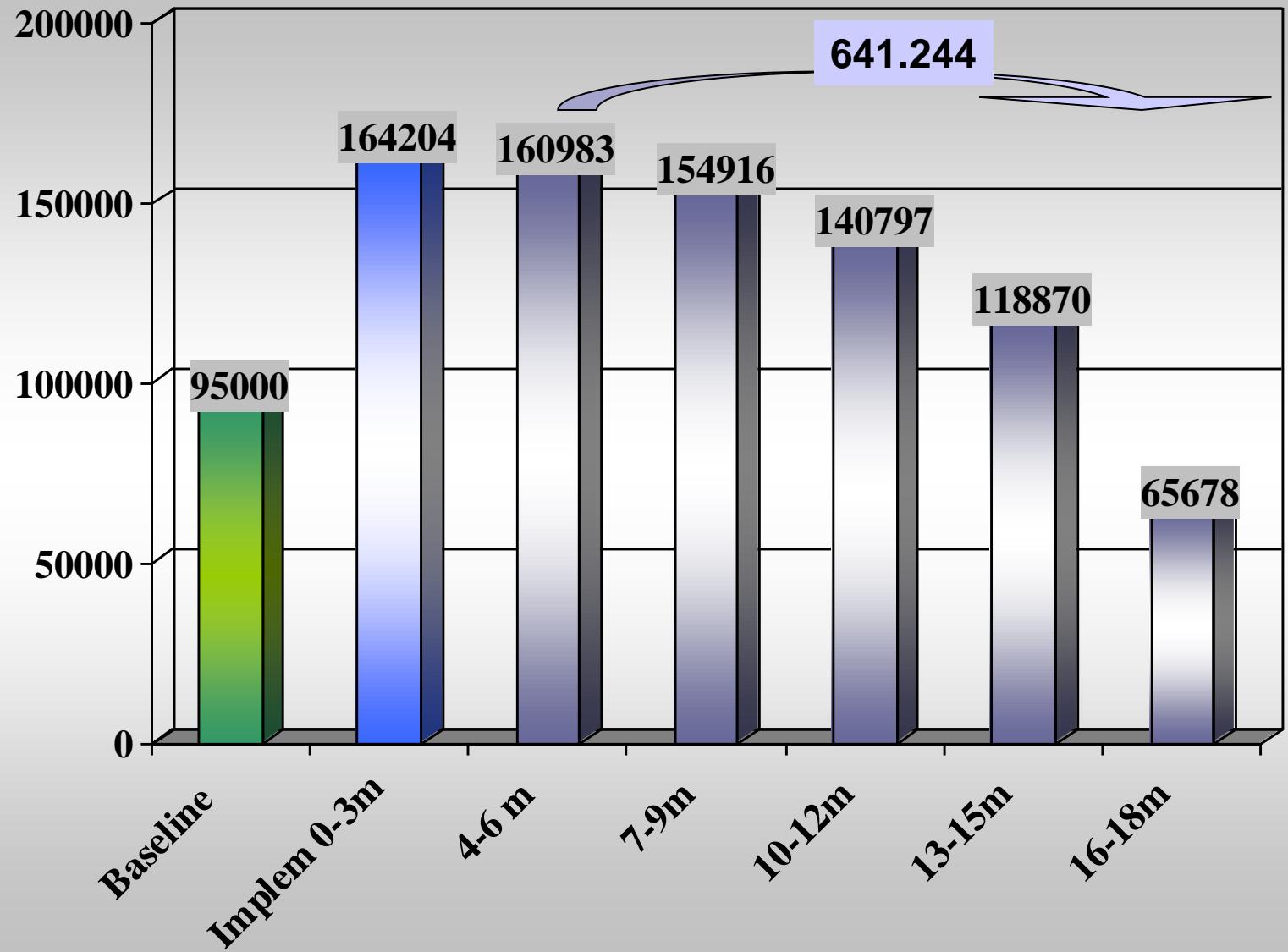


■ Private ■ Public

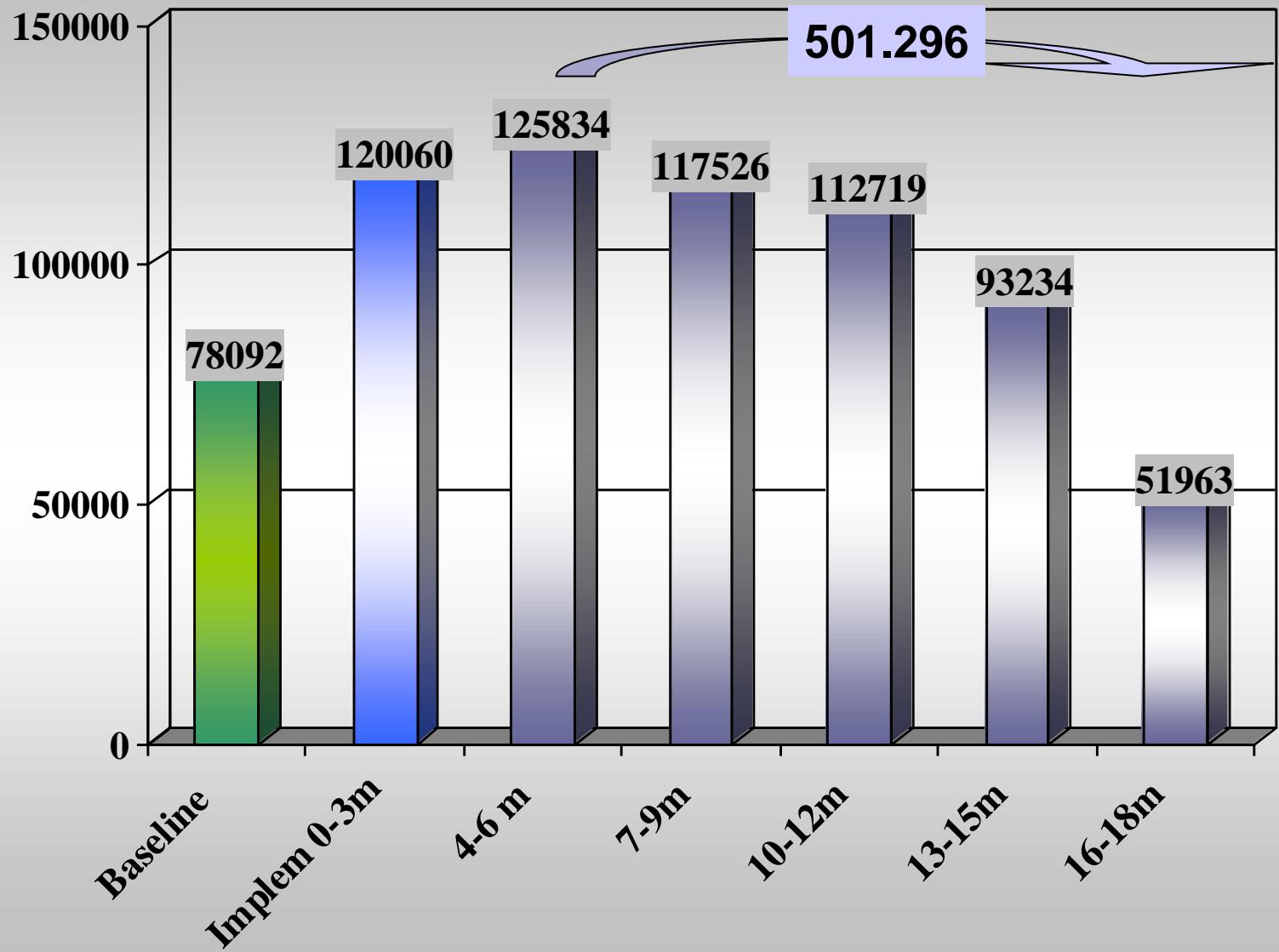
# ICU admissions



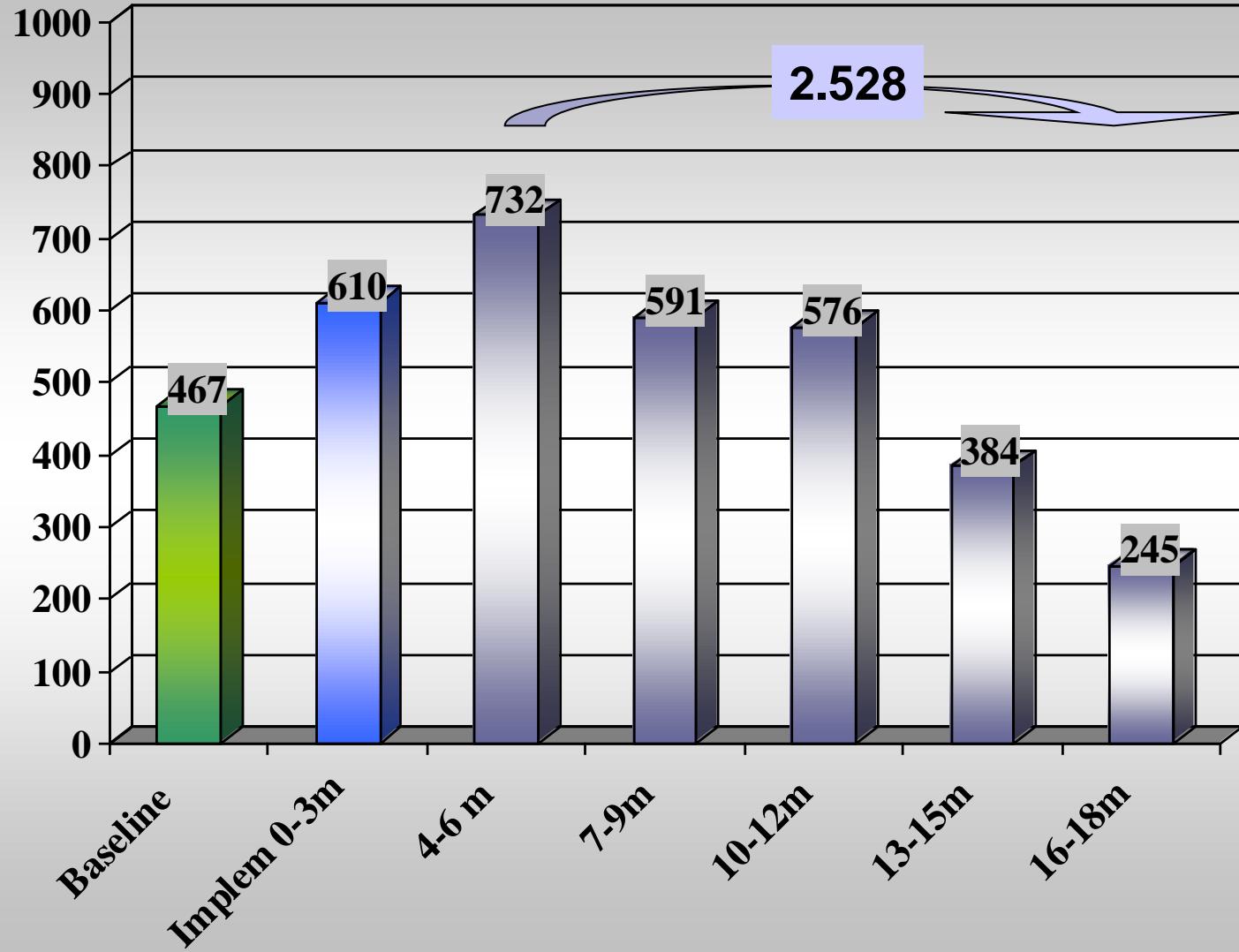
# Patient-days



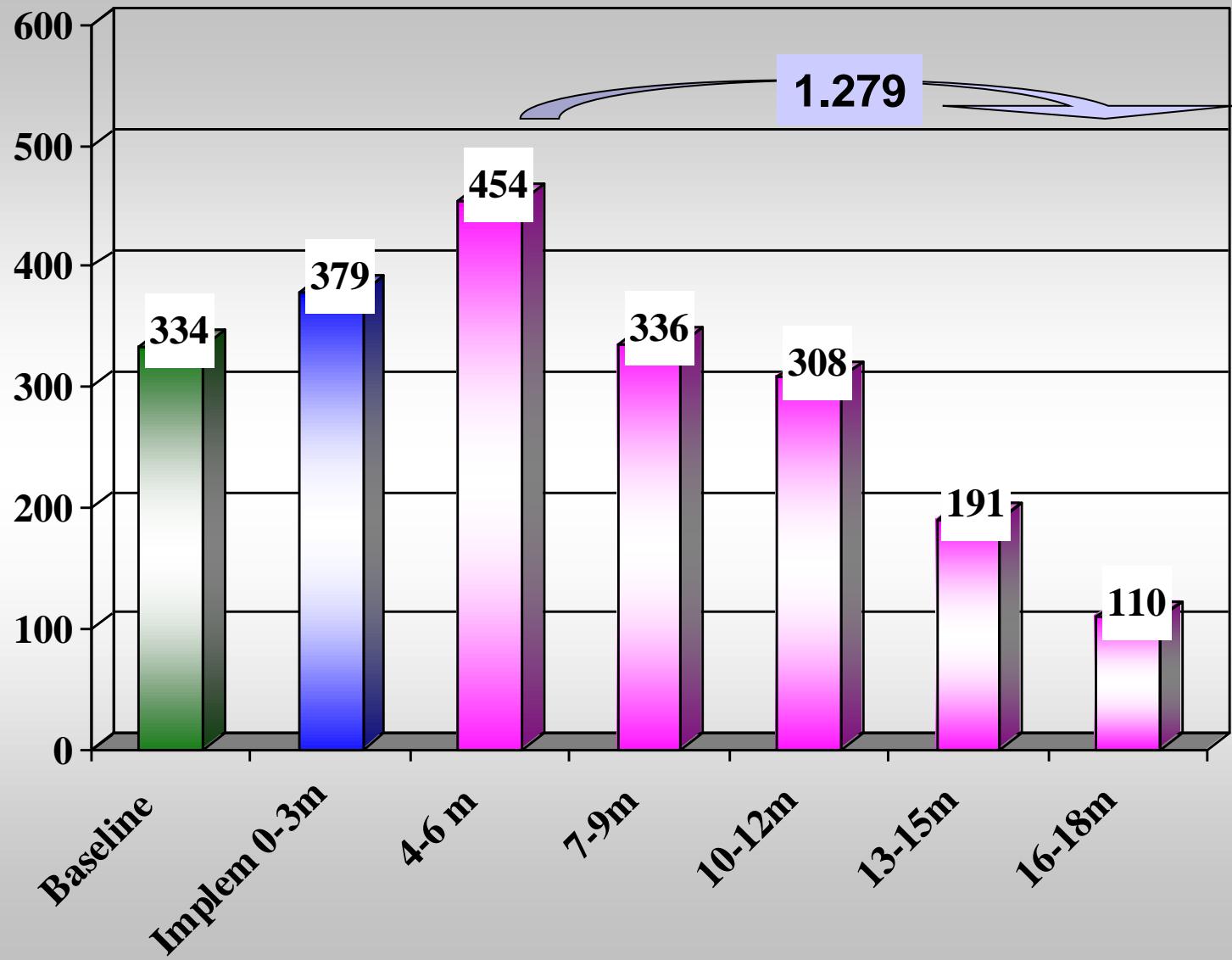
# CVC-days



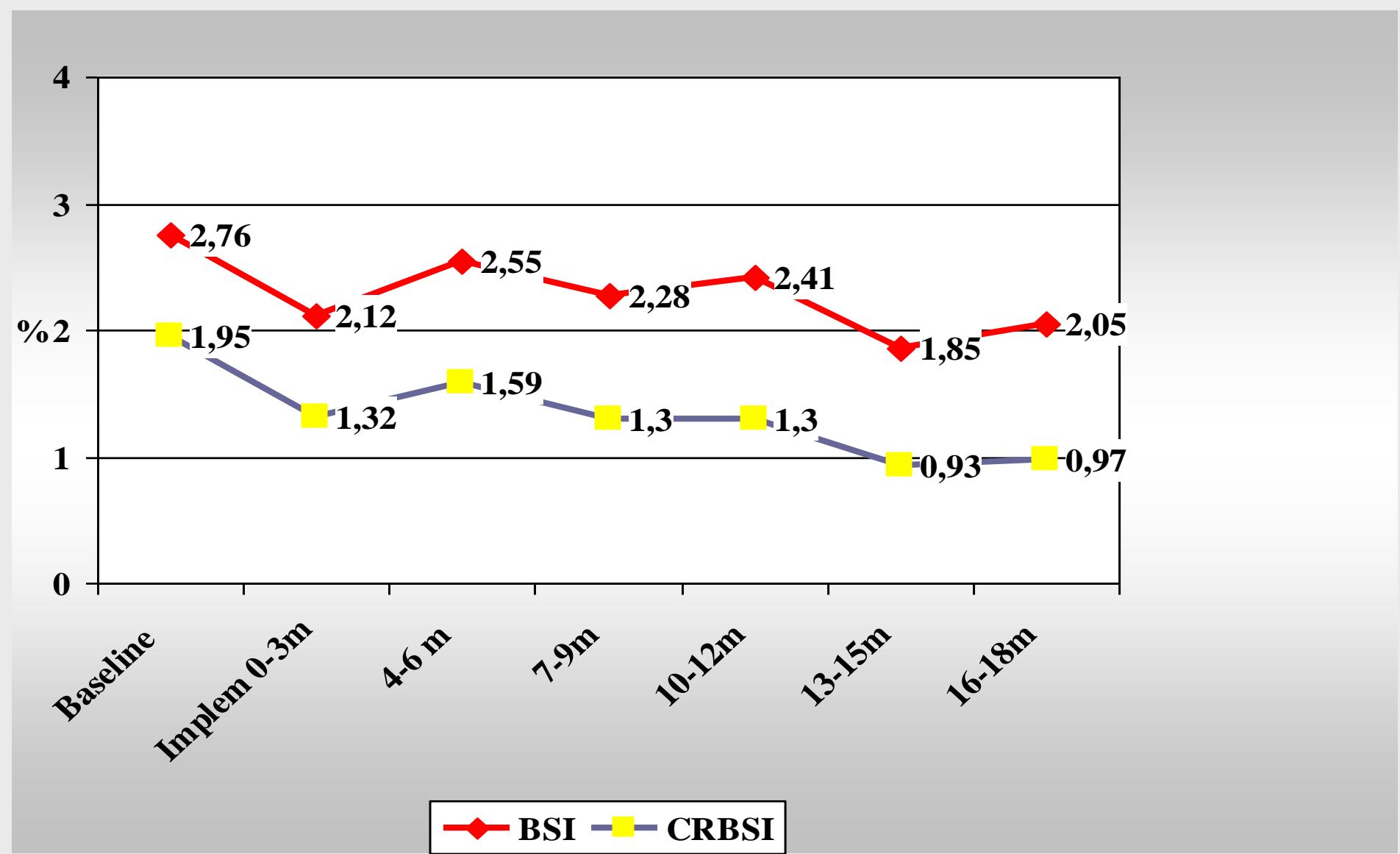
# BSI (CRBSI+BSI-S)



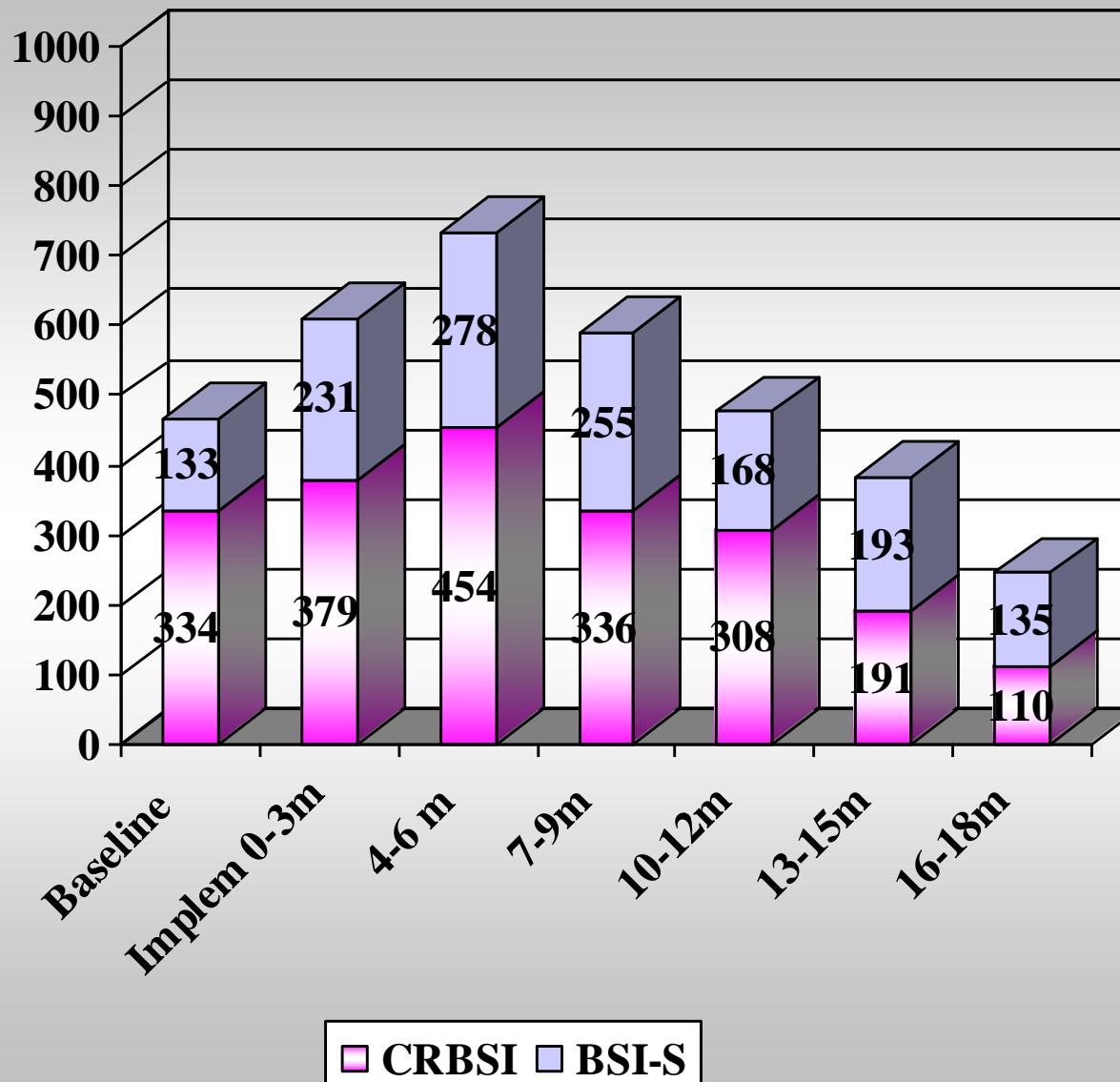
# CRBSI



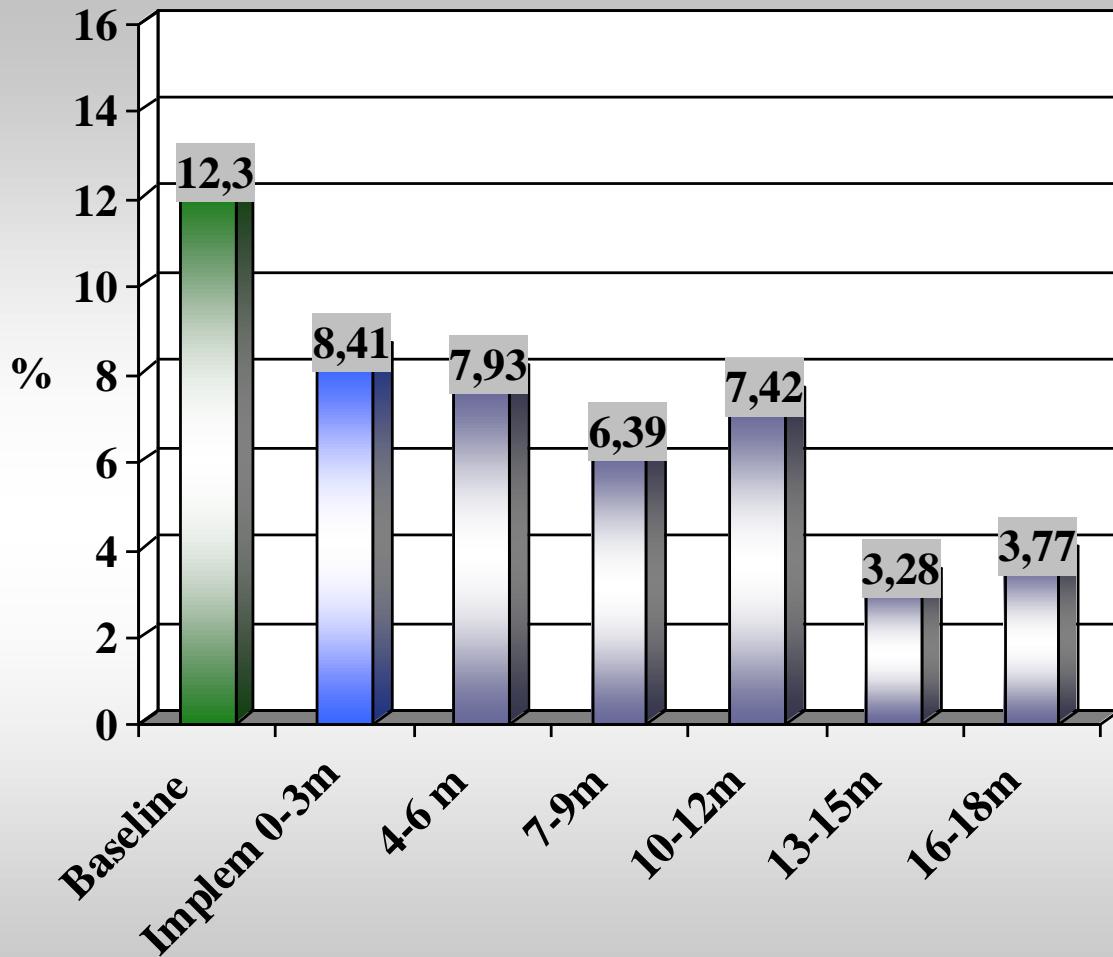
# Patients with BSI and CRBSI (%)



# CRBSI and BSI-S (No)



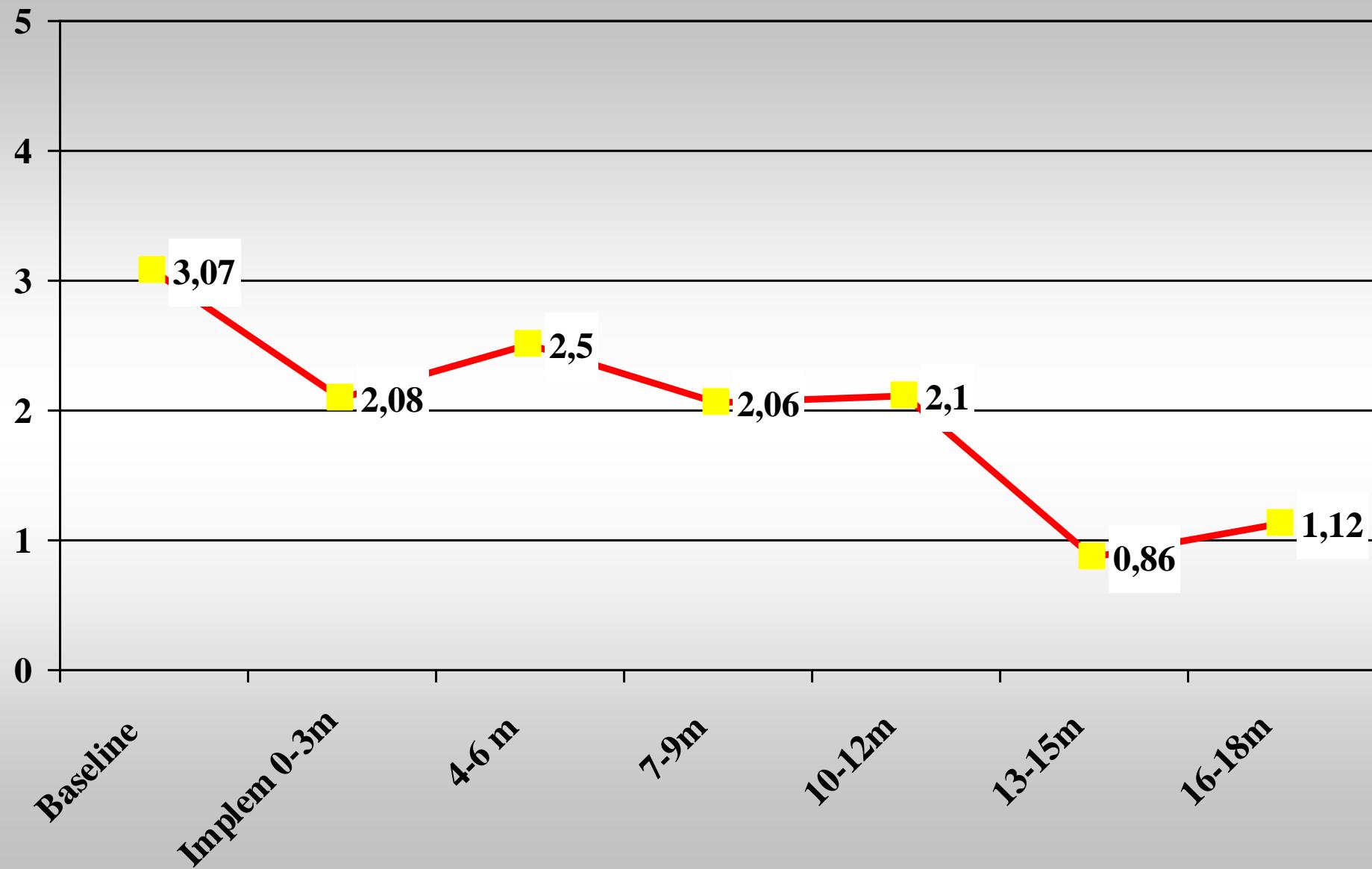
# Patients with >1 CRBSI



# Incidence of Catheter-Related Bloodstream Infection

Period	ICUs	Events		Catheter-days		Incidence rate <sup>a</sup> . Median (IQR)
		No.	Median (IQR) <sup>b</sup>	No.	Median (IQR)	
Baseline	106	334	2 (0-5)	78092	582 ( 308 - 1022)	3.07 (0.00 - 5.35)
Implementation (0-3 months)	192	379	1 (0 - 3)	128060	529 ( 280 - 930)	2.08 (0.00 - 3.71)
4-6 months	192	454	1 (0 - 3)	125834	492 ( 282 - 903)	2.50 (0.00 - 4.71)
7-9 months	181	336	1 (0 - 3)	117526	514 ( 277 - 894)	2.06 (0.00 - 4.07)
10-12 months	162	308	1 (0 - 3)	112719	519 ( 323 - 961)	2.10 (0.00 - 3.80)
13-15 months	147	191	1 (0 - 2)	93234	473 ( 253 - 876)	0.86 (0.00 - 2.58)
16-18 months	100	110	1 (0 - 2)	51983	370 ( 222 - 702)	1.12 (0.00 - 3.24)

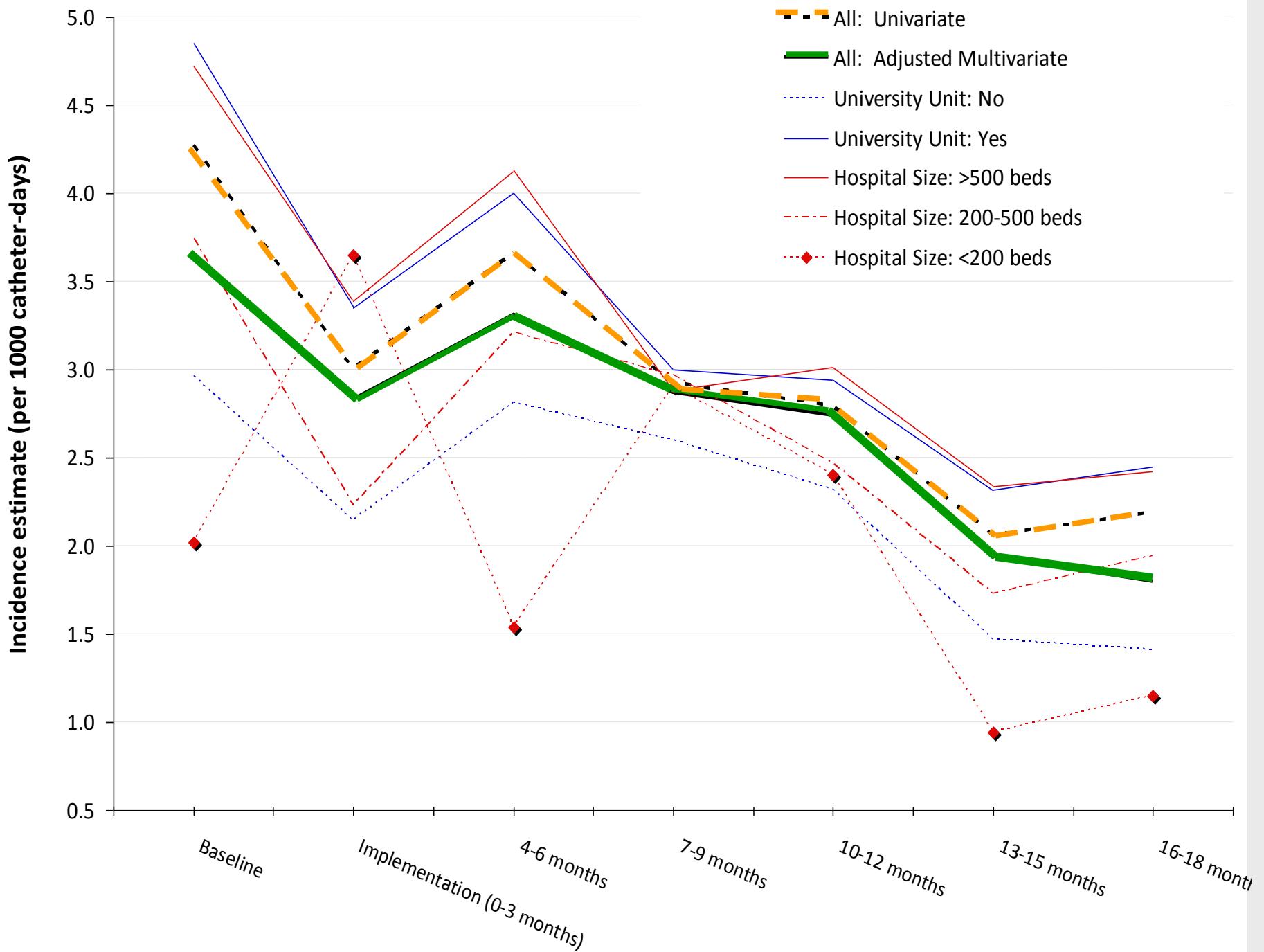
# CRBSI: Incidence rate (Median)



Variable	Effect	Univariate Analysis <sup>a</sup>		Adjusted Multivariate Analysis <sup>b</sup>	
		Incidence <sup>c</sup> Estimate (95%CI)	Incidence-Rate Ratio Estimate (95%CI)	Incidence <sup>c</sup> Estimate (95%CI)	Incidence-Rate Ratio: Estimate (95%CI)
Period	Baseline	4.27 ( 3.75 - 4.86)	Ref. ( $P < 0.001$ )	3.64 ( 3.04 - 4.35)	Ref. ( $P < 0.001$ )
	Implementation (0-3 months)	3.00 ( 2.64 - 3.39)	0.70 ( 0.60 - 0.82)	2.83 ( 2.38 - 3.37)	0.78 ( 0.66 - 0.92)
	4-6 months	3.66 ( 3.26 - 4.10)	0.86 ( 0.74 - 1.00)	3.31 ( 2.81 - 3.89)	0.91 ( 0.78 - 1.07)
	7-9 months	2.92 ( 2.56 - 3.33)	0.68 ( 0.58 - 0.80)	2.87 ( 2.40 - 3.45)	0.79 ( 0.66 - 0.95)
	10-12 months	2.79 ( 2.43 - 3.20)	0.65 ( 0.55 - 0.77)	2.74 ( 2.28 - 3.30)	0.75 ( 0.63 - 0.91)
	13-15 months	2.06 ( 1.74 - 2.45)	0.48 ( 0.40 - 0.59)	1.94 ( 1.57 - 2.39)	0.53 ( 0.43 - 0.65)
	16-18 months	2.19 ( 1.77 - 2.71)	0.51 ( 0.41 - 0.65)	1.80 ( 1.40 - 2.32)	0.50 ( 0.39 - 0.63)
Hospital size	>500 beds	3.31 ( 2.99 - 3.67)	Ref. ( $P = 0.026$ )	2.94 ( 2.58 - 3.34)	Ref. ( $P = 0.383$ )
	200-500 beds	2.69 ( 2.33 - 3.12)	0.81 ( 0.68 - 0.97)	2.61 ( 2.26 - 3.01)	0.89 ( 0.74 - 1.07)
	<200 beds	2.28 ( 1.53 - 3.40)	0.69 ( 0.45 - 1.04)	2.45 ( 1.65 - 3.63)	0.83 ( 0.55 - 1.27)
University Unit	Yes	3.37 ( 3.07 - 3.69)	Ref. ( $P < 0.001$ )	3.06 ( 2.58 - 3.64)	Ref. ( $P = 0.006$ )
	No	2.33 ( 1.99 - 2.74)	0.69 ( 0.58 - 0.83)	2.31 ( 1.93 - 2.76)	0.75 ( 0.62 - 0.92)
Seasonality	May-June	3.58 ( 3.24 - 3.96)	Ref. ( $P < 0.001$ )	2.97 ( 2.53 - 3.48)	Ref. ( $P < 0.001$ )
	Other	2.82 ( 2.57 - 3.09)	0.79 ( 0.71 - 0.87)	2.38 ( 2.05 - 2.77)	0.80 ( 0.71 - 0.90)
Hospital type	Public	3.08 ( 2.83 - 3.35)	Ref. ( $P = 0.176$ )		
	Private	2.28 ( 1.48 - 3.50)	0.74 ( 0.48 - 1.15)		
Study follow-up	5-6 months	4.54 ( 3.25 - 6.34)	Ref. ( $P = 0.190$ )		
	7-9 months	3.16 ( 2.27 - 4.40)	0.70 ( 0.43 - 1.11)		
	10-12 months	2.80 ( 2.09 - 3.77)	0.62 ( 0.40 - 0.96)		
	13-15 months	2.94 ( 2.46 - 3.52)	0.65 ( 0.44 - 0.94)		
	16-18 months	2.99 ( 2.69 - 3.34)	0.66 ( 0.46 - 0.94)		

Variable	Effect	Univariate Analysis <sup>a</sup>		Adjusted Multivariate Analysis <sup>b</sup>	
		Incidence <sup>c</sup> Estimate (95%CI)	Incidence-Rate Ratio Estimate (95%CI)	Incidence <sup>c</sup> Estimate (95%CI)	Incidence-Rate Ratio: Estimate (95%CI)
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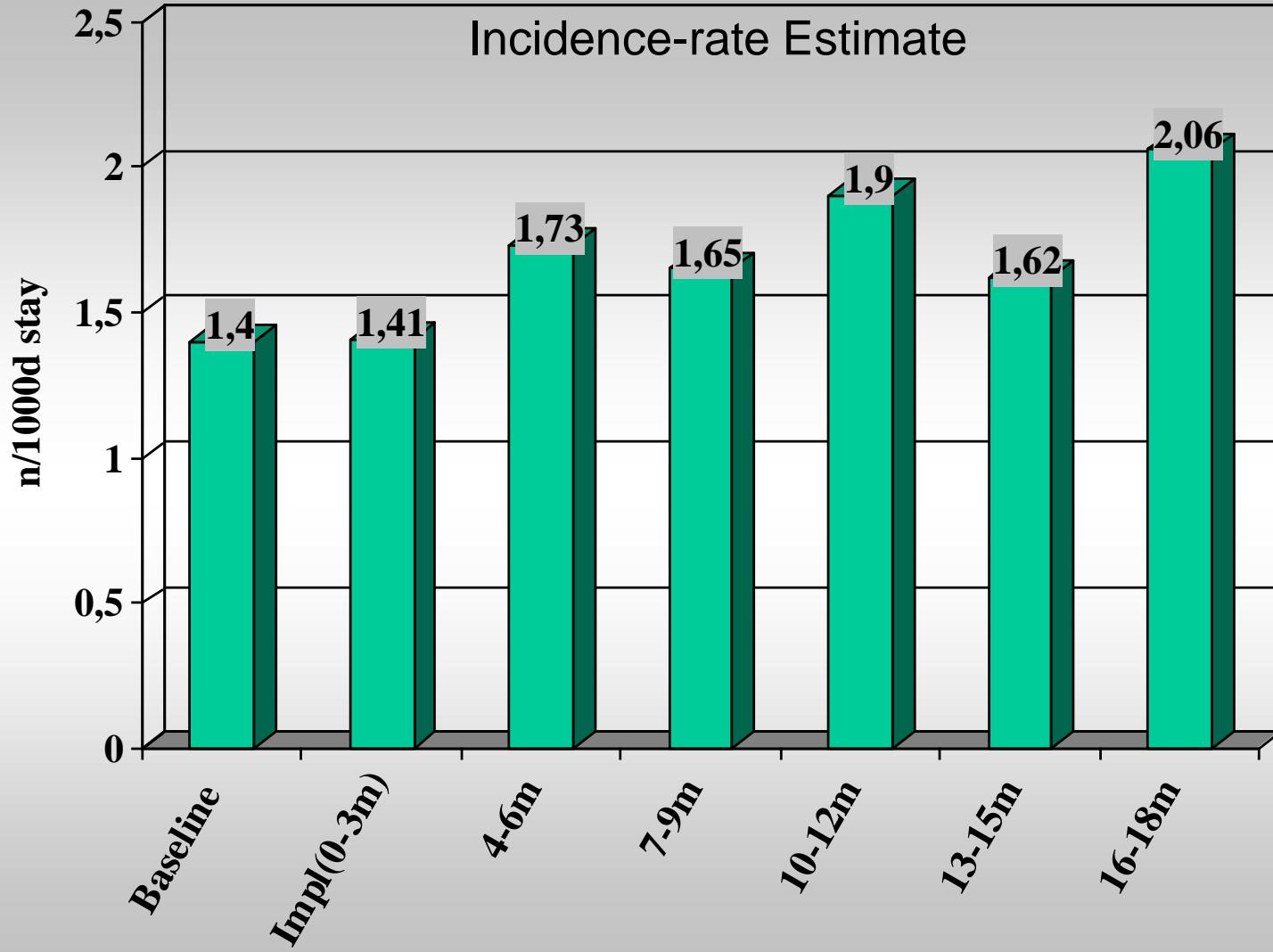
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	200-500 beds	2.69 ( 2.33 - 3.12)	0.81 ( 0.68 - 0.97)	2.61 ( 2.26 - 3.01)	0.89 ( 0.74 - 1.07)
	<200 beds	2.28 ( 1.53 - 3.40)	0.69 ( 0.45 - 1.04)	2.45 ( 1.65 - 3.63)	0.83 ( 0.55 - 1.27)
University Unit	Yes	3.37 ( 3.07 - 3.69)	Ref. (P < 0.001)	3.06 ( 2.58 - 3.64)	Ref. (P = 0.006)
	No	2.33 ( 1.99 - 2.74)	0.69 ( 0.58 - 0.83)	2.31 ( 1.93 - 2.76)	0.75 ( 0.62 - 0.92)
Seasonality	May-June	3.58 ( 3.24 - 3.96)	Ref. (P < 0.001)	2.97 ( 2.53 - 3.48)	Ref. (P < 0.001)
	Other	2.82 ( 2.57 - 3.09)	0.79 ( 0.71 - 0.87)	2.38 ( 2.05 - 2.77)	0.80 ( 0.71 - 0.90)



**Table 1-e. BSI-Secondary to other Infection Sites during the Study Period**

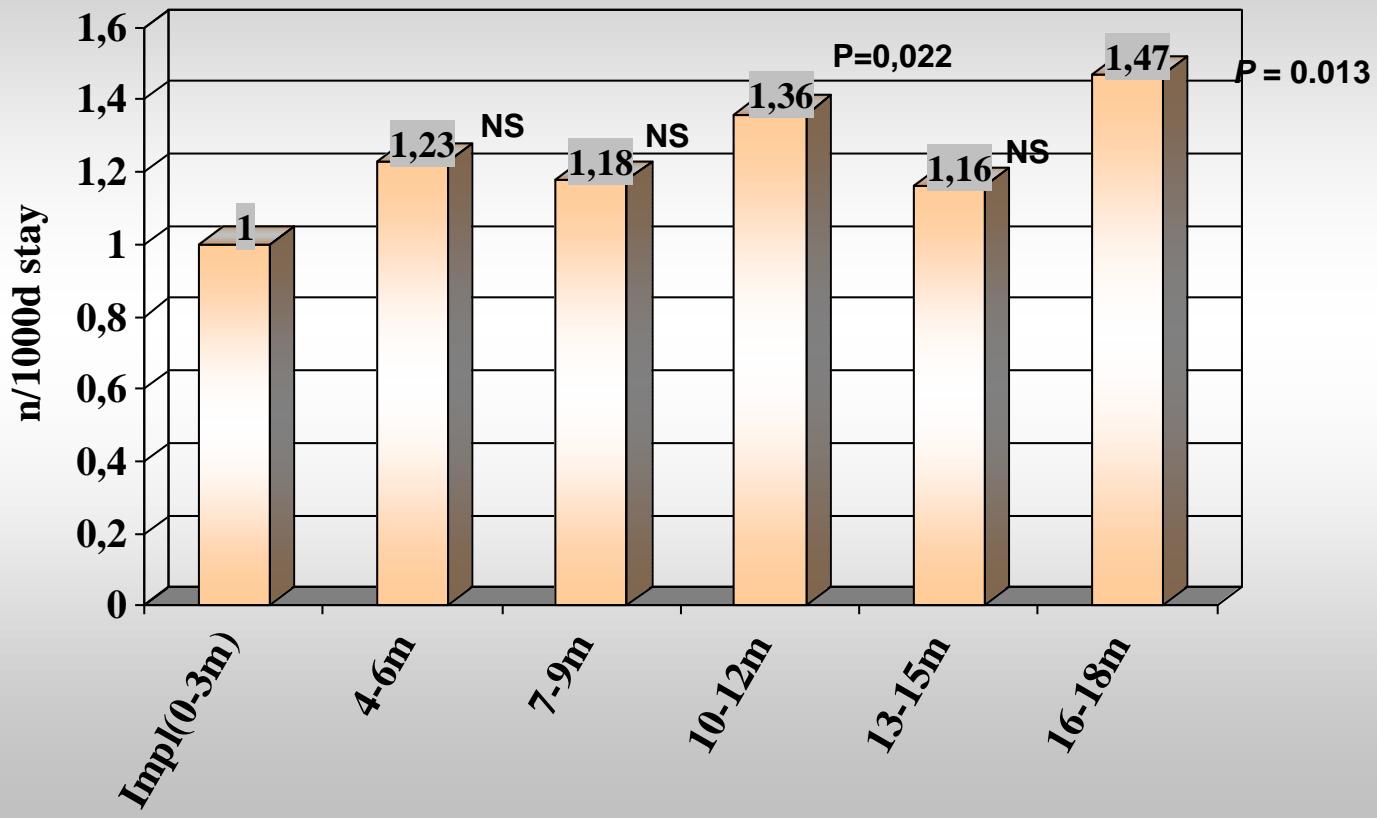
Variable	No.	Events		Admission days		Incidence-rate Median (IQR)	Incidence-rate Estimate (95% CI)	Incidence-rate ratio Estimate (95% CI), <i>P</i> value
		No.	Median (IQR)	No.	Median (IQR)			
Baseline	106	133	1 (0-2)	95000	774 (436-1184)	0.59 (0-2.02)	1.40 (1.13-1.74)	Reference
Implementation 0-3 months	192	231	0 (0-2)	164204	723 (415-1168)	0.0 (0-1.98)	141 (1.20-1.66)	1.0 (0.77-1.32) <i>P</i> =0.972
After implementation			NS					
4-6 months	192	278	0 (0-2)	160983	707 (403-1070)	0 (0-2.64)	1.73 (1.49-2.0)	1.23 (0.95-1.60) <i>P</i> =0.115
7-9 months	181	255	0 (0-2)	154916	695 (382-1128)	0 (0-2.22)	1.65 (1.41-1.92)	1.18 (0.90-1.53) <i>P</i> =0.231
10-12 months	162	268	1 (0-2)	140797	719 (420-1111)	0.93 (0-2.22)	1.90 (1.64-2.21)	1.36 (1.05-1.77) <i>P</i> =0.022
13-15 months	147	193	1 (0-2)	118870	617 (370-1056)	0.58 (0-2.42)	1.62 (1.36-1.94)	1.16 (0.88-1.53) <i>P</i> =0.298
16-18 months	100	135	1 (0-2)	65678	508 (339-827)	0.52 (0-2.65)	2.06 (1.66-2.54)	1.47 (1.08-1.99) <i>P</i> =0.013

# BSI-Secondary to other Infection Sites

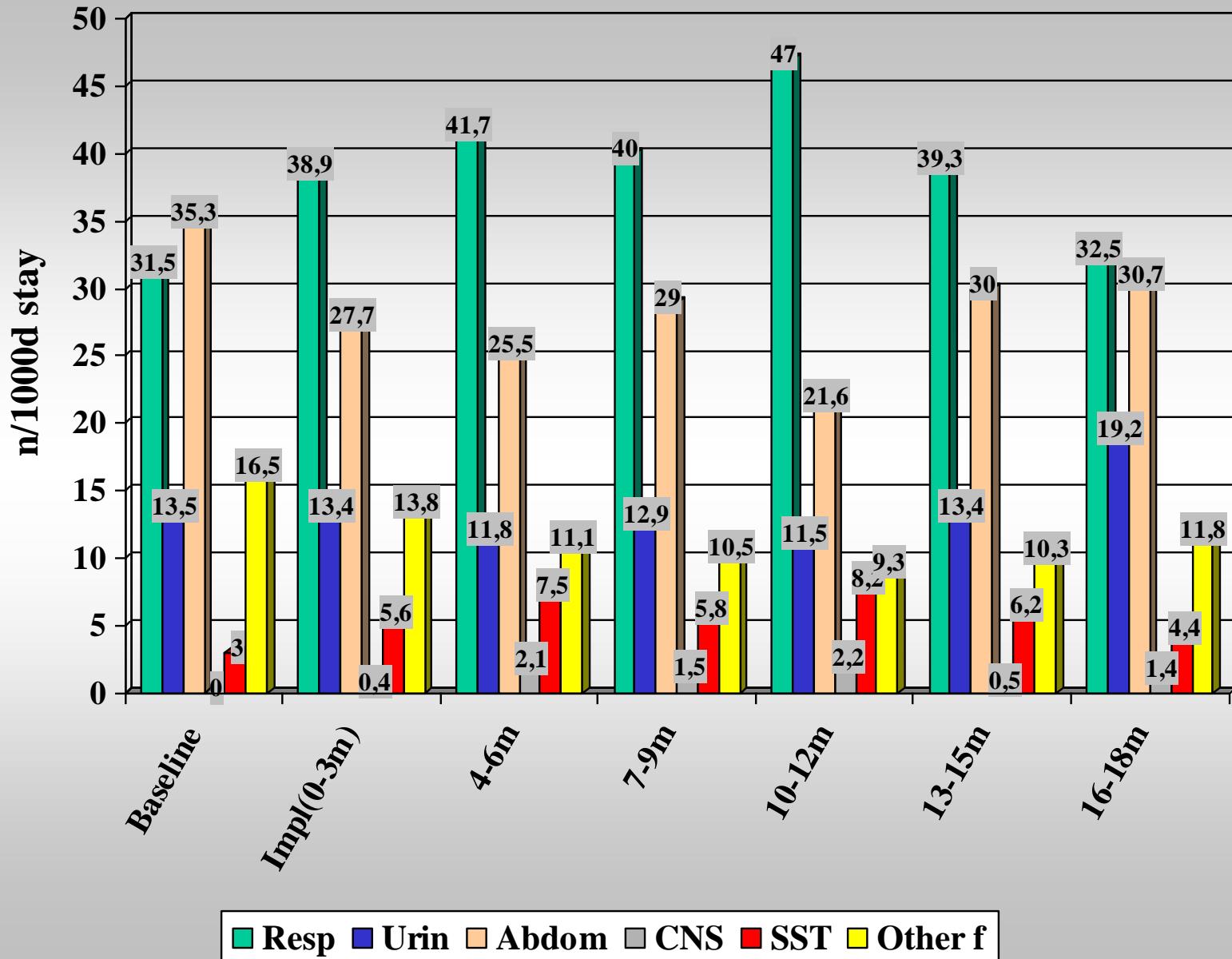


# BSI-Secondary to other Infection Sites

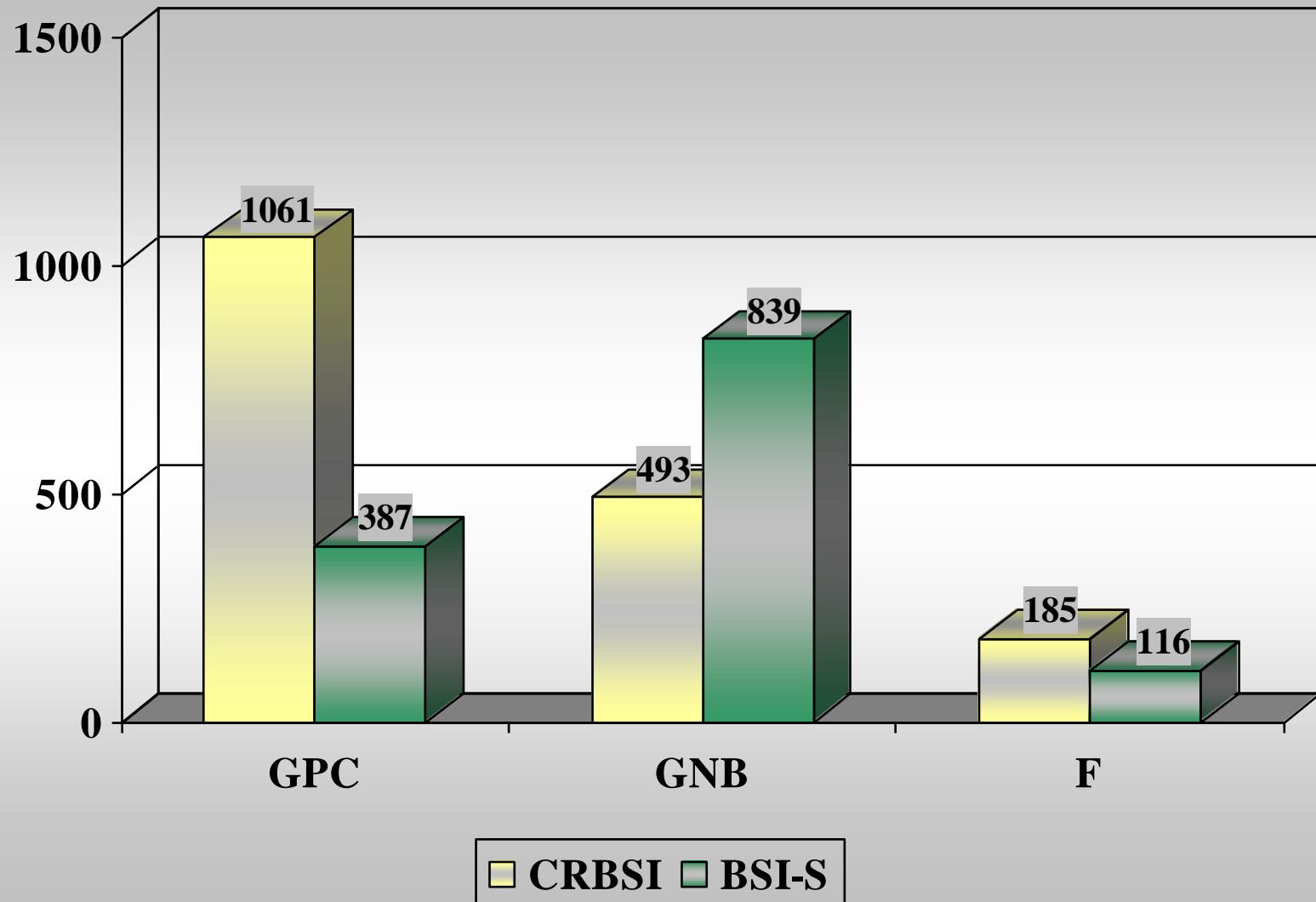
Incidence-rate ratio estimated



# Distribution of BSI-S in relation to the infection site



# Etiologies of CRBSI and BSI-S



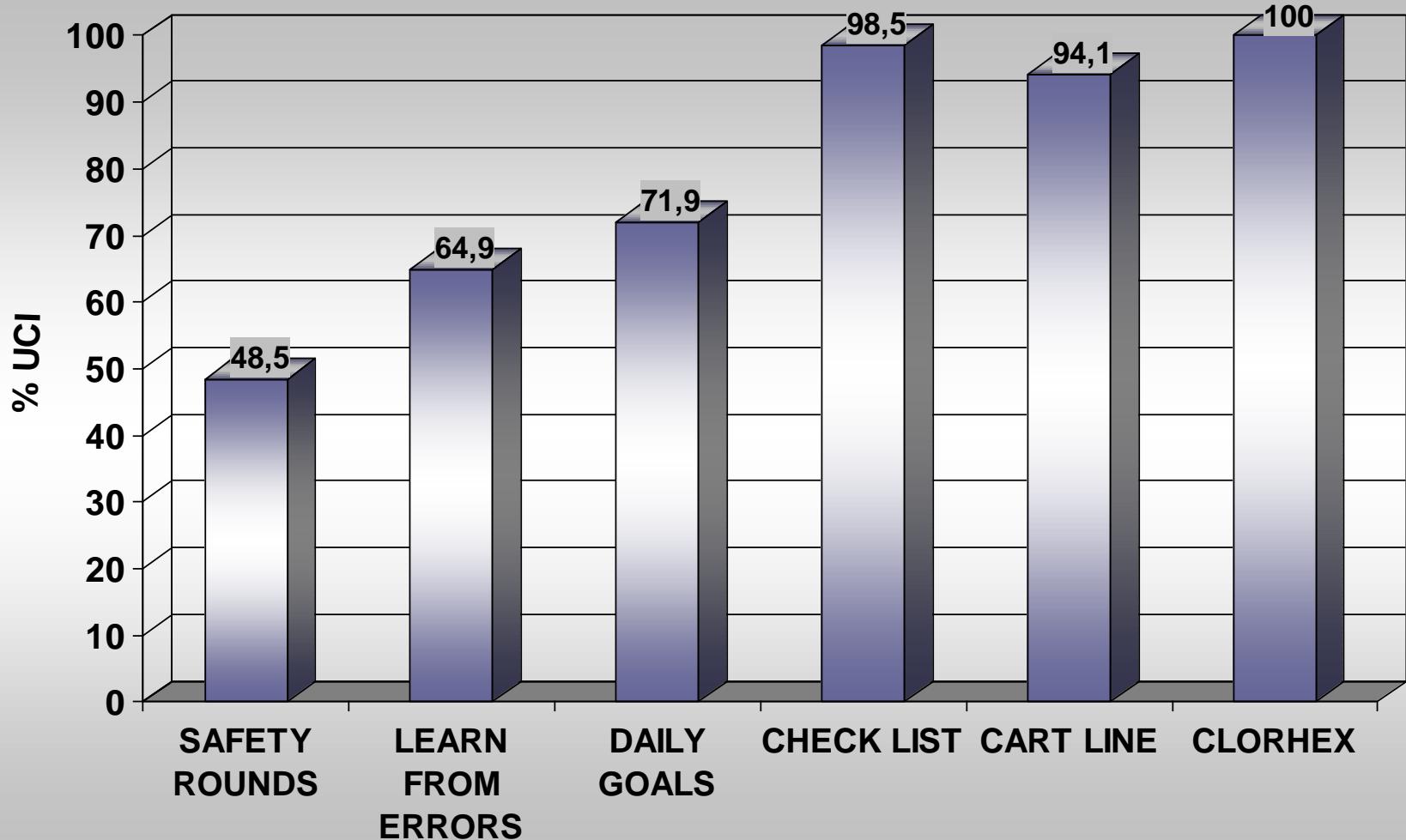
# Etiologies of CRBSI and BSI-S

	CRBSI	BSI-S
Gram-positive cocci	1061 (60.52)	387 (28.75)
<i>Staphylococcus epidermidis</i>	458 (26.13)	70 (5.20)
Coagulase-negative <i>Staphylococcus</i>	263 (15.0)	38 (2.82)
<i>Enterococcus faecalis</i>	112 (6.39)	84 (6.24)
Other <i>Staphylococcus</i> spp.	77 (4.39)	17 (1.26)
Methicillin-susceptible <i>Staphylococcus aureus</i>	47 (2.68)	40 (2.97)
<i>Enterococcus faecium</i>	43 (2.45)	70 (5.20)
Methicillin-resistant <i>Staphylococcus aureus</i>	34 (1.94)	37 (2.75)
Other <i>Streptococcus</i> spp.	17 (0.97)	13 (0.97)
<i>Streptococcus pneumoniae</i>		10 (0.74)
Other Gram-positive pathogens	10 (0.57)	8 (0.59)
Fungi	185 (10.55)	116 (8.61)
<i>Candida albicans</i>	77 (4.39)	59 (4.38)
<i>Candida parapsilosis</i>	62 (3.54)	17 (1.26)
<i>Candida glabrata</i>	23 (1.31)	14 (1.04)
<i>Candida tropicalis</i>	9 (0.51)	10 (0.74)
Other <i>Candida</i> spp.	12 (0.69)	13 (0.97)
Other fungi	2 (0.11)	3 (0.22)
Other microorganisms	14 (0.80)	4 (0.30)

# Etiologies of CRBSI and BSI-S

	CRBSI	BSI-S
Gram-negative bacilli	493 (28.12)	839 (62.33)
<i>Pseudomonas aeruginosa</i>	106 (6.05)	205 (15.23)
<i>Klebsiella pneumoniae</i>	81 (4.62)	107 (7.95)
<i>Acinetobacter baumannii</i>	69 (3.94)	102 (7.58)
<i>Enterobacter cloacae</i>	51 (2.91)	60 (4.48)
<i>Escherichia coli</i>	44 (2.51)	132 (9.81)
<i>Serratia marcescens</i>	30 (1.71)	50 (3.71)
<i>Proteus mirabilis</i>	21 (1.20)	30 (2.23)
<i>Enterobacter aerogenes</i>	18 (1.03)	21 (1.52)
<i>Stenotrophomonas maltophilia</i>	14 (0.80)	23 (1.71)
<i>Klebsiella oxytoca</i>	13 (0.74)	28 (2.08)
<i>Bacteroides fragilis</i>		17 (1.26)
Other Gram-negative bacilli	46 (2.62)	43 (3.23)

# QUALITY INDICATORS



# IMPACT

Upon extrapolating the study results to the baseline rates, approximately **742 CRBSI** were prevented with the Bacteremia Zero intervention.

With an **attributable mortality** of **9%** and a **prolonged ICU stay of 12 days** per bacteraemia (1), with an **average cost of 3,103 €/ ICU day** (2), this decrease saved

**-66 lives,**

**-8,904 ICU days**

**-27,629,112€**

(1) Olaechea PM, Álvarez-Lerma F, Palomar M, et al “Mortality attributable to primary and catheter-related nosocomial bacteremia. A case control study”.. Intensive Care Med 2009; pp: S1-269

(2) Ministerio de Sanidad, Política Social e Igualdad [Internet]. Madrid: Estadística de Establecimientos Sanitarios con Régimen de Internado. Indicadores Hospitalarios. Evolución 2000-2008; .[cited 2011 Jul 4].

**MSPSI Costs: 2,340.000 euros**

# CONCLUSIONS

- Results of the Bacteremia Zero project confirmed the effectiveness of the intervention to reduce significantly CRBSI in large scale implementation in Spanish ICUs.
- It suggests that the original intervention pioneered in Michigan can be also effective in relatively different health care systems with varying levels of organizational structure and safety culture.

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# **TO ERR IS HUMAN: BUILDING A SAFER HEALTH SYSTEM**



**With adequate leadership, attention  
and resources, improvements can be made**